



2018 Rule Change Summary

Short Track Speed Skating

Change From	Change To
Old Formatting	See also date change at footer to reflect June 2018
2. OFFICIAL EVENTS	<p>ADDED:</p> <p>2.2 The Following is a list of categories for Special Olympics World Games competition. If an Athlete is pre-registered for a category that the do not fit the requirements, the TD reserves the right to move them to a skill appropriate category for the remainder of the competition.</p> <p>For use on 111M oval:</p> <p>2.2.1 Category I: Skaters with an average lap time of 40 to 54 seconds: 111 M, 222 M, 333 M</p> <p>2.2.2 Category II: Skaters with an average lap time of 30 to 39 seconds: 222 M, 333 M, 500 M</p> <p>2.2.3 Category III: Skaters with an advantage lap time of 25 to 29 seconds: 333 M, 500 M, 777 M</p> <p>2.2.4 Category IV: Skaters with an average lap time of 19 to 24 seconds: 500 M, 777 M, 1000 M</p> <p>2.2.5 Category V: Skaters with an average lap time of 15 seconds or faster (and they prefer sprint distances): 500 M, 777 M, 1000 M</p> <p>2.2.6 Category VI: Skaters with an average lap time of 15 seconds or faster)and they prefer longer distances): 777 M, 1000 M, 1500 M</p> <p>2.2.7 Category VII: Skaters with an average lap time of 25 to 39 seconds would be appropriate for a 1500 M Team Relay</p> <p>2.2.8 Category VII: Skaters with an average lap time of 24 seconds or faster would be appropriate for a 3000 Team Relay</p>



<p>3. FACILITIES</p>	<p>ADDED:</p> <p>3.6 Ice Appearance</p> <p>3.6.1 The primary color of the ice on the track where competition is to take place (the 111 meter field of play) should create the optimal contrast with the blocks that mark the radius of the turns, and the start finish lines. The accepted color is an off white / light grey.</p> <p>3.6.2 The color of the ice inside the surveyed track can be decorated with the approved logo of the GOC, but cannot touch or cross the field of play, which is the 111 meter survey track. At no time shall the decorations of the non-competition area (the center) interfere with the clarity of the track or track markings.</p> <p>3.6.3 For World Games, only short track speed skating approved markings are to be allowed on the ice, For local competitions and practices, Hockey markings are permitted.</p>
<p>8. TRAINING EFFECTIVE GROUPINGS</p> <p>8.1 For new skaters or skaters with an average lap time of greater than 55 seconds:</p> <p>8.1.1 25 Meter Straightaway</p> <p>8.1.2 55 Meter Half Lap Race</p> <p>8.1.3 111 Meter Race</p> <p>8.2 For skaters with an average lap time of 40 to 54 seconds:</p> <p>8.2.1 111 Meter Race</p> <p>8.2.2 222 Meter Race</p> <p>8.2.3 333 Meter Race</p> <p>8.3 For skaters with an average lap time of 30 to 39 seconds:</p> <p>8.3.1 222 Meter Race</p> <p>8.3.2 333 Meter Race</p> <p>8.3.3 500 Meter Race</p> <p>8.4 For skaters with an average lap time of 25 to 39 seconds:</p> <p>8.4.1 1500 M Team Relay</p>	<p>DELETED:</p> <p>8. TRAINING EFFECTIVE GROUPINGS</p> <p>8.1 For new skaters or skaters with an average lap time of greater than 55 seconds:</p> <p>8.1.1 25 Meter Straightaway</p> <p>8.1.2 55 Meter Half Lap Race</p> <p>8.1.3 111 Meter Race</p> <p>8.2 For skaters with an average lap time of 40 to 54 seconds:</p> <p>8.2.1 111 Meter Race</p> <p>8.2.2 222 Meter Race</p> <p>8.2.3 333 Meter Race</p> <p>8.3 For skaters with an average lap time of 30 to 39 seconds:</p> <p>8.3.1 222 Meter Race</p> <p>8.3.2 333 Meter Race</p> <p>8.3.3 500 Meter Race</p> <p>8.4 For skaters with an average lap time of 25 to 39 seconds:</p>



<p>8.5 For skaters with an average lap time of 25 to 29 seconds:</p> <p>8.5.1 333 Meter Race</p> <p>8.5.2 500 Meter Race</p> <p>8.5.3 777 Meter Race</p> <p>8.5.4 1500 Meter Race</p> <p>8.6 For skaters with an average lap time of 24 seconds or faster:</p> <p>8.6.1 3000 M Team Relay</p> <p>8.7 For skaters with an average lap time of 19 to 24 seconds:</p> <p>8.7.1 500 Meter Race</p> <p>8.7.2 777 Meter Race</p> <p>8.7.3 1000 Meter Race</p> <p>8.8 For skaters with and average lap time of 15 to 18 seconds:</p> <p>8.8.1 77 Meter Race</p> <p>8.8.2 1000 Meter Race</p> <p>8.8.3 1500 Meter Race</p> <p>8.9 For skaters with an average lap time of less than 15 seconds:</p> <p>8.9.1 777 Meter Race</p> <p>8.9.2 1000 Meter Race</p> <p>8.9.3 1500 Meter Race</p>	<p>8.4.1 1500 M Team Relay</p> <p>8.5 For skaters with an average lap time of 25 to 29 seconds:</p> <p>8.5.1 333 Meter Race</p> <p>8.5.2 500 Meter Race</p> <p>8.5.3 777 Meter Race</p> <p>8.5.4 1500 Meter Race</p> <p>8.6 For skaters with an average lap time of 24 seconds or faster:</p> <p>8.6.1 3000 M Team Relay</p> <p>8.7 For skaters with an average lap time of 19 to 24 seconds:</p> <p>8.7.1 500 Meter Race</p> <p>8.7.2 777 Meter Race</p> <p>8.7.3 1000 Meter Race</p> <p>8.8 For skaters with and average lap time of 15 to 18 seconds:</p> <p>8.8.1 77 Meter Race</p> <p>8.8.2 1000 Meter Race</p> <p>8.8.3 1500 Meter Race</p> <p>8.9 For skaters with an average lap time of less than 15 seconds:</p> <p>8.9.1 777 Meter Race</p> <p>8.9.2 1000 Meter Race</p> <p>8.9.3 1500 Meter Race</p>
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