



2016 Rule Change Summary

Open Water Swimming

Change From	Change To
Old Formatting	New Formatting with numerical system for ALL sections See also date change at footer to reflect June 2016
Section 3.0 Equipment 3.3. A participant may use a maximum of two swim caps	Section 6 - Attire & Equipment 6.3 A participant may use a maximum of two swim caps with the official competition swim cap visible on the outside. This cap must remain on, for safety and identification, until the athlete crosses the finish line or the athlete will be subject to disqualification under Rule 8.6.1.5.
Section 30 - Divisioning 30.1.1. Athletes shall be divisioned by gender, age and ability.	Section 7 - Divisioning 7.1.1 Athletes shall be divisioned by gender, age and ability. The following age groups shall apply: 20 and under; 21 and over.