



SOEE Minimum Standards for Coaches Certifications

SO Coaches should have Collage / University degree (e.g. Physical Education, Special Education) plus:

16 hours course including:

8 theory:

SO General Session

SO Sports and Rules

Principles of Coaching Individuals with Intellectual Disability

Unified Sports, Young Athletes, Fitness, MATP, HA

8 hours practicum:

Practical experience as an Assistant Coach, including competition

SO Coach Education Materials Available at

https://resources.specialolympics.org/Taxonomy/Sports_Essentials/All_Sport_Rules_and_Rule_Changes.aspx