

**Special
Olympics**



COACH WEBINAR SERIES

2025



Presented
by:



Gallagher

**DELIVERING
THE COACH
DEVELOPMENT
OPPORTUNITIES
YOU WANT**

**SO YOU CAN
PROVIDE THE BEST
TRAINING AND
COMPETITION
ENVIRONMENTS
FOR YOUR
ATHLETES**



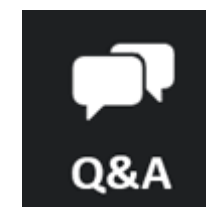
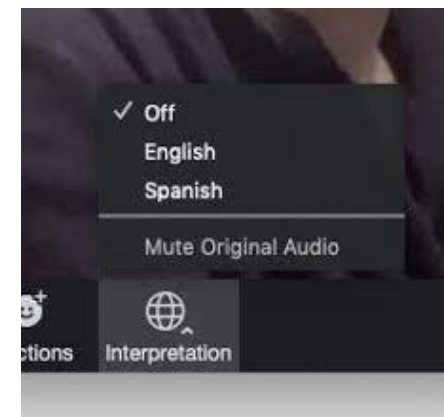
Simultaneous Interpretation

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Gallagher

This webinar offers simultaneous interpretation in English, Spanish, French, Arabic, Chinese, Portuguese, Italian, and Russian

- Select the 'Interpretation' button at the bottom of the screen
- Select language



Q&A

Please ask any questions you have in the Q&A section



**Special
Olympics**

CWS2025

Our Host



Qing Hui (QH)

*Athlete Leader & Assistant Coach,
Special Olympics Asia Pacific,
Special Olympics Singapore*



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CWS2025

COACHING STANDARDS

AT INTERNATIONAL COMPETITIONS



Qing Hui
SO Singapore



Daniel Guerra
SO Guatemala



Munkh-Od Batbaatar
SO Mongolia



Donna Bilous
SO Canada

Date:
October 14, 2025

Time
9am EST/3pm CET



SPECIAL OLYMPICS COACH WEBINAR SERIES 2025 PRESENTED BY GALLAGHER

Why we have standards?



- Our athletes have asked for it.
- Competition staff have asked for it.
- Ensure athlete safety.
- Benefit our coaching workforce.



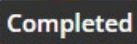
When and What Sports?

The 15 sports that will require Head Coaches to have sport-specific certification are:

- Artistic Gymnastics
- Badminton
- Basketball 3x3
- Basketball 5v5
- Cycling
- Equestrian
- Football
- Futsal
- Hockey
- MATP
- Open Water Swimming
- Powerlifting
- Swimming
- Tennis
- Triathlon



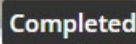
Required Education:



Sport_World Games Coach Preparation

EN

E-learning



Sport Rules Article 1 English Course

EN

E-learning

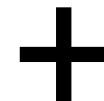


Sport: Special Olympics Unified Sports Coaching Course

EN

E-learning

*Only if you are coaching a Unified Sport



NEW: Sport-Specific Certification



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Daniel Guerra

*Triathlete,
Athlete Leader,
Special Olympics Latin America,
Special Olympics Guatemala.*



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Donna Bilous

*Coach,
Special Olympics Canada.*



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Coach Development

Impacts

Credibility

Coaching Competency

Ethical standards

Safety and Well-being

Expands Networks

Fosters ongoing development and opportunities

My experience



Pathway to Coaching Excellence

How do we get there?

Passion

Life long learning

Know your sport

Mentors

Resources





Munkh-Od Batbaatar

*Program Staff,
Special Olympics Mongolia.*



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About myself – Batbaatar Munkh-Od



- Age 40
- I have two boys
- Lived and study in the USA and EU
- Work in SO Mongolia since 2022
- Nephew – Autism





MONGOLIA

- Population 3.600.000
- Ulaanbaatar city 1.600.000
- 18th largest country in the world
- 21 Province
- 4 Season / Coldest capital city in the world /
- Country with richest history and culture / Chinggis Khan /
- Buddhism, Christianity, Muslim, Shamanism,



Special Olympics Mongolia



***Special
Olympics
Mongolia***

- 2013 Established
- 112,00 Disability people
- + 30.000 intellectual Disability
- + 300 coaches
- + 6000 athletes
- + 400 Volunteers



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Coach training and coach development

Coach training in Ulaanbaatar



Coach training in Eastern Mongolia



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Coach training and coach development

Coach training program in Western Mongolia 1600km away from the Capital city.



Challenge for find a new coach



- Educational program
- Lack of coherence in training and program systems
- Lack of qualified human resources training
- Less Salary and benefits
- No Social support and mental support/ Burn out
- Lack of material resources and infrastructure
- Weak social awareness and attitude



Challenges for present coaches



CHALLENGE

- Language
- Age / Most of the coaches over +40/
- Distance and location
- Professional sport coaching experience / certificate
- Less Salary and Benefits
- No social and mental support



Advantage



- Supports the development and participation of every child.
- Improvement quality of education
- Social awareness of attitude will become positive.
- New job of opportunities and professional pathway will be created



Collobration sport federation of Mongolia



istock.com · 1349185

- Basketball Federation
- Volleyball Federation
- Floorball federation
- Bocce Federation
- Dance Federation
- Football federation
- Swimming federation

Volleyball team –Unified team



- 12 female athletes
- 2 Professional federation certified coaches
- Female coach A.Naranchimeg
- Male coach B.Mungunkhuyag
- 1 ambassador from Mongolian Volleyball federation and member of East Asian Referee



Special Olympics Mongolia

“SPECIAL OLYMPICS
ATHLETES
ARE real ATHLETES
WHO TRAIN
WITH real
COACHES.”

Amanda Michelle



**Special
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Mongolia



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Q&A





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RESOURCES

Categories

General

Protective Behaviors

event

Online Module

the event.



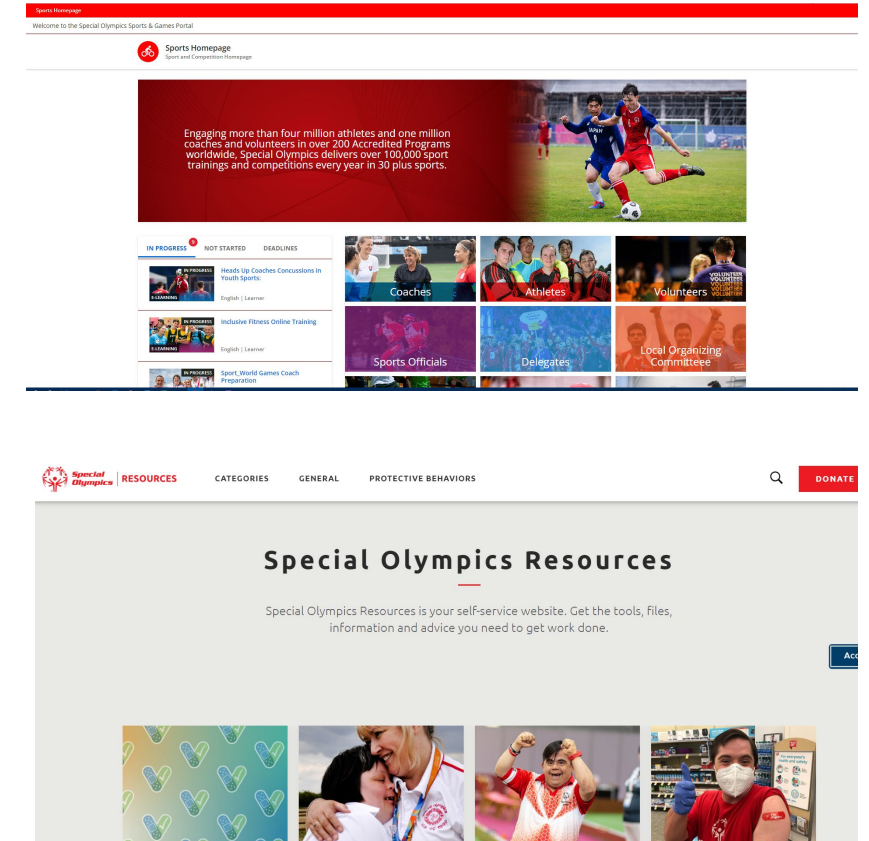
Coaching Standards at International Competitions will be applied for Head Coaches from 2027 World Games onwards

- These standards are mandatory for **all Head coaches**, with additional sport specific standards introduced in the 15 sports listed below
- Head Coaches in each of these sports are required to have a sport-specific certification (or equivalent) to the set standard, or above
- Equivalence will be determined by review with Regional Sport Director, Global Registration Team member and/or Special Olympics Sport Regional/Global Sport Advisor, SOI Coach Development Team

Coaching Resources

Special Olympics offers fantastic resources for coaches to continue to learn and improve their coaching knowledge:

- **Special Olympics Online Learning Portal**
- **Special Olympics Resource Page**



Coaching Resources



"I feel good to lead my teammates in team warm-ups, get them motivated and warmed up. I like to help them feel good and give ideas for a healthy lifestyle and lead by example. I like to lead. I hope to get my teammates to improve at least one thing about their health. **My job as Fitness Captain is very important.**"

Vince Egan, Special Olympics Colorado



Sport Categorization Survey

Introduction

Special Olympics has created a new system to group sports by shared traits. This helps coaches and athletes by making training more focused, using resources more efficiently, and improving how programs are delivered.

Sports are grouped into four categories using two key factors:

- The predominant performance component of the sport
- The exercise intensity of the sport

We know every sport is unique, and sport-specific training is ideal. But when that's not possible, grouping similar sports can still offer many benefits!

Special Olympics Sport Categories Predominant Component

1. **Stamina Sports:** Focus on long-lasting effort and endurance
2. **Strength Sports:** Require powerful, explosive movements using muscle strength and speed
3. **Skill Sports:** Center on coordination, control, and technique, with less focus on strength or endurance
4. **Mixed Sports:** Combine physical fitness and technical skill, with success depending on strategy and overall performance

Exercise Intensity

- **Low:** These sports involve light physical effort or a slower pace. They focus more on skill, accuracy, or strategy than on physical exertion.
- **Medium:** These sports require a balance of movement, strength, and coordination. They involve steady effort with some opportunities for rest or recovery.
- **High Intensity:** These sports demand a lot from the body - through speed, power, strength, or nonstop activity. They often involve sustained effort with little recovery time.





2025 Special Olympics Coach Webinar Series Presented by Gallagher



The Special Olympics Coach Webinar Series, presented by Gallagher, is back for 2025. This year's series will discuss topics chosen by you, and take a deep dive into 2 specific coaching topics.

Webinar 1 - October 14: **Coaching Standards at International Competitions**

Webinar 2 - October 16: **How can I Become a Better Coach?**

This page is your one stop shop for finding what you need from the series. Here you can register for each webinar, watch the recordings, submit your questions to our speakers and hosts, access resources like PDFs, slideshows, and videos from the presentations, and access any translated materials we have.

We hope you enjoy this year's Coach Webinar Series, presented by Gallagher!

Simultaneous Interpretation Available in:

Português

عربي

中国人

English

Español

Français

Русский

Italiano



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[Special Olympics Online Lear...](#)

[Unified Sports Resource Page](#)

[Leadership Excellence](#)

[Fitness For Sports Coaches](#)

[Sport Specific Coaching Guides](#)

[Fitness Captains](#)

[Coaching Newsletter](#)



**TUESDAY
OCTOBER
14**

COACHING STANDARDS
AT INTERNATIONAL
COMPETITIONS

**THURSDAY
OCTOBER
16**

HOW CAN I BECOME A
BETTER COACH?

COACH WEBINAR SERIES 2025

2025 Registration

[Register here](#)



Special Olympics



Next Webinar

HOW CAN I BECOME A BETTER COACH?



Pablo Composto
SO Argentina



Jenny Wolf
SO Germany



Bettina Callary
Cape Breton University

Date: October 16, 2025	Time 9am EST/3pm CET
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Thank You!

See You on the Next Webinar!



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