

## Chapter 12 : Sports

### 12.1 Summary

12.1.1 Date: 2013. 1. 30(Wed) - 2. 5(Tue) 12:00PM, 6.5 days

12.1.2 Venue

- Snow Sports: Alpensia·Yongpyong Resort, PyeongChang-gun
  - Ice Sports: Indoor Ice Rink·Inline Rink, Gangneung city
  - Floor Hockey: Gangneung Sports Center, Gymnasium of Kwandong University·Yeongdong College(Demonstration Sport: Floorball)
- \* Venues are subject to change due to the unexpected

### 12.2 Competition Format

12.2.1 Divisioning Principle

- Variance between the highest and lowest scores within a division does not differ by more than 15 percent(may be adjusted for each sport).
- Competitions are structured so that athletes compete with other athletes of similar ability in equitable divisions.

12.2.2 Division

- 3 to 8 athletes per division

12.2.3 Determining appropriate divisions

- Gender
- Age

\* Individual: 8-11, 12-15, 16-21, 22-29, 30+

\* Team: under 15, 16-21, 22+(determined by the oldest athlete's age)

\* Base Date: 2013. 1.26

- If after the divisioning round, the coach feels that the score/time does not reflect the athlete's ability, the coach may make an adjustment by completing the improved performance form found at the Sports Information Desk.

12.2.4 Registration and Check in

- Registration: Athletes aged 8 years old and up with intellectual disabilities who has registered in his/her S.O. program

- \* When register, shall submit the record to be primarily divisioned
- shall check in and being at the Final call area to compete
- \* Not being at the final call area before the race will be disqualified

#### 12.2.5 Protest and Appeal

- International Federation procedures for protest and appeals shall be used for all international competitions
- The protest form must be submitted to the sport specific Jury no later than 30(or 15 for some sports according to the International rules) minutes after the conclusion of the event being protested
- The appeal form must be submitted to the Jury of Appeal no later than 60 minutes after the decision of the sport specific jury
- To Protest or Appeal must be made in writing and its decision will also be made in writing

### 12.3 Coaches' Meeting

#### 12.3.1 One day prior to each competition

- \* Detailed schedule will be noted later on

#### 12.3.2 Attendants: Technical Delegates, Sport Manager, Chief of Race, Head Coach

#### 12.3.3 Provided

- \* Coach Handbook, Schedule and other materials needed

\*Information of Rules, Competition Format, Athletes Flow, Code of Conduct, Protest and any additional pertinent information will be provided

#### 12.3.4 Coaches are requested to provide questions in writing in advance of the meetings (Questions are to be submitted to the SID)

#### 12.3.5 Head coaches shall attend every coaches' meeting

#### 12.3.6 Meeting minutes will be distributed at SID

### 12.4 SID(Sports Information Desk)

#### 12.4.1 Facilitate the timeliest dissemination of information

and provide explanations of the process to team officials.

12.4.2 Schedules, Results and any additional pertinent information will be provided.

12.4.3 Heads of delegation and staff contact information.

\* Any additional pertinent information [Accommodation, F&B, Transportation and Medical] will be provided.

\* Protest/Appeals form, Coaches' Meeting schedule and minutes

12.4.4 The Sport Information Desk will be open at least one hour prior to the first competition of the day and remain in operation until one hour after the conclusion of the final day's competition.

## 12.5 Results

12.5.1 Results from a timing system will be automatically imported into the GMS

12.5.2 Unofficial results will be posted after checking by officials

12.5.3 Results will be posted on the walls and/or scoreboards

12.5.4 Results will be found on the Games website, at the SID at venues and accommodations

## 12.6 Short Track Speed Skating

12.6.1 Events

- Category 1: 25m, 55m , 111m

- Category 2: 111m, 222m, 333m (average lap time 40-54 seconds)

- Category 3: 222m, 333m, 500m (average lap time 30-39 seconds)

- Category 4: 333m, 500m, 777m (average lap time 25-29 seconds)

- Category 5: 500m, 777m, 1,000m (average lap time 19-24 seconds)

- Category 6: 777m, 1,000m, 1,500m (average lap time 15-18 seconds)

12.6.2 Check in and Final call

- Athletes shall check in one hour prior to their scheduled game time

- Final call will be made 10-15 minutes prior to their scheduled game time

### 12.6.3 Uniform and Equipment

- Long-sleeved and long legged clothing
- Neck protector, Gloved or mitts, Shin protection, padded or padded hard-shell knee protection
- Elbow pads (optional), Safety helmet

### 12.6.4 Sport specific information

- If TDs find there will be too many athletes in finals, the semi-finals will be conducted

For more information on rules, please log on to [www.specialolympics.org](http://www.specialolympics.org)

## 12.7 Figure Skating

### 12.7.1 Events

- Singles (Level 1-6)
- Pairs (Level 1-2)
- Ice Dancing (Level 1-3)
- Unified Sports Pairs (Level 1-2)
- Unified Sports Ice Dancing (Level 1-3)

### 12.7.2 Check in and Final call

- Athletes shall check in one hour prior to their scheduled game time
- Final call will be made 10 minutes prior to their scheduled game time

### 12.7.3 Competition Attire and Skates

- The clothing must not give the effect of excessive nudity for athletic sport
- Men must wear trousers; no tights are permitted
- Accessories and props are not permitted
- Blades must be sharpened to produce a flat to concave cross section without change to the width of the blade as measured between the two edges. However, a slight tapering or narrowing of the cross section of the blade is permitted.

### 12.7.4 Sport Specific Information

- A sound system for musical accompaniment shall be submitted to the GOC at the first coaches' meeting
- No practice rink is provided
- A mandatory 0.2 deduction will be made for each added upper-level element

## 12.8 Floor Hockey

### 12.8.1 Events

- Individual Skills Contest
- Team Competition [Men/Women]
- Unified Sports® Team Competition

### 12.8.2 Check in and Final call

- Athletes shall check in one hour prior to their scheduled game time
- Final call will be made 10-15 minutes prior to their scheduled game time

### 12.8.3 Uniform and Equipment

- Athletes must wear team uniforms with each number's on
- Goalkeeper's equipment: gloves, face mask
- Athletes except of goalkeepers: face mask and knee protection

### 12.8.4 Sport Specific Information

- Mixed team will be considered as men's team
- 12-16 athletes in team

For more information on rules, please log on to [www.specialolympics.org](http://www.specialolympics.org)

## 12.9 Alpine Skiing

### 12.9.1 Events

- Category 1: Novice (Super-G, Giant Slalom, Slalom)
- Category 2: Intermediate (Super-G, Giant Slalom, Slalom)
- Category 3: Advanced (Super-G, Giant Slalom, Slalom)

### 12.9.2 Check in and Final call

- An Athlete is restricted to participation within one category (3 events per category)
- Athletes shall check in one hour prior to their scheduled game time
- Final call will be made 15 minutes prior to their scheduled game time

### 12.9.3 Uniform and Equipment

- A helmet appropriate for alpine ski racing is required for all competitors in competitions and trainings
- Beginner and Novice alpine athletes may use skis hat

are 100cm and longer

- Alpine athletes may use skis shorter than 130cm as part of competition to accommodate physical disabilities, i.e. outriggers
- The Alpine Jury reserves the right to approve additional consideration for the use of shorter skis

#### 12.9.4 Sport Specific Information

- Each athlete shall have the assessment race
- Slalom and Giant Slalom races will consist of two timed runs. The combined times for each discipline will determine the results for awards
- The Super-G race will consist of one timed run

For more information on rules, please log on to [www.specialolympics.org](http://www.specialolympics.org)

## 12.10 Snowboarding

### 12.10.1 Events

- Category 1: Novice (Super-G, Giant Slalom, Slalom)
- Category 2: Intermediate (Super-G, Giant Slalom, Slalom)
- Category 3: Advanced (Super-G, Giant Slalom, Slalom)

### 12.10.2 Check in and Final call

- An Athlete is restricted to participation within one category (3 events per category)
- Athletes shall check in one hour prior to their scheduled game time
- Final call will be made 15 minutes prior to their scheduled game time

### 12.10.3 Uniform and Equipment

- A helmet approved (Federation Internationale du Ski, FIS) for alpine ski racing is required on all forerunners and athletes in official training and competition for all ability levels in all events. Helmets are required for all coaches in order to be granted access to the field of play.
- Athletes are required to wear appropriate snowboard attire (snowboarding or skiing pants, jacket, gloves, etc). The start official has discretion to prevent an Athlete from starting until the appropriate correction(s) have been made.

- An athlete must use the same attire and equipment for divisioning and finals. Changes in attire (from a jacket to a speed suit for example), or in equipment (from a freestyle board to a race board), will result in disqualification.

#### 12.10.4 Sport Specific Information

- Each athlete shall have the assessment race
- Slalom and Giant Slalom races will consist of two timed runs. The combined times for each discipline will determine the results for awards
- The Super-G race will consist of one timed run

For more information on rules, please log on to [www.specialolympics.org](http://www.specialolympics.org)

### 12.11 Cross-country Skiing

#### 12.11.1 Events

- Category 1: 50m C, 100m C
- Category 2: 500m F, 1km F, 2.5km F, 4□1km Relay F
- Category 3: 2.5km F, 2.5km C, 5km F, 7.5km F, 10km F, 4□1km Relay F

#### 12.11.2 Check in and Final call

- An Athlete is restricted to participation within one category (2 individual and 1 relay)
- Athletes shall check in one hour prior to their scheduled game time
- Final call will be made 15 minutes prior to their scheduled game time

#### 12.11.3 Uniform and Equipment

- Athletes must bring their own skis, poles, boots, bindings, uniforms, eyewear, and weather protective wear – which must comply with International Ski Federation (FIS) rules
- Athletes are required to wear bibs during trainings and competitions

#### 12.11. 4 Sport Specific Information

- A Start gun will be used in 50m and 100m events.

For more information on rules, please log on to [www.specialolympics.org](http://www.specialolympics.org)

### 12.12 Snowshoeing

#### 12.12.1 Events

- Category 1: 25m, 50m  
(Entries to the 25m race must be above 12 seconds and the 50m race must be above 25 seconds)
- Category 2: 100m, 200m, 400m, 4□100m Relay, 4□400m Relay
- Category 3: 200m, 400m, 800m, 4□100m Relay, 4□400m Relay
- Category 4: 800m, 1,600m, 5km, 4□100m Relay, 4□400m Relay

#### 12.12.2 Check in and Final call

- An Athlete is restricted to participation within one category (2 individual and 1 relay)

#### 12.12.3 Uniform and Equipment

- Uniform
  - \* There will be no advertising/commercial messaging on the uniform
  - \* Athletes are required to wear bibs during trainings and competitions
  - \* Athletes should wear the same style, brand, type, size (or pair) of snowshoes and type of clothing throughout a competition
- Equipment
  - \* The snowshoe frame itself shall not be smaller than 17.78 x 50.8 cm
  - \* Factory installed toe and heel traction claws are acceptable. The attachment of any additional "spikes" is not permitted
  - \* The foot must be secured through a direct mount binding system to the snowshoe
  - \* Competition footwear may include, but not limited to running shoes, hiking boots or snow boots
  - \* The use of poles is optional

#### 12.12.4 Sport Specific Information

- Individual
  - \* Officials should allow the competitor 2 minutes to return to the course before intervening unless the situation poses a safety concern for the competitor or other competitors on the course
  - \* In any race 100 meters or longer a competitor must progress at least 20 meters toward the finish line every two minutes. A competitor who fails to adhere

to the two-minute limit or receive assistance of any kind shall be disqualified.

- \* A competitor may not progress forward more than three (3) meters unless they have both snowshoes attached to their feet.

- Relay

- \* The designated exchange zone is the 20 meter long space within the vertical planes extending up from two lines on the track 20 meters apart. A proper exchange (tag/ touch) shall consist of the incoming competitor touching any part of the body of the outgoing competitor with his/her hand.
- \* If an athlete willfully impedes a member of another team by running out of position or lane, his or her team shall be disqualified
- \* The runners in the second, third and fourth legs of the relay races shall, under the direction of a designated official, place themselves in their waiting position in the same order (inside to out) as the order of their respective team members as they complete their legs.
- \* A relay team consists of 4 competitors, any team with fewer than 4 competitors must forfeit.
- \* Each competitor must complete one-fourth of the distance of the total relay.

For more information on rules, please log on to [www.specialolympics.org](http://www.specialolympics.org)

## Chapter13 : Unity Sports Event, Instructional

## Clinics, Sports Demonstrations, M.A.T.P

### 13.1 Unity Sports Events

13.1.1 Unity Sports is a series of exhibition competitions that pair people with and without intellectual disabilities to compete alongside one another on the field of play. The purpose of the Unity Sports events is to help guests and public understand more about the Special Olympics sports and provide a memorable opportunity for the athletes and guests to spotlight the importance of inclusion, sportsmanship, and friendship to the rest of the world.

#### 13.1.2 Sports Offered

- Cross-Country Skiing
- Snowshoeing
- Floor Hockey

#### 13.1.3 Event Specific Information

- Invite VIPs, local athletes without intellectual disabilities
- Allocate athletes from Korea and other SO regions SOK into group
- Consider the Unity sports program that public can participate as well

### 13.2 Instructional Clinics

13.2.1 Instructional clinics at each sports venue providing individualized instruction, including coaching and athlete skill development

#### 13.2.2 Sports Offered

- Cross-Country Skiing
- Snow Boarding
- Floor Hockey
- Short Track Speed Skating
- Figure Skating
- Floorball (Demonstration Sport)

#### 13.2.3 Event Specific Information

- Invite sports celebrities/coaches as an instructor
- Other sports coaches, athletes and other participants may attend
- Instructional guidebook will be provided (Korean, English)

### **13.3 Sports Exhibition**

13.3.1 Sports Demonstrations at each sports venue providing sport celebrities' performance to encourage athletes' feel proud of their sports and promote the Special Olympics

13.3.2 Sports Offered

- Figure Skating
- Short Track Speed Skating
- Alpine Skiing
- Snowboarding

13.3.3 Event Specific Information

- Provide replay films through the internet and media in case it is allowed by performers
- Situationally, Sports demonstration may be conducted with the Unity sports events and Instructional clinics

### **13.4 M.A.T.P**

13.4.1 The Special Olympics Motor Activities Training Program(MATP) is designed for persons with the most severe handicaps who do not yet possess the physical and/or behavioral skills necessary to participate in Official Special Olympics Sports. The program provides a comprehensive motor activity and recreation training curriculum for these participants that can be administered by a variety of trainers.

13.4.2 Event Specific Information

- SOK Quota will be determined after discussions with the SOI
- Will be held in a gymnasium in the Olympics Town
- Develop various programs which have a connection with the winter sports
- Programs guidebook will be provided for coaches and

## athletes

## 13.5 Awards

13.5.1 The Special Olympics awards ceremony provides an opportunity to recognize athletes' accomplishments in a dignified and enthusiastic atmosphere that reflects the Olympic tradition.

### 13.5.2 Awards General Guidelines

- All athletes who compete in a Special Olympics competition should receive recognition for their efforts in the form of a ribbon or medal. First through third places receive gold, silver or bronze medals, respectively. Fourth through eighth places receive ribbons.
- Athletes disqualified for technical rules infringements or who "do not finish" will be awarded a participation ribbon on the last position on the podium. Athletes who are disqualified for un-sportsmanlike behavior will not receive an award.

### 13.5.3 Presentation

- Presenters will be designated in advance
- Instructors and performers in the Sports clinics, Demonstrations and Unity sports may be a presenter
- Awards presentations will occur immediately following each event