

## Level 2 Ribbon

The video is the official version of the routine. This written text is merely an additional teaching tool. Some skills, such as complex dance steps or movements of the free arm, are not described in the written text and should follow the video.

**Music:** Playdays

**Starting position:** Close to Corner 4, facing Side 1, stand with weight on the left leg in plié. Right leg is extended to the side (on heel with toes lifted). Left arm is extended to the side, palm up. The right arm is extended down at the side, holding the ribbon stick in the right hand.

### Counts

Intro Hold

- 1-6 Shift the weight to the right, plié on the right leg with left leg extended to the side, on heel with toes lifted. Swing ribbon up and change hands with rotation of the stick. Repeat, shifting weight to the left.
- 7-8 Turning 45° right to face Side 3, step right and close the left foot to the right foot. Begin spirals.
- 1-4 Step back on the left foot, pointing the right foot in front, continue spirals. Repeat, stepping back with the right foot. Close left foot to right foot.
- 5-8 Forward body wave with large figure-8. Begin spirals.
- 1-4 Lift leg to **back arabesque balance** (either leg). Continue spirals. Close feet together.
- 5-6 Moving toward Corner 8, step left, plié to shift the weight. Close right foot to the left foot, turning to face Corner 8. Swing ribbon to large clockwise sagittal circle.
- 7-8 **Catleap** (either leg), with large clockwise sagittal circle. Close feet together. Begin spirals.
- 1-4 Tiptoe turn to face Corner 4 with spirals.
- 5-8 **180° passé pivot** (either direction) with large overhead circle. Note: Refer to Coaching Hints for instructions on how to reverse this section and do the passé pivot to the left.
- 1-8 **3 side steps over the ribbon**, with figure-8s. Close feet together to face Corner 8. Begin spirals.

- 1-4 Chassé with spirals. Take one to three steps to **passé hop** (either leg) with large clockwise sagittal circle.
- 1-8 Turning to face Side 3, step, and close feet together with a large swing, finishing with the ribbon down in front. Plié. Relevé, swinging the ribbon up to begin horizontal snakes behind the back. Run 7-8 steps, continue snakes. Close feet together with snakes down in front of the body.
- 1-4 Walk in a small circle to the right, stepping heel first, with spirals. Finish facing Corner 2.
- 1-4 Large clockwise sagittal circle to echappé toss.
- 5-8 Swing the ribbon backward to the left in an overhead circle. Continue the circle to pass the ribbon to the right hand behind the back. Begin horizontal snakes in front of the body.
- 1-end **Passé balance in relevé** (either leg), with horizontal snakes in front of the body. Close feet together.  
**Chainé turn** right with large overhead circle. Step and close feet together, continue overhead circle to the ending pose.

### **IDENTIFIED SKILLS**

- Back arabesque balance (either leg)
- Catleap (either leg)
- 180° passé pivot (either direction)
- Side steps over ribbon
- Passé hop (either leg)
- Passé balance in relevé (either leg)
- Chainé turn