

What we do...

- A. To promote inclusion for people with Intellectual Disability in the community focusing on sports trainings and organizing games as well as other means of social support.
- B. To work in accordance with the standard of Special Olympics International-SOI.
- C. Sports professionals, those who are up to the international level in sports, and people from social, economic, health, education sectors who love sports and eager to support people with Intellectual Disability to join SO Myanmar to promote physical and psychological ability of people with Intellectual Disability.
- D. To organize international, regional and national games in Myanmar; to train athletes with Intellectual Disability to be able to participate in the international, regional and national games so that they will have experience and increase fellowship among them.

Who we are...

- A. SO Myanmar promotes physical and psychological abilities of athletes with Intellectual Disability and strive for them to integrate in the community.
- B. SO Myanmar stands as an independent, not for profit, not political and religious entity which is officially recognized by the Ministry of Youth & Sports, Union of Myanmar.
- C. SO Myanmar is part of the Special Olympics International and cooperate with non-governmental organizations both domestic and international, other organizations of people with disability, UN, and international organizations.
- D. SO Myanmar does not discriminate against race, language, gender, religion, political belief, skin color, and profession, etc...

Type of sports

- Athletic
- Five-a-side football
- Swimming
- Badminton
- Bocce
- Softball
- Bowling
- Cycling

Our programs

1. Year-round sports trainings (at the fields and schools)
2. Annual games (age 8 and above)
3. Young athlete program (age 3-8 year)
4. Athlete leadership program
5. Unified sports (athletes with Intellectual Disability plays together with other athletes)
6. Coach trainings
7. Volunteer trainings
8. Family programs
9. Healthy athletes program
10. Advocacy

Who can join Special Olympics?

- People with Intellectual Disability who are 8 year and older.
- Those are regarded as persons with Intellectual Disability or learning difficulty by the schools, professional organizations and vocational training centers.
- Those with IQ 75 or lower.
- People with Down Syndrome, Autism, Hyperactive, Intellectual Disability, Dyslexia, etc...

A brief history of Special Olympics Myanmar

Special Olympics Myanmar was formed by the Paralympic Myanmar as branch in 2004. SO Myanmar became an independent entity after the board election in 2019. Since then SO Myanmar organized local games and national games as well as participated in World Summer Games.

SO Myanmar works for the people with Intellectual Disability for the physical and psychological development, advocacy, sports training, organizing games and participating in the international games. Volunteers and family members cooperate with SO Myanmar as they believe people with Intellectual Disability have ability to perform sports matters like others.

Individuals with IQ level less than 75 and more than 8-year-old receive sports trainings of their choice so that it helps their physical and psychological conditions.

People with Intellectual Disability will get more confidence by giving them opportunity to compete and success in the games in local or abroad. This will lead them to become athlete leaders who can gradually lead the organization at a later stage.