

Choi Wa Lo: Representing East Asia

I was born in Burma and moved to settle my family in Macao since 1972. I have a daughter and a son who is mentally challenged. My son had slower intelligence growth in childhood so had to transfer to study at special school. For spending more time taking care of my son, I quit my job to become a full-time mother. Thus my son and I got the chances to involve in the Special Olympics, during which I experienced all kinds of events that deepened my understanding of people with intellectual disabilities. And more importantly, these events also provided me the opportunity to exchange experience with other parents, support and help each other. My vision is broadening as well as my attitude becomes more optimistic and active.



For the past four years, I have been honored to be a board member of the Association of Parents for Mentally Handicapped in Macau. This role has helped me to concentrate more on social services for people with ID. Now that my kids have grown up and are doing so well with their career and life, I am able to spend most of my spare time on helping the people with intellectual disabilities.