Resources for Programs and Special Olympics athletes

- **Voting Eligibility in the United States** ([usa.gov](https://usa.gov))
- **Can I Vote** video - via the [National Association of Secretaries of State (NASS)](https://www.nass.org)
- **The Arc – Your Vote Has Power**
- **American Association of People with Disabilities (AAPD) – REV UP The Vote**
  - AAPD has also put together state voting guides, which can be found [here](https://www.aapd.com/resources/voting/)
- **National Disability Rights Network (NDRN) – Voters with Disabilities Activated: Power at the Polls**
- **Nonprofit VOTE – state by state resources on voting for people with disabilities**
- **Americans with Disabilities Act (ADA) and Other Federal Laws Protecting the Rights of Voters with Disabilities**
- **Autistic Self Advocacy Network (ASAN): Your Vote Counts**

Frequently Asked Questions

**How do I find my state or local election office’s website?**

Please visit [https://www.usa.gov/election-office](https://www.usa.gov/election-office) to find your state or local election office’s website.

**How can I register to vote?**

You can visit [vote.gov](https://vote.gov) to register to vote. Registration rules vary by state, and [vote.gov](https://vote.gov) will be able to tell you the registration process for your state.

**How do I vote in person on Election Day?**

Please visit [https://www.usa.gov/election-day](https://www.usa.gov/election-day) to learn more about voting in-person on Election Day, including finding your polling place.

**Can I vote without going to my polling place in person?**

Visit your [state election office website](https://www.usa.gov/election-office) or contact your [local election officials](https://www.nass.org) to find out if you can vote by mail in 2020. You can also find additional information here: [https://www.usa.gov/absentee-voting](https://www.usa.gov/absentee-voting)

**What if I would like to vote in person on Election Day and would like assistance marking my ballot?**

*From AAPD: Because of the [Voting Rights Act](https://www.aapd.com/resources/voting/rights-act/), any voter with a disability or inability to write can choose someone, other than their boss or union agent, to assist them with voting. Some states may require the voters with disabilities to let their local elected officials know they will have someone assisting them before they go and vote in-person. When receiving help with a vote-by-mail or absentee ballot, some states require the helper to sign a statement on the ballot or envelope to say that they helped the voter. Some states may say that help cannot come from an employee or candidate or must come from family. Contact your [local elections office](https://www.nass.org) to learn about your state’s rules.*