



2020 Rule Change Summary

Athletics

To align with World Athletics Federation, track marks in exchange zones on relays have changed. The 10-metre acceleration zone and 20-metre takeover zone for each changeover in 4x100m 4x200m relays (where applicable) has now been merged into one 30-metre takeover zone."

Change From	Change To
Old Formatting	See also date change at footer to reflect June 2020
2.3.8 Pentathlon (100 Meters, Long Jump, Shot Put, High Jump, 400 Meters)	CHANGE: Pentathlon (100 Meters, Long Jump, Shot Put, High Jump, 400 800 Meters)
3.3.1 Pentathlon 3.3.1.1 The five events comprising the pentathlon shall be conducted in the following order: 100 meter run, long jump, shot put, high jump, and 400 meter run.	DELETE/ADD: The five events comprising the pentathlon shall be conducted in the following order: 100 meter run, long jump, shot put, high jump, and 400 800 meter run.