



Help Me Share the Athlete Health Corner

Kayte is a passionate advocate for Healthy Athletes in her community. She takes great initiative to set an example for her peers. In every Athlete Health Corner, an athlete like Kayte will tell his/her story and share health advice with each other based on their own experience and involvement with the Healthy Athletes program.

Hello, my name is Renee Dease and I work in the Healthy Athletes department at Special Olympics International as an Outreach Coordinator. I have worked for Special Olympics since 1978 and I'm a former athlete too.

One of my main responsibilities in our department is to help athletes all around the world tell their stories. And I'm writing to let you all know that I'm about to take the lead as editor for the "Athlete Health Corner" for our Healthy Athletes newsletter.

I'm looking forward to getting to know and connecting with athletes from your region and throughout the world of Special Olympics. I would like to personally thank the entire Special Olympics family in advance. We are all in this together in sharing and amplifying the voice of the athletes as leaders of Special Olympics. Look out because there's even more information to come!

I'm delighted that athletes want to tell their own unique stories but in different ways. In my role as editor of the Health Corner, I'm looking forward to assisting athletes in sharing their story in the way it best suits each individual. Here are a few examples of ways that I can be available to help athletes tell their story:

- Be available via e-mail to edit their story before submitting to Special Olympics online.
- Set up a phone call if someone feels more comfortable telling their story this way and I can transcribe.
- Connect and get permission from an athlete who has submitted his/her story through the www.specialolympics.org/share site to share it as the "Athlete Health Corner."
- Help coordinate coverage of health events from an athlete's perspective.

If you have any questions or comments to share, please do not hesitate to contact me at rdease@specialolympics.org. Looking forward to hearing from you soon!

- Renee Dease

