Special Olympics



## 2022 Rule Change Summary

## Judo

Change From	Change To
Old Formatting	See date change at footer to reflect October 2022
2. Official Events The range of events is intended to offer competition opportunities for athletes of all abilities. Programs may determine the events offered and, if required, guidelines for the management of those events. Coaches are responsible for providing training and event selection appropriate to each competitor's skill and interest. In the World Summer Games only one event is offered: Individual contests for males and females.	<b>DELETE:</b> Unified Kata will be offered in future events. The range of events is intended to offer competition opportunities for athletes of all abilities. Programs may determine the events offered and, if required, guidelines for the management of those events. Coaches are responsible for providing training and event selection appropriate to each competitor's skill and interest. In the World Summer Games only one event is offered: Individual contests for males and females.
<ul> <li>3.1 Entry Form</li> <li>3.1.1 All athletes entering a Special Olympics judo event will initially be divisioned by the details required on the event entry form:</li> <li>3.1.1.1 Gender</li> <li>3.1.1.2 Ability Level</li> <li>3.1.1.3 Exact Weight</li> <li>3.1.1.4 Age</li> </ul>	ADD: All athletes entering a Special Olympics judo event will initially be divisioned by the details required on the event entry form: 3.1.1.1 Gender 3.1.1.2 Ability Level 3.1.1.3 Exact Weight 3.1.1.4 Age 3.1.1.5 Starting Position: Tachi Waza or Ne waza
3.3 Individual Skills	CHANGE: 3.3 Individual Skills
3.3 Individual Skills	
3.3.1 A further divisioning process will take place at the event venue, on individual skills, which will further enhance the process. Each athlete in his/her respective pools will have to undergo an individual skill test both in tachi-	<b>CHANGE/ADD:</b> 3.3.1 A <del>further</del> divisioning process will take place <del>at the event venue</del> before every competition venue on <del>individual skills</del> -the tatmi which will further enhance the process. Each athlete in his/her respective pools will undergo an individual



waza and ne-waza or only in ne-waza, if he/she has been so indicated by his/her coach (in the latter case the athlete shall have to compete only in ne-waza during the games to follow).	skill tests <del>both in tachi waza and ne-waza or only in ne-waza, if he/she has been so indivated by his/her coach (in the latter case the athlete shall have to compete only in ne-waza during the games to follow)</del> together with their respective fellow athletes.
3.3 Individual Skills	
3.3.2 This test shall be carried on during a training session, where a 'Divisioning official' together with tatami-supervisor checks that the pre-divisioning is ok. The said training session shall have the form of an enjoyable time, in which the athletes shall share a feeling of recreation and enjoy meeting their fellow athletes for the first time.	<b>CHANGE/ADD:</b> 3.3.2 This test shall be carried on during a training session, where a 'Divisioning official' together with tatami-supervisor checks that the pre- divisioning is ok. The divisioning training session shall have the form of an enjoyable time, in which the athletes shall share a feeling of recreation and enjoy meeting their fellow athletes for the first time be conducted in a game based, playful manner which is designed to portray the athletes true skills and ability whilst sharing a feeling of recreation, friendship and enjoyment.
3.3 Individual Skills	
<ul> <li>3.3.4 The evaluation on the sills will be based on the following criteria: <ul> <li>3.3.4.1 Judo feeling</li> <li>3.3.4.2 Concept of Contest</li> <li>3.3.4.3 Prediction of the opponent's movement</li> <li>3.3.4.4 Prediction of danger</li> <li>3.3.4.5 Sense of cause and effect</li> <li>3.3.4.6 Technique</li> <li>3.3.4.7 Performance of the athlete</li> <li>3.3.4.8 Speed of the technique</li> <li>3.3.4.9 Reaction of the athlete</li> <li>3.3.4.10 Concept of strategy</li> </ul> </li> </ul>	DELETE/ADD: 3.3.4 The evaluation on the sills will be based on the following criteria: 3.3.4.1 Judo feeling 3.3.4.2 Concept of Contest 3.3.4.3 Prediction of the opponent's movement 3.3.4.4 Speed of Performance 3.3.4.4 Prediction of danger 3.3.4.5 Sense of cause and effect 3.3.4.5 Sense of cause and effect 3.3.4.6 Technique 3.3.4.5 Performance of the athlete 3.3.4.6 Speed of the technique 3.3.4.7 Reaction of the athlete 3.3.4.8 Concept of strategy
3.3 Individual Skills	
3.3.5 The skill levels mentioned are formed upon the basis of comparison of each athlete to a mainstream athlete of non competitive orientation, of recreational or educational one, and they are as follows:	<b>CHANGE:</b> 3.3.5-3.4 The skill levels are based mentioned are formed upon the basis of the comparison of each athlete to a mainstream recreational athlete. of non competitive orientation, of recreational or educational one, and they are as follows:
3.Further Criteria for the divisioning: 3.5.1 Gender 3.5.1.1 Male/Female	DELETE/ADD: 3.5.1 Gender <del>3.5.1.1 Male/Female</del>



3.5.3 Weight	
3.5.3.2 Males: < 60kg, -66kg, -73kg, -81 kg, - 90kg, -100kg, +100kg	DELETE/ADD: 3.5.3.2 Males: < 60kg, -66kg, -73kg, -81 kg, -90kg, - 100kg, +100kg
3.5.3.3 Females: < 48 kg, -52 kg, -57 kg, -63 kg, - 70kg, -78kg, +78kg	<mark>3.5.3.3 Females: &lt; 48 kg, -52 kg, -57 kg, -63 kg, -70kg, -</mark> <del>78kg, +78kg</del>
3.5.3.4 The organizer has the responsibility and therefore the liberty to build up the weight- categories in each event in such a way, that in combination with the rest parameters of ability (levels, age) he creates "good" pools, which means fair and safe for the contestants.	3.5.3.4 The organizer has the responsibility and therefore the liberty to build up the weight- categories in each event in such a way, that in combination with the rest parameters of ability (levels, age) he creates "good" pools, which means fair and safe for the contestants. Deleted the weight chart under 3.5.3.4
4.2 Contest Time	CHANGE/ADD:
4.2.1 The real contest time is 3 minutes and if needed 'Golden Score' of 1 minute will be used.	<ul> <li>4.2.1 The real-Contest time for athletes under 12 years or Level 4 and 5 is 2 3-minutes and if needed 'Golden Score' of 1 minute will be used</li> <li>4.2.2 Contest time for athletes older than 12 years or Level 1, 2 and 3 is 3 minutes and if needed 'Golden Score' of 1 minute</li> <li>4.2.3 If pools are mixed in age and level, the organizer decides about 2 or 3 minutes in relation to the safety of the athletes</li> </ul>
4.2 Contest Time	
4.4.4 If the referee, for safety reasons, does not agree to start the contest with "tachi- waza", he/she can at any time decide to Continue after "Mate" in "ne-waza"	<b>CHANGE:</b> 4.4.4 A referee, for safety reasons, can stop a contest which has started in tachi-waza and continue the contest in ne-waza. The Judoka that triggered this decision will then perform in ne-waza for the remainder of the tournament. If the referee, for safety reasons, does not agree to start the contest with "tachi-waza", he/she can at any time decide to Continue after "Mate" in "ne-waza"
4.4 Starting Positions	<b>DELETE/ADD:</b> 4.4.4 If the referee, for safety reasons,
4.4.4 If the referee, for safety reasons, does not agree to start the contest with "tachi- waza", he/she can at any time decide to start the contest with "ne-waza", or switch from "tachi-waza" to "ne-waza". The athletes and their coaches must comply with the decision of	does not agree to start the contest with "tachi- waza", he/she can at any time decide to start the contest with "ne-waza", or switch from "tachi-waza" to "ne-waza". The athletes and their coaches must comply with the decision of the referee. Continue after "Mate" in "ne-waza"
the referee.	



4.4.8 In both "tachi-waza" and "ne-waza" the referee ensures that the athlete's neck is not locked in such a way that poses a risk of injury. Embracing the neck in both "tachi-waza" and "ne-waza" further than the spine will cause "Mate".	CHANGE: 4.4.8 In both "tachi-waza" and "ne-waza" the referee ensures that the athlete's neck is not locked in such a way that poses a risk of injury. In the event that either opponents arm goes around the neck further than the center point, "Mate" will be called immediately. Embracing the neck in both "tachi-waza" and "ne-waza" further than the spine will cause "Mate".
4.5 Prohibited Techniques	
4.5.1 Techniques which seem to be sacrificial throws (sutemi-waza)	<b>CHANGE/DELETE:</b> 4.5.1 Techniques classified as which seems to be sacrificial throws (sutemi-waza)
4.5.3 Entwine/embrace techniques – strangulations (shime-waza)	4.5.3 Entwine/embrace techniques-Strangulations (shime-waza)
4.5.6 Falling on top of another contestant after carrying out a good technique	4.5.6 Falling on top of another contestant after carrying out a good technique
4.5.7 Any technique that puts the neck of the opponent at stake is forbidden.	<b>4.5.6</b> Any technique that puts the neck of the opponent at risk of injury at stake is forbidden.
<ul> <li>4.5.8 In tachi waza the following techniques are forbidden:</li> <li>4.5.8.1 Koshi guruma</li> <li>4.5.8.2 Kubi nage</li> </ul>	4.5.7 In tachi waza, techniques like koshi guruma or kubi nage are forbidden. 4 <del>.5.8.1 Koshi guruma</del> 4 <del>.5.8.2 Kubi nage</del>
<ul> <li>4.5.9 In ne waza, the following techniques are forbidden: <ul> <li>4.5.9.1 Hon kesa gatame</li> <li>4.5.9.2 Makura kesa gatame</li> <li>4.5.9.3 Kata gatame</li> <li>4.5.9.4 Tate shiho gatame (except variation with only one arm pinned)</li> </ul> </li> <li>4.5.10 Further than that, any technique involving control of the head of Uke, is allowed only if Tori controls at the same time an arm of Uke with one of his own arms.</li> </ul>	<ul> <li>4.5.8 In ne waza, techniques like hon kesa katame, or classic forms from Makura kesa gatame, Kata gatame or Tate shiho gatame with the arm with pressure around the neck are forbidden <ul> <li>4.5.9.1 Hon kesa gatame</li> <li>4.5.9.2 Makura kesa gatame</li> <li>4.5.9.3 Kata gatame</li> <li>4.5.9.4 Tate shiho gatame (except variation with only one arm pinned)</li> </ul> </li> <li>4.5.10 Further than that, any technique involving control of the head of Uke, is allowed only if Tori controls at the same time an arm of Uke with one of his own arms.</li> </ul>
4.6 Contest System	
4.6.5 In case of a tie between three athletes in a pool (equal number of wins, equal number of points – cyclic triangle), where and if they are all qualified to occupy one of the three distinguished places, they shall be given a second chance to compete between themselves. If the phenomenon shall be repeated after that second chance then the	<b>CHANGE:</b> 4.6.5 In case of a tie between three athletes in a pool (equal number of wins, equal number of points – cyclic triangle), where and if they are all qualified to occupy one of the three distinguished places, they shall be given a second chance to compete between themselves. After a second chance, and still equal points, 2 medals of the same kind will be awarded. If the phenomenon shall



classification between them will depend on their weight classification, considering only the weigh-in of the particular day they are fighting, held upon arrival at the Sport Hall.	be repeated after that second chance then the classification between them will depend on their weight classification, considering only the weigh-in of the particular day they are fighting, held upon arrival
4.6 Contest System	<del>at the Sport Hall.</del>
4.6.6 In case a contestant is not able or willing to participate in some contest of any order within a pool, his results so far will be discounted and will count neither for him/her nor for his/her opponents for the classification of the category.	<b>CHANGE:</b> 4.6.6 In case a contestant is not able or willing to participate in some contest of any order within a pool, the opponent will win with Fusen – Gachi and 10 points. The opponent will come on the mat alone. his results so far will be discounted and will count neither for him/her nor for his/her opponents for the classification of the category.
5.1 Judogi	
5.1.3 The judogi must be clean and tidy, free of any advertisements or other signs whatsoever.	<b>CHANGE:</b> 5.1.3 The judogi must be clean and <del>tidy</del> free of any unauthorized advertisements or logos othersigns whatsoever.
5.1.4 The organizer, if so requested, should provide each athlete with a bib to be sewed on, in the proper place at the back of the judogi (on means the organizer), which the athlete will then be obliged to bear. The bib is meant to facilitate distinction both in the divisioning and the games.	5.1.4 The organizer, if so requested, should provide each athlete with a bib to be sewed on by the organizer, in the proper place at the back of the judogi <del>(on means the organizer)</del> , which the athlete will then be obliged to wear <del>bear</del> . The bib is meant to facilitate distinction both in the divisioning and the games.
5.1.5 Females must wear a plain white t-shirt under their judo suit.	5.1.5 Females must wear a plain white t-shirt with short sleeves under their judo suit.
5.2 Mat Area	
5.2.1.3 One secretariat table and three chairs for the staff and enough for the officials to the Organization	<b>CHANGE:</b> 5.2.1.3 One <u>secretariat</u> -control table and three chairs for the table staff <del>and enough for the officials to the Organization</del> .
5.2.1.5 One blue belt and one white belt for the contestants	5.2.1.5 One Two or more blue and one-two or more white belts for contestants
5.3	
	ADD: 5.3 Main Control Table
	5.3.1 Each competitive event should have one main central control table equipped with 4 chairs. This table will accommodate the pool coordinator, IT systems, head official/jury and competition manager.
7.3 Photographer Restrictions	



7.3.1 Photographers of any kind should not be allowed at a distance closer to three meters to the competition area.	<b>CHANGE:</b> 7.3.1 Photographers <del>of any kind should</del> not be allowed at a distance closer to must remain a least three meters from the contest area.
9. Unified Kata	
9.1 Unified Kata: Tori Special Olympics Athlete, Uke Unified Partner 9.1.1 For all ability level possible 9.1.2 For all Kata forms possible 9.1.2.1 Category A1–nage no kata–3 groups for level 1, 2 and 3-Beginner 9.1.2.2 Category A2–nage no kata–3 groups for level 1, 2 and 3-Advanced 9.1.2.3 Category B1–nage no kata–2 groups for level 2,3and 4-Beginner 9.1.2.4 Category B2–nageno kata–2 groups for level 2,3and 4-Advanced 9.1.2.5 Category C1–nage no kata– 1groupfor level 3, 4, 5-Beginner 9.1.2.6 CategoryC2–nage no kata– 1group for level 3, 4, 5-Advanced 9.1.3 (Same Schedule for other Kata forms possible)	CHANGE/DELETE: 9.1 Team Definition: A Team shall consist of one athlete in the role or Tori with an intellectual disability and one Unified Partner without an intellectual disability in the role of Uke. As Unified Kata is open to all levels (1-5) it is necessary to operate 5 Levels: Level 1 and 2 grouped together, and levels 3-5 grouped together. 9.1.1 For all ability level possible 9.1.2 For all Kata forms possible 9.1.2 For all Kata forms possible 9.1.2.1 Category A1–nage no kata–3 groups for level 1, 2 and 3-Beginner 9.1.2.2 Category A2–nage no kata–3 groups for level 1, 2 and 3-Advanced 9.1.2.3 Category B1–nage no kata–2 groups for level 2,3and 4-Beginner 9.1.2.4 Category B2–nageno kata–2 groups for level 2,3and 4-Advanced 9.1.2.5 Category C1–nage no kata– 1groupfor level 3, 4, 5-Beginner 9.1.2.6 CategoryC2–nage no kata– 1groupfor level 3, 4, 5-Beginner 9.1.3 (Same Schedule for other Kata forms possible)
9. Unified Kata	
<ul> <li>9.2 In Unified kata contests, the Joseiki will take the following into account when assessing the competitors' performance:</li> <li>9.2.1 The kata both begins and ends with a greeting.</li> <li>9.2.2 It should be as normal as possible, adapted as necessary.</li> <li>9.2.3 In alignment with the federation, one teammate completes all throws. In Unified</li> </ul>	CHANGE/DELETE: 9.2 Levels 1 and 2: These levels are designed for more experienced athletes and Unified partners that have comparable ability levels and knowledge of Judo In Unified kata contests, the Joseiki will take the following into account when assessing the competitors' performance:. 9.2.1 In level 1 and 2 the following Kata forms are possible The kata both begins and ends with a greeting.:
Kata it is required that the Special Olympic athlete completes the throws not the Unified partner.	Nage no KataUp to the first 3 GroupsKatame no KataFirst GroupGonosen no KataFirst Group
<ul> <li>9.2.4 Each kata should be based on an existing kata form (e.g., "nage-no-kata,"</li> <li>"katame-no-kata," "gonosen-no-kata," etc.)</li> <li>9.2.5 Attention to connections, for example between throw families and technique</li> </ul>	9.2.2 It should be as normal as possible, adapted as necessary. 9.2.3 In alignment with the federation, one teammate completes all throws. In Unified Kata



families, if techniques are replaced for other techniques. 9.2.6 Execution quality 9.2.7 Control of Tori 9.2.8 The development of the techniques in steps until execution 9.2.9 Prohibited techniques in Shiai (e.g., "sutemi-waza," "kansetsu-waza,""shime- waza") are not permitted 9.2.10 Any form of adaptions should be filled out on the Kata Inscription form 9.2.11 Aid or tools can be used without scoring deductions	it is required that the Special Olympic athlete completes the throws not the Unified partner. 9.2.4 Each kata should be based on an existing kata form (e.g., "nage-no-kata," "katame-no- kata," "gonosen-no-kata," etc.) 9.2.5 Attention to connections, for example between throw families and technique families, if techniques are replaced for other techniques. 9.2.6 Execution quality 9.2.7 Control of Tori 9.2.8 The development of the techniques in steps until execution 9.2.9 Prohibited techniques in Shiai (e.g., "sutemi-waza," "kansetsu-waza,""shime-waza") are not permitted 9.2.10 Any form of adaptions should be filled out on the Kata Inscription form 9.2.11 Aid or tools can be used without scoring deductions
9 Unified Kata 9.3 – 9.7	<ul> <li>ADD:</li> <li>9.3 Levels 3, 4 and 5: For athletes in levels 3,4, and 5 Unified Kata is used to promote individual skill development and confidence under the guidance of a Unified partner whose ability and knowledge of Judo is more advanced than that of the Special Olympics athlete.</li> <li>9.3.1 In these levels the following Kata forms are possible: Nage no Kata Up to the first 3 Groups Katame no Kata First Group Gonosen no Kata First Group</li> <li>9.3.2 Level 3,4 and 5 Special Olympic Athletes: All prohibited techniques carried out by Tori in Special Olympics Shiai Rules like sutemi waza, throwing on 1 or 2 knees, grapping the leg or pressure on the neck must be adapted or replaced by an alternative technique.</li> <li>9.3.3 All attacks or reactions from uke in all kata should be adapted in strength and speed to the disability of the Special Olympics athlete. All adaptions and alternative techniques should be filled out in advanced on the kata scoring form before each contest.</li> <li>9.4.1 In Unified kata contests, the Joseiki will take the following into account when assessing the competitors' performance:</li> </ul>



Attention to connections, for example between throw families and technique families, if techniques are replaced for other techniques. Any form of adaptions should be filled out on the Kata Inscription form Aid or tools can be used without scoring deductions for level 3,4 and 5.
<ul> <li>9.5 Safety Rules</li> <li>9.5.1 In general, all prohibited techniques carried out by Tori in Special Olympics Shiai Rules like sutemi waza, kansetsu waza, shime waza, throwing on 1 or 2 knees, grapping the leg or applying pressure on the neck are not permitted in level 3, 4 &amp; 5. Sutemi waza, kansetsu waza and shime waza are also not permitted in levels 1 and 2. This is to ensure the safety of all athletes.</li> </ul>
<ul> <li>9.6 Entry Form <ul> <li>9.6.1 All athletes and Unified partners entering</li> <li>a Special Olympics Judo Kata Event will be</li> <li>initially be divisioned by the details required on</li> <li>the entry form <ul> <li>9.6.1.1</li> <li>Category (A-K)</li> <li>9.6.1.2</li> <li>Ability Level (1-5)</li> <li>9.6.1.3</li> <li>Judo Level / Belt color</li> <li>Special Olympics Athlete (Tori)</li> <li>9.6.1.4</li> <li>Judo Level / Belt color</li> <li>Unified Partner (Uke)</li> </ul> </li> </ul></li></ul>
9.7 Scoring Form 9.7.1 Example of Kata Scoring form and example alternatives: Example form inserted at bottom of document