



SOEE Minimum Standards for Coaches Certifications (2024)

SO coaches should have College/University degree (e.g. Physical Education, Special Education), Sport Federation license plus:

16 hours course including:

8 theory:

SO General Session

SO Sports and Rules

Principles of Coaching Individuals with Intellectual Disability

Unified Sports, Young Athletes, Fitness, MATP, HA

SOI Learning Portal : <https://learn.specialolympics.org>

8 hours practicum:

Practical experience as an Assistant Coach, including competitions.

SO Coach Education (Guides and Sports Rules) materials available at

https://resources.specialolympics.org/Taxonomy/Sports_Essentials/All_Sport_Rules_and_Rule_Changes.aspx