



## 2020 Rule Change Summary

## Judo

Change From	Change To
Old Formatting	See also date change at footer to reflect April 2020
<p>3.1 Entry Form</p> <p>3.1.1 All athletes entering a Special Olympics judo event will initially be divisioned by the details required on the event entry form: Gender</p> <ul style="list-style-type: none"> <li>3.1.1.1 Age</li> <li>3.1.1.2 Weight Class</li> <li>3.1.1.3 Ability Level</li> <li>3.1.1.5 Grade</li> </ul>	<p><b>DELETE/ADD:</b> All athletes entering a Special Olympics judo event will initially be divisioned by the details required on the event entry form: Gender</p> <ul style="list-style-type: none"> <li><del>3.1.1.1 Age</del> Ability Level</li> <li><del>3.1.1.2 Weight Class</del> Exact Weight</li> <li><del>3.1.1.3 Ability Level</del> Age</li> <li><del>3.1.1.5 Grade</del></li> </ul>
<p>3.3 Individual Skills</p> <p>3.3.3 The training session should include the following techniques (Waza):</p> <ul style="list-style-type: none"> <li>3.3.3.1 Turnovers from the opponent (uke) in ground position to holding (Osae-komi-waza)</li> <li>3.3.3.2 Throwing techniques (Nage-waza)</li> <li>3.3.3.3 Breakfalls (Ukemi-waza) being thrown by an opponent (Tori)</li> <li>3.3.3.4 Combination of throwing techniques (Renraku-waza)</li> <li>3.3.3.5 Take-over throwing technique (Kaeshi-waza)</li> </ul>	<p><b>DELETE/ADD:</b></p> <p>3.3.3 The training session should include the following techniques (Waza):</p> <ul style="list-style-type: none"> <li><del>3.3.3.1 Turnovers from the opponent (uke) in ground position to holding (Osae-komi-waza)</del> Games to test action-reaction, judo, feeling, and fighting spirit</li> <li><del>3.3.3.2 Throwing techniques (Nage-waza)</del></li> <li><del>3.3.3.3 Breakfalls (Ukemi-waza) being thrown by an opponent (Tori)</del> Throwing techniques (Nage-waza)</li> <li><del>3.3.3.4 Combination of throwing techniques (Renraku-waza)</del> Breakfalls (Ukemi-waza) being thrown by an opponent (Tori)</li> <li><del>3.3.3.5 Take-over throwing technique (Kaeshi-waza)</del></li> </ul>
<p>3.5.3 Weight</p> <p>3.5.3.1-Males</p> <ul style="list-style-type: none"> <li>3.5.3.1.1 Levels 1, 2 and 3 : &lt; 60kg, -66kg, -73kg, -81 kg, -90kg, -100kg, +100kg</li> </ul> <p>3.5.3.3-Females</p>	<p><b>DELETE/ADD:</b></p> <p>3.5.3.1-<del>Males</del> If there are enough athletes, it is possible to use the official weight categories as guidelines in all level</p> <ul style="list-style-type: none"> <li><del>3.5.3.1.1 Levels 1, 2 and 3 : &lt; 60kg, -66kg, -73kg, -81 kg, -90kg, -100kg, +100kg</del></li> </ul>



<p>3.5.3.3-Levels 1, 2 and 3: &lt; 48 kg, -52 kg, -57 kg, -63 kg, -70kg, -78kg, +78kg Females: &lt; 48 kg, -52 kg, -57 kg, -63 kg, -70kg, -78kg, +78kg</p>	<p>3.5.3.3-<del>Females</del> Males: &lt; 60kg, -66kg, -73kg, -81 kg, -90kg, -100kg, +100kg 3.5.3.3-<del>Levels 1, 2 and 3:</del> &lt; 48 kg, -52 kg, -57 kg, -63 kg, -70kg, -78kg, +78kg Females: &lt; 48 kg, -52 kg, -57 kg, -63 kg, -70kg, -78kg, +78kg</p>
<p>3.5.4 Other Factors  3.5.4.3</p>	<p><b>ADD:</b>  3.5.4.3 If not all levels can be offered in a tournament, levels can be merged. It should be noted that the registration of athlete with disability levels that were not invited according to the call, there is no reason to redistribute correct registered athletes.</p>
<p>4.4 Starting Positions  4.4.4 If the referee, for safety reasons, does not agree to start the contest with "tachi-waza", he/she can at any time decide to start the contest with "ne-waza", or switch from "tachi-waza" to "ne-waza". The athletes and their coaches must comply with the decision of the referee.</p>	<p><b>DELETE/ADD:</b> 4.4.4 If the referee, for safety reasons, does not agree to start the contest with "tachi-waza", he/she can at any time decide to <del>start the contest with "ne-waza", or switch from "tachi-waza" to "ne-waza". The athletes and their coaches must comply with the decision of the referee.</del> Continue after "Mate" in "ne-waza"</p>
<p>4.5 Prohibited Techniques  4.5.5 To carry out a forward throw on one or two knees.</p>	<p><b>ADD:</b> To carry out forward <del>and backward</del> throws on one or two knees</p>
<p>5.2 Mat Area  5.2.1.5 One red belt and one white belt for the contestants</p>	<p><b>DELETE/ADD:</b> One <del>red blue</del> belt and one white belt for the contestants</p>
<p>6.1 Forbidden Actions  6.6.1 In case of a forbidden action, the referee will give a warning and explain to the athlete the nature of the forbidden action. When repeated, the referee must take punitive action. Punitive actions shall only be applied to athletes of level 1 and discreetly to athletes of level 2. In WSG, punitive actions shall extent also to level 3</p>	<p><b>CHANGE:</b> In Levels 1, 2, and 3 the referee can penalize the repeated use of prohibited techniques by issuing "shidos." In case of a forbidden action, the referee will give a warning and explain to the athlete the nature of the forbidden action. When the same error is repeated, the referee can take punitive action. Guidelines: For level 1 – after 1 warning For level 2 – after 2 warnings For level 3 – after 3 warnings In levels 4 and 5, the referee shall request that the coach be present for the explanation, in order that the errors be explained to the athlete in their native language or simple language. At these levels, "shido" is only announced after providing repeated explanations. In levels 1 and 2, it is recommended highly that the coach be involved in the explanations.</p>



<p>6.3 Grabbing/Touching</p> <p>6.3.1 In case of athlete grabbing/touching opponent's leg in tachi waza, it's NOT cause of direct hansuku-make, Only shido, shall be applied (see 6.1.1)</p>	<p><b>DELETE:</b>  <del>6.3 Grabbing/Touching</del></p> <p><del>6.3.1 In case of athlete grabbing/touching opponent's leg in tachi waza, it's NOT cause of direct hansuku-make, Only shido, shall be applied (see 6.1.1)</del></p>
<p>8.</p>	<p><b>ADD:</b>  <b>8. COACHING</b></p> <p>Coaching is an important element in the sport of judo. Direction given by a coach throughout a match, appropriate to the level of the athletes, assures the safety of both participants. For athletes at Level 1 and 2 coaching can only be offered during "Mate". For athletes at level 3 coaches may offer encouragement to their athletes throughout the match but may only offer technical advice during "Mate". For athletes at level 4 and 5 technical advice as well as encouragement may be offered by coaches throughout the entire match.</p>
<p>9</p>	<p><b>ADD:</b>  <b>9. Unified Kata</b></p> <p>9.1 Unified Kata: Tori Special Olympics Athlete, Uke Unified Partner</p> <p>9.1.1 For all ability level possible</p> <p>9.1.2 For all Kata forms possible</p> <p>9.1.2.1 Category A1–nage no kata–3 groups for level 1, 2 and 3-Beginner</p> <p>9.1.2.2. Category A2–nage no kata–3 groups for level 1, 2 and 3-Advanced</p> <p>9.1.2.3 Category B1–nage no kata–2 groups for level 2,3and 4-Beginner</p> <p>9.1.2.4 Category B2–nageno kata–2 groups for level 2,3and 4-Advanced</p> <p>9.1.2.4 Category C1–nage no kata–1groupfor level 3, 4, 5-Beginner</p>



	<p>9.1.2.5 Category C2–nage no kata–1 group for level 3, 4, 5-Advanced</p> <p>9.2 (Same Schedule for other Kata forms possible)</p> <p>9.3 In Unified kata contests, the Joseiki will take the following into account when assessing the competitors’ performance:</p> <ul style="list-style-type: none"><li>9.3.1 The kata both begins and ends with a greeting.</li><li>9.3.2 It should be as normal as possible, adapted as necessary.</li><li>9.3.3 In alignment with the federation, one teammate completes all throws. In Unified Kata it is required that the Special Olympic athlete completes the throws not the Unified partner.</li><li>9.3.3 Each kata should be based on an existing kata form (e.g., “nage-no-kata,” “katame-no-kata,” “gonosen-no-kata,” etc.)</li><li>9.3.4 Attention to connections, for example between throw families and technique families, if techniques are replaced for other techniques.</li><li>9.3.5 Execution quality</li><li>9.3.6 Control of Tori</li><li>9.3.7 The development of the techniques in steps until execution</li><li>9.3.8 Prohibited techniques in Shiai (e.g., “sutemi-waza,” “kansetsu-waza,” “shime-waza”) are not permitted</li><li>9.3.9 Any form of adaptations should be filled out on the Kata Inscription form</li><li>9.3.10 or tools can be used without scoring deductions</li></ul>
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