**RHYTHMIC COMPULSORY ROUTINE JUDGING SHEET**

**GY Rhythmic Rope Level A**

**Name Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Number \_\_\_\_\_\_ Division \_\_\_\_\_\_\_**

|  |  |  |
| --- | --- | --- |
| **Segments** | **Value** | **Score** |
| 1. Raise the rope overhead | **1.0** |  |
| 2. Twist the rope | **1.0** |  |
| 3. Circle the rope | **1.0** |  |
| 4. Swings in a U-shape | **1.0** |  |
| 5. Spin the rope & touch hand to shoulder. Raise arms to ending pose. | **1.0** |  |

|  |  |  |
| --- | --- | --- |
| **Total Score** | **max 5.0** |  |

Judg Judge’s Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**RHYTHMIC COMPULSORY ROUTINE JUDGING SHEET**

**GY Rhythmic Hoop Level A**

**Name Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Number \_\_\_\_\_\_ Division \_\_\_\_\_\_\_**

|  |  |  |
| --- | --- | --- |
| **Segments** | **Value** | **Score** |
| 1. Shake the hoop. Raise hoop overhead & lower. Raise hoop overhead & lower on frontal | **1.0** |  |
| 2. Rotate the hoop | **1.0** |  |
| 3. Touch hand to shoulder | **1.0** |  |
| 4. Tap the hoop on floor | **1.0** |  |
| 5. Circle the hoop. Raise the hoop overhead to ending pose. | **1.0** |  |

|  |  |  |
| --- | --- | --- |
| **Total Score** | **max 5.0** |  |

Judg Judge’s Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**RHYTHMIC COMPULSORY ROUTINE JUDGING SHEET**

**GY Rhythmic Ball Level A**

**Name Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Number \_\_\_\_\_\_ Division \_\_\_\_\_\_\_**

|  |  |  |
| --- | --- | --- |
| **Segments** | **Value** | **Score** |
| 1. Roll the ball on legs. Raise the ball overhead. Bend the arms & hold the ball at chest. | **1.0** |  |
| 2. Roll the ball on the arms | **1.0** |  |
| 3. Toss & catch with two hands | **1.0** |  |
| 4. Shake the ball. Touch ball to shoulder | **1.0** |  |
| 5. Circle the ball. Ending pose | **1.0** |  |

|  |  |  |
| --- | --- | --- |
| **Total Score** | **max 5.0** |  |

JudJ Judge’s Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**RHYTHMIC COMPULSORY ROUTINE JUDGING SHEET**

**GY Rhythmic Ribbon Level A**

**Name Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Number \_\_\_\_\_\_ Division \_\_\_\_\_\_\_**

|  |  |  |
| --- | --- | --- |
| **Segments** | **Value** | **Score** |
| 1. Horizontal snakes | **1.0** |  |
| 2. Overhead swings. Spirals | **1.0** |  |
| 3. Overhead circles | **1.0** |  |
| 4. Swing the ribbon up. Horizontal snakes down in front of the body. | **1.0** |  |
| 5. Horizontal swings to ending pose | **1.0** |  |

|  |  |  |
| --- | --- | --- |
| **Total Score** | **max 5.0** |  |

Judge’s Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_