



2024 Rule Change Summary

Snowshoeing

Change From	Change To
Old Formatting	See date change at footer to reflect September 2024
Section 2 – Official Events	<p>ADD:</p> <p>2.10 4x50 Meter Relay Race</p> <p>3.3.7 4 X 50 Meter Relays</p> <p>3.3.7.1 Run over 200-meter course with three exchange zones.</p> <p>3.3.7.2 Each zone will be 10m in length and clearly marked.</p> <p>3.3.7.3 The start of the zone shall be nearest to the starting line.</p>
	<p>ADD:</p> <p>6.6.1.2 The designated exchange zone 4x50 Meter Relays is a 10-meter-long space that extends between two lines on the track 10 meters apart and take place the entire width of the track.</p>
6.6.2.3 Competitors in the 4 X 400 Meter Relays are not permitted to begin running outside the exchange zones and shall start within this zone. If a competitor does not follow this Rule, their team shall be disqualified	<p>CHANGE:</p> <p>6.6.3 Competitors in the Relays are not permitted to begin running outside the exchange zones and shall start within this zone. If a competitor does not follow this Rule, their team shall be disqualified.</p>
	<p>ADD:</p> <p>6.6.5.2 It is required that athletes and Unified partners of similar age, and it is preferred that athletes and Unified partners are of similar ability. For more</p>



	information on similar age and ability please see Sport Rules Article one Section 14.1.2.
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