SOEE Young Athletes & Family Mentoring Programme

Young Athletes Mentoring Programme - National programmes who are new to Young Athletes are mentored by a regional expert to help them implement or develop their Young Athletes programme. Family Mentoring Programme - National Programmes are mentored by a regional expert who will assist and advise them in the implementation or development of their Family Programme.

Identify programmes to be mentored.

Inform about programme and get commitment.

Share latest resources and toolkits.

Identify mentor.

Inform mentor about programme and recruit.

Share latest resources and toolkits.



Match programmes with Mentors based on similar programme structure and language.

Put both parties in contact.





Bi-monthly calls by Skype.

Extra communication and advice available via email.



Evaluation forms to be filled in by both parties after second call and at end of year.



Bi-annual call between mentors to discuss programme's successes, challenges and to offer each



Report on Mentoring Programme results.