

**PG. May Fazura PG. HJ. Radin Hanafi,
Special Olympics Brunei, Representing Asia Pacific**

I first came to know about Special Olympics in 2005 when the program was introduced to Brunei Darussalam. I was thrilled with the prospects and benefits and had no hesitation in enrolling my son Muhammad Ulfee Zufri to the new National Program. Since then both of us have been very active in activities organized by our own National Programs and Special Olympics Asia Pacific.



As a mother to an athlete, a coach and a Global Family Leader, I have gone through countless positive experiences. I have made new friends from all over the world, learned about best practices, heard inspiring family stories and had educational opportunities. Some topics that I have learned about with the support and assistance of SPECIAL OLYMPICS ASIA PACIFIC and SO Brunei include proper diet and exercise between practices,

healthy lifestyle, and home training programs.

I have also participated in many meetings and discussion in other countries which includes WORLD SUMMER GAMES IN SHANGHAI 2007, GLOBAL FAMILY SUMMIT, MANILA 2009 AND FAMILY STRATEGY SUMMIT, VANCOUVER, BC CANADA 2011. In my own country Brunei Darussalam, where I have been like a dry sponge soaking up all the ideas, knowledge and experience and will now squeeze them to benefit not only my National Program but Programs in the ASIAN area.

I will continue to be active and at the moment my project is the Health awareness and obesity as well as conducting home training program. If we are successful, it will be a great model to recruit more families and strengthen the National Program in the process. I take this opportunity to thanked SOI and SO ASIA PACIFIC to have all the time giving good opportunities and sharing and educating me in where I always represent my beloved country BRUNEI DARUSSALAM.