

Regional Breakdown of Berlin 2023 swimming disqualifications (DQ)

REGION	TOTAL DQ	DQ OL	TECHNICAL DQ
SOAF	30	8	22
SOAP	22	14	8
SOEA	16	7	9
SOEE	110	27	83
SOLA	60	18	42
SOMENA	34	8	26
SONA	36	10	26

To see full list of DQ codes per region [click here](#)

TIPS FROM MICHAEL & KIERA



Support the mind as much as the stroke

Coach, how an athlete feels after a disqualification matters. Take a moment to reassure them that they belong and are capable. When athletes feel emotionally safe and supported, they're more open to learning and more confident moving forward.

