

SPECIAL OLYMPICS
COACH WEBINAR SERIES
2023

Webinar 1: Coaching MATP Athletes



Lions Clubs International
FOUNDATION

Presented by:



Motor Activities Training Program MATP



is our Special Olympics
movement-based sensory
sports program for athletes
with severe or profound
disabilities and complex
support needs



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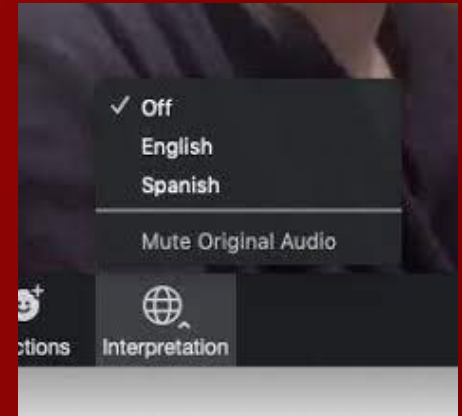


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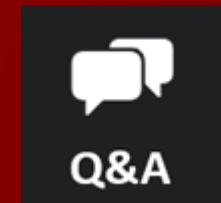
Simultaneous Interpretation

This webinar offers simultaneous interpretation in English, Spanish, French, Arabic, Chinese, Portuguese, Italian, and Russian

- Select the 'Interpretation' button at the bottom of the screen
- Select language



Q&A



Please ask any questions you have in the Q&A section



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Presented by:



Kiera Byland BEM

- Chair of Global Athlete Leader Congress
- Athlete – Cycling, Swimming and Horse Riding
- Coach – Cycling, Swimming, Young Athletes, MATP and Strong Minds
- SO Athlete Consultant



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Dr Niamh E Mourton

- Senior Manager of MATP
- Coach - Athletics, Alpine Skiing, Football, Basketball, Young Athletes, MATP and Strong Minds
- MATP Program Manager – growth from 30 to 3,000 MATP athletes



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MATP

Motor Activities Training Program
is our Special Olympics movement-
based sensory sports program for
athletes with severe or profound
disabilities and complex support needs



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Understanding our MATP athletes



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Creating a place for everybody and every ability in Special Olympics Sport



What meaningful sport opportunities are available for people with profound disabilities and complex support needs?



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What is MATP?

MATP® is a rolling program specifically designed to enable athletes with severe profound and multiple impairments and/or complex support needs to participate in sensory PE, physical activity and sports activity within Special Olympics

MATP Challenge Day

An opportunity for athletes to showcase their skills and to be recognised and celebrated for their personal challenge efforts



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MATP Core Set of Skill Areas

Dexterity

Kicking



Mobility

Striking

Swimming



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Benefits of MATP



- Increased physical activity that leads to improvement in motor skills, physical fitness and functional ability
- More opportunities to perform sports activities
- Development of a more positive self image through skill acquisition
- Greater family interaction through sport involvement
- More opportunities to develop friendships with other athletes, family members and engage the community



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MATP = Adapted Sensory Sport

It is the skill element of the sport and interest and sensory needs of the athlete that are important!

Be creative!



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Coaching Levels of Assistance

- **Full Assistance (level 1):**
The coach supports or assists the athlete with the entire movement
- **Partial Assistance (level 2):**
The coach may touch, guide or direct the athlete, but not support the athlete in the entire movement
- **Independent Movement (level 3):**
Athlete completes the movement or task without assistance from the coach



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Q&A



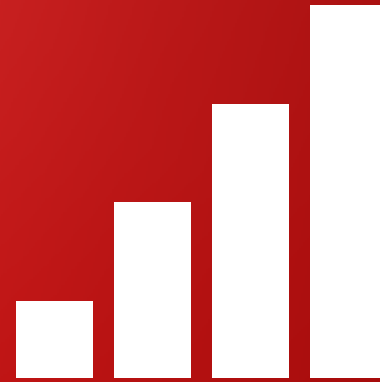
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POLL



- 1. Would you like more information on MATP?**
- 2. Would you like further training to become a MATP coach?**



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Resources

- Special Olympics offers fantastic resources for coaches to continue to learn and improve their coaching knowledge:
 - **Special Olympics Online Learning Portal**
 - **Special Olympics MATP Resource Page**



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Coach Webinar Series Dashboard



Special Olympics Coach Webinar Series 2023 Presented by Gallagher



The Special Olympics Coach Webinar Series, presented by Gallagher, is back for 2023. This year's Series will discuss topics chosen by you, the coaches, after some fantastic feedback following last year's series.

This page is your one stop shop for finding what you need from the series. Here you can register for each webinar, watch the recordings, submit your questions to our speakers and hosts, access resources like PDFs, slidedecks, and videos from the presentations, and access any translated materials we have.

We hope you enjoy this year's Coach Webinar Series, presented by Gallagher!

Simultaneous Interpretation Available in:

Português عربي 中国人 English Español Français Русский Italiano



Register Here:

Registration
Link:



SPECIAL OLYMPICS RESOURCES:

- | | |
|--|---|
| Sports & Coaching Resource ... | Special Olympics Online Lear... |
| Special Olympics Online Lear... | Fitness For Sports Coaches |
| Unified Sports Resource Page | Fit 5 Guide & Fitness Cards |
| Leadership Excellence | Fitness Assessment |
| Gallagher Mentorship Series | Sport Specific Coaching Guides |



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Next Webinar - Coaching Youth Athletes

- Thank you!
- merci!
- 谢谢你!
- ¡gracias!
- Спасибо!



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A promotional poster for a webinar. The background is a grayscale photo of a person, overlaid with a large red curved graphic. On the right, a color photo shows a young girl in a white t-shirt and grey pants, holding a blue paddle and standing next to a blue cone with a yellow ball on top. The text on the poster includes the Special Olympics logo, 'Presented by: Gallagher', the title 'Coaching Youth Athletes', 'LIVE ON ZOOM', the date 'OCTOBER 3RD', a list of speakers, the time '15:00 CET/9:00 EST', and a 'REGISTER NOW' button.

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Coaching Youth Athletes

LIVE ON ZOOM

OCTOBER 3RD

- ALVARO BROCHERO
- HAYLEY KAVANAGH
- HOLLY JACOBS & SEAN STAKE
UNIFIED CHAMPIONS SCHOOLS

15:00 CET/9:00 EST

REGISTER NOW

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Thank You!
See you next week!

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