

Level 2 Clubs

The video is the official version of the routine. This written text is merely an additional teaching tool. Some skills, such as complex dance steps or movements of the free arm, are not described in the written text and should follow the video.

Music: Fireball

Starting position: Facing Corner 2, stand on the left leg with the right knee bent, toes resting on the floor by the left foot. Hold one club in each hand. Clubs are facing inward on the horizontal plane in front of the body, with the right slightly higher than the left.

Counts

- 1-8 Shake hips
- 1-4 Lower the right heel, while bending and straightening the knees, circle the knees and hips, moving the arms in a forward circular motion to rotate the clubs forward,
- 5-8 Extend arms forward. **Passé balance in relevé** (parallel, either leg) tapping clubs twice.
- 1-8 Step forward through plie pointing opposite foot in the back, swinging the arms down and back. Repeat on the other foot, swinging the arms forward to finish at shoulder height.
- 1-4 Step forward swinging the arms down and back. Take 1-2 steps to **Catleap** (either leg), circling arms backwards.
- 5-8 Step and close feet together, bend the arms and cross the clubs, resting the neck of each club on the opposite shoulder. Relevé and extend arms overhead.
- 1-8 With clubs parallel, wave down in front of the body, relaxing the knees. With knees slightly bent, tiptoe turn left to face Side 7, leaning forward to tap clubs on floor. Stand and straighten knees.
- 1-8 **Side chassé** left with large frontal circle. **Chainé turn** left, bending arms to place hands on hips with clubs resting on the arms. Close feet together.
- 1-8 Bend knees and twist body to the right, straighten. Repeat, twisting to the left.
- 1-8 **Cha-cha step front, back, front, back.**

- 1-8 Traveling toward Corner 8, **four skipping steps**. Start stepping on the right, swinging clubs down and back, hop. Step left and hop, swinging clubs forward to shoulder height. Repeat skips, stepping right and left.
- 1-4 On relevé, turn to face Corner 2, **two horizontal circles** to the right over the arms.
- 5-8 Point foot to the front, lift leg to **front arabesque balance** (either leg), raise clubs overhead.
- 1-8 Close feet together in relevé. Step forward in a lunge. **180° passé pivot** (either direction) with elbows bent, one arm in front of the body and one arm behind, clubs on a horizontal plane. Close feet together.
- 1-4 Turning to face Side 1, alternate lifting the heel and bending the knee, right, left, right, left.
- 1-8 Shift weight to the right through plié, point left foot to the side, open arms to the sides. Shift weight to the left through plié, point right foot to the side, cross left arm in front of the body and right arm behind. Shift weight to the right through plié, point left foot to the side, open arms to the sides. Close feet together.
- 1-8 Large clockwise frontal circle. Pass the right club to the left hand behind the back. Extend arms to the sides.
- 1-end Chassé forward. Close feet together. Small forward horizontal circle to the right over the arm. Lunge left to the ending pose.

IDENTIFIED SKILLS

- Passé balance in relevé (either leg)
- Catleap (either leg)
- Side chassé to chaîné turn
- Dance steps
- Skipping steps to small circle with clubs
- Front arabesque balance (either leg)
- 180° passé pivot (either direction)