

## Young Athletes Fun Day Building Communities - Families & Young Athletes

Special Olympics Pakistan organized a Ribbon Fun Day Young Athletes and Family Support Network Program at Aghosh Special Children's School, Steel Town Karachi, on Wednesday, 27<sup>th</sup> June 2012. The following schools participated.

Al-Shifa Special School - 08 Athletes  
Rangers Special Children School – 13 Athletes  
Aghosh Special Children School - 13 Athletes  
Imran Rehabilitation Center - 08 Athletes  
Al-Rozan Special School - 06 Athletes  
Pakistan Navy Special Children School – 03 Athletes

51 Athletes,  
63 Families,  
12 Coaches,  
19 Volunteers and  
08 Mainstream School Principal/Headmistresses attended the program.

The welcome speech was given by Mrs. Shahnaz Hassan, Principal Aghosh Special Children's School.

Ms. Ishrat Zehra gave a presentation on Young Athletes and the benefits of training at an early age through sport related fun activities.

Ms. Tehmina Azim gave presentation regarding Families Support Network and the importance of families role in the future of their young one.

After the presentations, Young Athletes demonstrated their skills.

Eight stations were setup for YA activities, Balancing, Leaping/Jumping, Kicking, Catching, Throwing, Step/Jump/Hop, Striking and Walking/Running .

Mothers were encouraged to assist young athletes other than their own., station to station for the YA activities.

Parents were overwhelmed by the response of the young ones.

Two wheelchair bound athletes also participated in this event assisted by a volunteer.

ALP's members were also present and assisted the coaches and young athletes .





WHEELCHAIR ATHLETE ASSISTED BY VOLUNTEER TRYING TO JUMP.



WHEELCHAIR ATHLETE ASSISTED BY VOLUNTEER TO SHARE BALANCING ACTIVITY

