



**Badminton Athlete Divisioning - Assessment Form**

Athlete Name:		Observer Name(s):				Date of Observation:	
		Badminton Coaching Qualification(s):				Location of Observation:	
Remarks on athlete:		DOB	yyyy – mm – dd	Gender		Accredited Program:	

**Introduction**

To support the principle of fair and meaningful competition, athletes must undergo a process known as divisioning. This process ensures that athletes compete with opponents of similar capabilities. Divisioning is a two-stage process, in which the coach conducts the first stage called “Athlete Assessment” at their respective Accredited Program. This score/rating helps to create initial divisions for the next stage of divisioning, ahead of competition.

An athlete’s ability is the primary factor in divisioning for Special Olympics competition. **Coaches are responsible for ensuring that the athlete score used for divisioning most accurately reflects the true ability of the athlete.** ([Video Link](#))

**Athlete Assessment Process**

All the athletes must go through the same series of skills-based exercises outlined below, in the given order of ascending difficulty. A descriptive rating scale complements each exercise area. Observers should match an athlete’s ability level to the most relevant rating scale description.

To obtain an athlete’s final rating, add the 10 individual ratings and then divide by 10 to get an average score. Record the result to two decimal places. For example, if the total score is 56.5, after division by 10, the final player rating is 5.65. Assessors can use half points where an athlete’s performance falls between two descriptions.

To ensure consistency and accuracy of athlete assessment, we recommend that, wherever possible, two observers undertake the assessment process. When this is not possible, a second person should ‘feed’ the shuttles, allowing the observer to focus on the athlete assessment solely.

**Requirements**

To undertake the athlete divisioning assessment, we will require the following:

- One badminton court with net
- Coach of the athlete under assessment, two observers.
- One tube of feather shuttlecocks (a dozen).
- One Badminton Athlete Divisioning Assessment Form
- One pen and one stopwatch
- Badminton Athlete Divisioning Assessment Instructional Videos

### 1. Shuttle Control

<b>Description</b>	On half a badminton court, the athlete must bounce a shuttlecock consecutively as many times as possible in 90 seconds. If the athlete drops the shuttlecock, it can be picked up and continued.
<b>Requirements</b>	1 x badminton racket, 1 x shuttlecock, and stopwatch.
<b>Video Link</b>	<a href="#">Badminton Athlete Assessment Tool – Assessment 1: Shuttle Control - YouTube</a>

Ability Descriptor	Rating
<b>1. No Control</b> – No consecutive bounces achieved; the athlete required significant assistance, no movement.	
<b>2. Limited Control</b> - No consecutive bounces achieved, but some individual hits, almost no movement.	
<b>3. Some Control</b> - Some consecutive bounces, majority were individual, limited movement.	
<b>4. Average Control</b> - Half were consecutive bounces, and half were individual bounces, some movement.	
<b>5. Above Average Control</b> - The majority of bounces were consecutive, with some movement when required.	
<b>6. Good Control</b> - The majority of bounces were consecutive, controlled movement.	
<b>7. Very Good Control</b> - High number of consecutive bounces, minimal errors, controlled movement.	
<b>8. Exceptional Control</b> - No errors, smooth and controlled movement, the player is in full control of the shuttlecock.	

## 2. Low Serve

<b>Description</b>	On a full badminton court, the athlete must perform eight low serves from the right service court and eight low serves from the left service court. Serves must go diagonally and can be performed using either forehand or backhand. The goal is for the shuttlecock to pass close to the top of the net and land in the correct service court, close to the service line at the front of the court.
<b>Requirements</b>	1 x badminton racket, 8 x shuttlecocks
<b>Video Link</b>	<a href="#">Badminton Athlete Assessment Tool – Assessment 2: Low Serve - YouTube</a>

Ability Descriptor	Rating
1. <b>Significant Difficulty</b> - Shuttlecock regularly missed, no control demonstrated.	
2. <b>Difficulty</b> - Shuttlecock often missed; a high proportion of serves landed outside the service court or in the net.	
3. <b>Some Difficulty</b> - Shuttlecock often struck, a high proportion of serves landed out or in the net.	
4. <b>Below Average</b> - Shuttlecock often struck, some serves landed out and some landed in, but with little control over height and distance.	
5. <b>Average</b> - Shuttlecock often struck, most serves landed in, but with little control over height and distance.	
6. <b>Good</b> - Shuttlecock regularly struck, most serves landed in, with some control over height and distance.	
7. <b>Very Good</b> - Shuttlecock always struck, all the serves landed in, with good control over height and distance.	
8. <b>Exceptional</b> - Shuttlecock always struck, all the serves landed in, with excellent control and accuracy of placement, height and distance.	

### 3. High Serve

<b>Description</b>	On a full badminton court, the athlete must perform eight high serves from the right service court and eight high serves from the left service court. Serves must go diagonally and can be performed using either forehand or backhand. The goal is for the shuttlecock to pass high over the net and land close to the back boundary line at the rear court.
<b>Requirements</b>	1 x badminton racket, 8 x shuttlecock
<b>Video Link</b>	<a href="#">Badminton Athlete Assessment Tool – Assessment 3: High Serve - YouTube</a>

Ability Descriptor	Rating
1. <b>Significant Difficulty</b> - Shuttlecock regularly missed, no control demonstrated.	
2. <b>Difficulty</b> - Shuttlecock often missed, a high proportion of serves landed out or in the net.	
3. <b>Some Difficulty</b> - Shuttlecock often struck, a high proportion of serves landed out or in the net.	
4. <b>Below Average</b> - Shuttlecock often struck, some serves landed out and some landed in, but with little control over height and distance.	
5. <b>Average</b> - Shuttlecock often struck, most serves landed in, but with little control over height and distance.	
6. <b>Good</b> - Shuttlecock regularly struck, most serves landed in, with some control over height and distance.	
7. <b>Very Good</b> - Shuttlecock always struck, all serves landed in, with good control over height and distance.	
8. <b>Exceptional</b> - Shuttlecock always struck, all serves landed in, with excellent control and accuracy of placement, height and distance.	

#### 4. Forehand and Backhand Net Shot

<b>Description</b>	On a full badminton court, the athlete must perform eight forehand net shots and eight backhand net shots. The athlete should start from the center of the court and move to either side to hit the shuttle. Shuttles should be fed by hand or racket in an upward direction towards the net. The goal of the net shot is for the shuttlecock to pass closely over the net and land as close to the net as possible on the opponent's court.
<b>Requirements</b>	1 x badminton racket, 8 x shuttlecock
<b>Video Link</b>	<a href="#">Badminton Athlete Assessment Tool – Assessment 4: Forehand and Backhand Net Shot - YouTube</a>

Ability Descriptor	Rating
<b>1. Significant Difficulty</b> - Shuttlecock regularly missed, no control demonstrated, no movement towards the shuttlecock.	
<b>2. Difficulty</b> - Shuttlecock often missed, a high proportion of shots landed out or in the net, limited movement towards the shuttlecock.	
<b>3. Some Difficulty</b> - Shuttlecock often struck, a high proportion of shots landed out or are in the net, limited movement towards the shuttlecock.	
<b>4. Below Average</b> - Shuttlecock often struck; some shots landed out and some landed in, but little control over height and distance.	
<b>5. Average</b> - Shuttlecock often struck, most shots landed in, but with little control over height and distance, some movement towards the shuttlecock.	
<b>6. Good</b> - Shuttlecock regularly struck, most shots landed in, with some control over height and distance, good movement towards the shuttlecock.	
<b>7. Very Good</b> - Shuttlecock always struck, all shots landed in, with good control over height and distance, active movement towards the shuttlecock.	
<b>8. Exceptional</b> - Shuttlecock always struck, all shots landed in, with excellent control of height and distance, quick movement towards the shuttlecock.	

### 5. Forehand and Backhand Net Lift

<b>Description</b>	The athlete must perform eight forehand net lifts and eight backhand net lifts on a full badminton court. The athlete should start from the center of the court and move to either side to hit the shuttle. Shuttles should be fed by hand or racket in an upward direction over the net, close to the front service line. The goal of the lift is for the shuttlecock to pass high over the net and land as close as possible to the back boundary line on the opponent's court.
<b>Requirements</b>	1 x badminton racket, 8 x shuttlecock
<b>Video Link</b>	<a href="#">Badminton Athlete Assessment Tool – Assessment 5: Forehand and Backhand Net Lift - YouTube</a>

Ability Descriptor	Rating
<b>1. Significant Difficulty</b> - Shuttlecock regularly missed, no control demonstrated, no movement towards the shuttlecock.	
<b>2. Difficulty</b> - Shuttlecock often missed, a high proportion of shots landed out or in the net, limited movement towards the shuttlecock.	
<b>3. Some Difficulty</b> - Shuttlecock often struck, a high proportion of shots landed out or in the net, limited movement towards the shuttlecock.	
<b>4. Below Average</b> - Shuttlecock often struck; some shots landed out and some landed in, but little control over height and distance.	
<b>5. Average</b> - Shuttlecock often struck, most shots landed in, but with little control over height and distance, some movement towards the shuttlecock.	
<b>6. Good</b> - Shuttlecock regularly struck, most shots landed in, with some control over height and distance, good movement towards the shuttlecock.	
<b>7. Very Good</b> - Shuttlecock always struck, all shots landed in, with good control over height and distance, active movement towards the shuttlecock.	
<b>8. Exceptional</b> - Shuttlecock always struck, all shots landed in, with excellent control of placement, height and distance, quick movement towards the shuttlecock.	

## 6. Forehand Overhead Clear

<b>Description</b>	On a full badminton court, the athlete must perform eight forehand overhead clears from the rear forehand and backhand corners. The athlete should start from the center of the court and move to either side to hit the shuttle. Shuttles should be fed using the racket in an upward direction towards the back of the court. The goal of the clear is for the shuttlecock to pass high over the net and land as close as possible to the back boundary line on the opponent's court.
<b>Requirements</b>	1 x badminton racket, 8 x shuttlecock
<b>Video Link</b>	<a href="#">Badminton Athlete Assessment Tool – Assessment 6: Forehand Overhead Clear - YouTube</a>

Ability Descriptor	Rating
<b>1. Significant Difficulty</b> - Shuttlecock regularly missed, no control demonstrated, no movement towards the shuttlecock.	
<b>2. Difficulty</b> - Shuttlecock often missed, a high proportion of shots landed out or in the net, limited movement towards the shuttlecock.	
<b>3. Some Difficulty</b> - Shuttlecock often struck, a high proportion of shots landed out or in the net, limited movement towards the shuttlecock.	
<b>4. Below Average</b> - Shuttlecock often struck; some shots landed out and some landed in, but with little control over height and distance.	
<b>5. Average</b> - Shuttlecock often struck, most shots landed in, but with little control over height and distance, some movement towards the shuttlecock.	
<b>6. Good</b> - Shuttlecock regularly struck, most shots landed in, with some control over height and distance, good movement towards the shuttlecock.	
<b>7. Very Good</b> - Shuttlecock always struck, all shots landed in, with good control over height and distance, active movement towards the shuttlecock.	
<b>8. Exceptional</b> - Shuttlecock always struck, all shots landed in, with excellent control of placement, height and distance, quick movement towards the shuttlecock.	

### 7. Forehand Overhead Dropshot

<b>Description</b>	On a full badminton court, the athlete must perform eight forehand overhead dropshots from the rear forehand and backhand corners. The athlete should start from the center of the court and move to either side to hit the shuttle. Shuttles should be fed using the racket in an upward direction towards the back of the court. The goal of the dropshot is for the shuttlecock to travel in a downwards direction over the net, landing close to the front service line on the opponent's court.
<b>Requirements</b>	1 x badminton racket, 8 x shuttlecock
<b>Video Link</b>	<a href="#">Badminton Athlete Assessment Tool – Assessment 7: Forehand Overhead Dropshot - YouTube</a>

Ability Descriptor	Rating
<b>1. Significant Difficulty</b> - Shuttlecock regularly missed, no control demonstrated, no movement towards the shuttlecock.	
<b>2. Difficulty</b> - Shuttlecock often missed, a high proportion of shots landed out or in the net, limited movement towards the shuttlecock.	
<b>3. Some Difficulty</b> - Shuttlecock often struck, a high proportion of shots landed out or in the net, limited movement towards the shuttlecock.	
<b>4. Below Average</b> - Shuttlecock often struck; some shots landed out and some landed in, but little control over height and distance.	
<b>5. Average</b> - Shuttlecock often struck, most shots landed in, but with little control over height and distance, some movement towards the shuttlecock.	
<b>6. Good</b> - Shuttlecock regularly struck, most shots landed in, with some control over height and distance, good movement towards the shuttlecock.	
<b>7. Very Good</b> - Shuttlecock always struck, all shots landed in, with good control over height and distance, active movement towards the shuttlecock.	
<b>8. Exceptional</b> - Shuttlecock always struck, all shots landed in, with excellent control of placement, height and distance, quick movement towards the shuttlecock.	



### 8. Forehand Overhead Smash

<b>Description</b>	On a full badminton court, the athlete must perform eight forehand overhead smashes from the rear forehand and backhand corners. The athlete should start from the center of the court and move to either side to hit the shuttle. Shuttles should be fed using the racket in an upward direction towards the back of the court. The goal of the smash is for the shuttlecock to travel in a fast, downwards direction over the net, landing in the midcourt area of the opponent's court.
<b>Requirements</b>	1 x badminton racket, 8 x shuttlecock
<b>Video Link</b>	<a href="#">Badminton Athlete Assessment Tool – Assessment 8: Forehand Overhead Smash - YouTube</a>

Ability Descriptor	Rating
1. <b>Significant Difficulty</b> - Shuttlecock regularly missed, no control demonstrated, no movement towards the shuttlecock.	
2. <b>Difficulty</b> - Shuttlecock often missed, a high proportion of shots landed out or in the net, limited movement towards the shuttlecock.	
3. <b>Some Difficulty</b> - Shuttlecock often struck, a high proportion of shots landed out or in the net, limited movement towards the shuttlecock.	
4. <b>Below Average</b> - Shuttlecock often struck; some shots landed out and some landed in, but little control over height and distance.	
5. <b>Average</b> - Shuttlecock often struck, most shots landed in, but with little control over height and distance, some movement towards the shuttlecock.	
6. <b>Good</b> - Shuttlecock regularly struck, most shots landed in, with some control over height and distance, good movement towards the shuttlecock.	
7. <b>Very Good</b> - Shuttlecock always struck, all shots landed in, with good control over height and distance, active movement towards the shuttlecock.	
8. <b>Exceptional</b> - Shuttlecock always struck, all shots landed in, with excellent control of placement, height and distance, quick movement towards the shuttlecock.	

### 9. Midcourt Defensive Block

<b>Description</b>	On a full badminton court, the athlete must perform eight forehand blocks from the forehand midcourt and eight backhand blocks from the backhand midcourt areas. The athlete should start from the center of the court and move to either side to hit the shuttle. Shuttles should be fed by hand in a downward direction towards the midcourt sideline. The goal of the block is for the shuttlecock to travel in a downward direction after passing the net, landing close to the front service line on the opponent's court.
<b>Requirements</b>	1 x badminton racket, 8 x shuttlecock
<b>Video Link</b>	<a href="#">Badminton Athlete Assessment Tool – Assessment 9: Midcourt Defensive Block - YouTube</a>

Ability Descriptor	Rating
1. <b>Significant Difficulty</b> - Shuttlecock regularly missed, no control demonstrated, no movement towards the shuttlecock.	
2. <b>Difficulty</b> - Shuttlecock often missed, a high proportion of shots landed out or in the net, limited movement towards the shuttlecock.	
3. <b>Some Difficulty</b> - Shuttlecock often struck, a high proportion of shots landed out or in the net, limited movement towards the shuttlecock.	
4. <b>Below Average</b> - Shuttlecock often struck; some shots landed out and some landed in, but little control over height and distance.	
5. <b>Average</b> - Shuttlecock often struck, most shots landed in, but with little control over height and distance, some movement towards the shuttlecock.	
6. <b>Good</b> - Shuttlecock regularly struck, most shots landed in, with some control over height and distance, good movement towards the shuttlecock.	
7. <b>Very Good</b> - Shuttlecock always struck, all shots landed in, with good control over height and distance, active movement towards the shuttlecock.	
8. <b>Exceptional</b> - Shuttlecock always struck, all shots landed in, with excellent control of placement, height and distance, quick movement towards the shuttlecock.	

### 10. Rallying and Movement

<b>Description</b>	The athlete will play a short singles match with an opponent on a full badminton court. Matches should last up to five minutes or until the observer has been able to identify a suitable ability descriptor for the athlete.
<b>Requirements</b>	1 x badminton racket, 8 x shuttlecock, 1 x opponent
<b>Video Link</b>	<a href="#">Badminton Athlete Assessment Tool – Assessment 10: Rallying and Movement - YouTube</a>

Ability Descriptor	Rating
1. <b>Significant Difficulty</b> - No rallies achieved, shuttlecock regularly missed, the player does not actively track and move towards the shuttlecock.	
2. <b>Difficulty</b> - One- or two-shot rallies, player does not actively track and move towards the shuttlecock, no control over the placement of the shuttle.	
3. <b>Some Difficulty</b> - Three- or four-shot rallies, minimal movement towards the shuttlecock, no control over the placement of the shuttlecock.	
4. <b>Below Average</b> - Three- or four-shot rallies, minimal movement towards the shuttlecock, some control over the placement of the shuttlecock.	
5. <b>Average</b> - Multi-shot rallies, some movement towards the shuttlecock, some control over placement of the shuttlecock.	
6. <b>Good</b> - Multi-shot rallies, active movement towards the shuttlecock, good control over the placement of the shuttlecock.	
7. <b>Very Good</b> - sustained rallies, active and quick movement towards the shuttlecock, can both exert pressure on the opponent and withstand pressure from the opponent.	
8. <b>Exceptional</b> - Long and sustained rallies, quick and fluent movement, ability to execute a variety of strokes and to dictate the pace of rallies, excellent shot selection, and ability to anticipate.	

<b>Total Score</b>		<b>Specific Observations (if any)</b>		<b>Signature</b>	
<b>Player Rating</b>					