



## 2020 Rule Change Summary

### Cycling

Change From	Change To
Old Formatting	See also date change at footer to reflect Jun 2020
2. Official Events  2.14 20K Kilometer 2 person Unified Team Time Trial: Individuals bicycles	<b>CHANGED:</b> <del>20K</del> 5-25K Kilometer 2 person Unified Team Time Trial: Individuals bicycles
4. Equipment  4.2 Bicycles  4.2.3	<b>ADD:</b> Cycling helmets must meet the safety standards of the National Governing Body. Certification must be inside each helmet and may be no OLDER than 3 years.
4. Equipment  4.4	<b>ADD:</b> Any team entered in a unified event- Team Time Trial or Tandem events must all wear the same cycling uniform
6.3 Road Race Rules  6.3.2.1	<b>ADD:</b> All finishes for multi-lap races shall have a bell rung to let athletes know that there is ONE lap to go; A colored flag shall be waived for any hearing impaired athletes indicating one lap to go.