

2024 Rule Change Summary DanceSport

Change From	Change To
Old Formatting	See date change at footer to reflect September 2024
Section 2 Disciplines and Categories	CHANGE:
2.1 DanceSport has four disciplines which are Ballroom Dances, Streetdance, Performing Arts and Specialty and four categories which are Solos, Duos, Couples, and Teams. A dancer (Special Olympics athlete or Unified partner) can register for only one out of the four Disciplines in the same Special Olympics DanceSport Competition. The technical delegate can allow dancers to compete in up to three different categories within one and the same discipline (e.g. Ballroom Couple and Ballroom Team or Folk-Dance Solo and Folk-Dance Duo). The routines/choreographics for the different categories must be at least 70% identical. The routine/choreography must not change. At the World Games level, dancers are not allowed to compete with the same routine as the previous Special Olympic World Games.	2.1 DanceSport has four disciplines which are Ballroom Dances, Streetdance, Performing Arts and Specialty and four categories which are Solos, Duos, Couples, and Teams. A dancer (Special Olympics athlete or Unified partner) can register for two of the four Disciplines in the same Special Olympics DanceSport Competition. The technical delegate can allow dancers to compete in up to three different categories within one and the same discipline (e.g. Ballroom Couple and Ballroom Team or Folk-Dance Solo and Folk-Dance Duo). The routines/choreographics for the different categories must be at least 70% identical. The routine/choreography must not change. At the World Games level, dancers are not allowed to compete with the same routine as the previous Special Olympic World Games.
2.2.1.2 Street dance	CHANGE:
2.2.1.2.1 Hip Hop Dance, Breaking, Electric Boogie	2.2.1.2 Street Dance 2.2.1.2.1 Hip Hop Dance, Breaking, Electric Boogie or any combination



- 2.4 Unified Sports
- 2.4.1 Selection of Special Olympics Athletes and Unified Sports Partners of similar age is preferred and ability is required for Unified Sports training and competition in DanceSport.
- 2.4.2 Each Unified Sports Duo/Couple shall consist of one Special Olympics Athlete and one Unified Sports Partner.
- 2.4.3 A Team shall consist of a minimum of four and a maximum of twelve athletes, a maximum of 50% of the team can be Unified Sports partners. The team can consist of male and female athletes. Within the range of 4-12 dancers per team, the technical delegate can set a certain minimum and maximum of the size of the team for an individual competition.
- 2.4.4 A coach may not also participate as a Unified Sports partner.

CHANGE:

- 2.3 Unified Sports
- 2.3.1 The athlete to Unified partner ratio must be 1 athlete to 1 Unified partner in Unified Duos/Couples and must be 2-6 athletes to 2-6 Unified partners in the Team Competition.
- 2.3.2 It is preferred that athletes and Unified Partners are of similar age and similar ability. For more information on similar age and ability please see Sport Rules Article 1 Section 14.1.2
- 2.3.3 A Team shall consist of a minimum of four and a maximum of twelve athletes, a maximum of 50% of the team can be Unified Sports partners. The team can consist of male and female athletes. Within the range of 4-12 dancers per team, the technical delegate can set a certain minimum and maximum of the size of the team for an individual competition.
- 2.3.4 A coach may not participate as a Unified Sports partner.

DELETE:

- 2.3 Age and Sex
- 2.3.1 The minimum age is 8 years for any competition, but World Games. The minimum age for World Games is 15 years. DanceSport has four disciplines which are Ballroom Dances, Streetdance, Performing Arts and Specialty and four categories which are Solos, Duos, Couples, and Teams.
- 2.3.2 A dancer can register for only one out of the four Disciplines in the same Special Olympics DanceSport Competition.
- 2.3.3 The technical delegate can allow dancers to compete in up to three different categories within one



	and the same discipline (e.g. Ballroom Couple and Ballroom Team or Folk-Dance Solo and Folk-Dance Duo). The routines/choreographics for the different categories must be at least 70% identical. The routine/choreography must not change. 2.3.4 At the World Games level, dancers are not allowed to compete with the same routine as the previous Special Olympic World Games.
	ADD:
	5.2 Props are allowed to be used on stage and need to be actively included in the choreography
7.2.1.2 The routine needs to include a 360 degree rotation on one leg	CHANGE (7.2.1.2 + 7.3.1.3 + 7.4.1.3 + 7.5.1.2 + 8.2.3.3 + 8.4.2.2 + 9.2.2.3 + 9.5.2.2 + 10.2.2.3 + 10.3.2.3 + 10.4.2.3 + 105.2.2):
	7.2.1.2 The routine needs to include a 360 degree rotation on one leg. In-between steps as well as both legs can be used.
7.4.1.1 The routine needs to include a jumping section	CHANGE (7.4.1.1 + 7.5.1.3 + 8.3.1.1 + 8.4.2.3 + 9.4.2.1 + 9.5.2.2 + 10.4.2.1 +10.5.2.3):
	7.4.1.1 The routine needs to include a jumping section of at least one jump
9.4.2.3 The routine needs to include a 360	CHANGE (7.3.1.2 + 9.4.2.3 + 10.4.2.3)
degree rotation on one leg	9.4.2.3 The routine needs to include a rotation on one leg