

2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL A - UNEVEN PARALLEL BARS - PANEL D

MAXIMUM FINAL SCORE = 10.00

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: A	
PERFORMED SEATED IN A WHEELCHAIR, ON A MAT BLOCK OR ON THE FLOOR - MAY USE LOW BAR OR HANDHELD BAR	START VALUE 8.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
1. SALUTE TO JUDGE	1.00	_____	Coaching, each time - Max 4.00				
2. GRASP BAR IN OVER-GRIP	2.00	_____	- Physical assistance. Spot a component, fall	0.50		DIFFICULTY	
3. CHANGE ONE HAND TO UNDER-GRIP	1.00	_____	- Verbal assistance	0.30			
4. CHANGE THE OTHER HAND TO UNDER-GRIP	1.00	_____	- Signals	0.10		NEUTRAL DEDUCTION	
5. RELEASE BAR	2.00	_____	* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook				
6. SALUTE TO JUDGE	1.00	_____				FINAL D SCORE (MAX 8.00)	
Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: A	
PERFORMED SEATED IN A WHEELCHAIR, ON A MAT BLOCK OR ON THE FLOOR - MAY USE LOW BAR OR HANDHELD BAR	START VALUE 8.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
1. SALUTE TO JUDGE	1.00	_____	Coaching, each time - Max 4.00				
2. GRASP BAR IN OVER-GRIP	2.00	_____	- Physical assistance. Spot a component , fall	0.50		DIFFICULTY	
3. CHANGE ONE HAND TO UNDER-GRIP	1.00	_____	- Verbal assistance	0.30			
4. CHANGE THE OTHER HAND TO UNDER-GRIP	1.00	_____	- Signals	0.10		NEUTRAL DEDUCTION	
5. RELEASE BAR	2.00	_____	* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook				
6. SALUTE TO JUDGE	1.00	_____				FINAL D SCORE (MAX 8.00)	
Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: A	
PERFORMED SEATED IN A WHEELCHAIR, ON A MAT BLOCK OR ON THE FLOOR - MAY USE LOW BAR OR HANDHELD BAR	START VALUE 8.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
1. SALUTE TO JUDGE	1.00	_____	Coaching, each time - Max 4.00				
2. GRASP BAR IN OVER-GRIP	2.00	_____	- Physical assistance. Spot a component, fall	0.50		DIFFICULTY	
3. CHANGE ONE HAND TO UNDER-GRIP	1.00	_____	- Verbal assistance	0.30			
4. CHANGE THE OTHER HAND TO UNDER-GRIP	1.00	_____	- Signals	0.10		NEUTRAL DEDUCTION	
5. RELEASE BAR	2.00	_____	* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook				
6. SALUTE TO JUDGE	1.00	_____				FINAL D SCORE (MAX 8.00)	
Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: A	
PERFORMED SEATED IN A WHEELCHAIR, ON A MAT BLOCK OR ON THE FLOOR - MAY USE LOW BAR OR HANDHELD BAR	START VALUE 8.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
1. SALUTE TO JUDGE	1.00	_____	Coaching, each time - Max 4.00				
2. GRASP BAR IN OVER-GRIP	2.00	_____	- Physical assistance. Spot a component, fall	0.50		DIFFICULTY	
3. CHANGE ONE HAND TO UNDER-GRIP	1.00	_____	- Verbal assistance	0.30			
4. CHANGE THE OTHER HAND TO UNDER-GRIP	1.00	_____	- Signals	0.10		NEUTRAL DEDUCTION	
5. RELEASE BAR	2.00	_____	* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook				
6. SALUTE TO JUDGE	1.00	_____				FINAL D SCORE (MAX 8.00)	
Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: A	
PERFORMED SEATED IN A WHEELCHAIR, ON A MAT BLOCK OR ON THE FLOOR - MAY USE LOW BAR OR HANDHELD BAR	START VALUE 8.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
1. SALUTE TO JUDGE	1.00	_____	Coaching, each time - Max 4.00				
2. GRASP BAR IN OVER-GRIP	2.00	_____	- Physical assistance. Spot a component, fall	0.50		DIFFICULTY	
3. CHANGE ONE HAND TO UNDER-GRIP	1.00	_____	- Verbal assistance	0.30			
4. CHANGE THE OTHER HAND TO UNDER-GRIP	1.00	_____	- Signals	0.10		NEUTRAL DEDUCTION	
5. RELEASE BAR	2.00	_____	* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook				
6. SALUTE TO JUDGE	1.00	_____				FINAL D SCORE (MAX 8.00)	

**2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL A - UNEVEN PARALLEL BARS - PANEL E**

2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS LEVEL A - UNEVEN PARALLEL BARS - PANEL E			
WHEELCHAIR OR WALKER ROUTINE	NOTES	EXECUTION	
1. SALUTE TO JUDGE 2. GRASP BAR IN OVER-GRIP 3. CHANGE ONE HAND TO UNDER-GRIP 4. CHANGE THE OTHER HAND TO UNDER-GRIP 5. RELEASE BAR 6. SALUTE TO JUDGE	MAY USE FLOOR BAR OR SIT ON STACK MATS OR A WHEELCHAIR UNDER LOW BAR	MAXIMUM 2.00	
Athlete's Name:			
BIB Number:		Level: A	
		TABLUATE	SCORE
		EXECUTION	
		FINAL E SCORE (MAX 2.00)	
Athlete's Name:			
BIB Number:		Level: A	
		TABLUATE	SCORE
		EXECUTION	
		FINAL E SCORE (MAX 2.00)	
Athlete's Name:			
BIB Number:		Level: A	
		TABLUATE	SCORE
		EXECUTION	
		FINAL E SCORE (MAX 2.00)	
Athlete's Name:			
BIB Number:		Level: A	
		TABLUATE	SCORE
		EXECUTION	
		FINAL E SCORE (MAX 2.00)	

2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS

LEVEL B - UNEVEN PARALLEL BARS - PANEL D

MAXIMUM FINAL SCORE = 10.00

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: B	
ROUTINE	START VALUE	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
<i>NOTE: FROM SITTING POSTION ON STACK MATS UNDER LOW BAR</i>							
1. SALUTE TO JUDGE	0.50		Coaching, each time - Max 4.00 - Physical assistance, Spot a component, fall - Verbal assistance - Signals <i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>	0.50 0.30 0.10		DIFFICULTY NEUTRAL DEDUCTION FINAL D SCORE (MAX 8.00)	
2. GRASP LOW BAR IN OVER-GRIP	1.00						
3. SHOW PIKE LEG POSITION	1.00						
4. SHOW STRADDLE LEG POSITION	1.00						
5. SHOW PIKE LEG POSITION	1.00						
6. SHOW TUCKED LEG POSITION	1.00						
7. CHANGE ONE HAND TO UNDER-GRIP	1.00						
8. CHANGE THE OTHER HAND TO UNDER-GRIP	1.00						
9. RELEASE BAR, SALUTE TO JUDGE	0.50						
Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: B	
ROUTINE	START VALUE	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
<i>NOTE: FROM SITTING POSTION ON STACK MATS UNDER LOW BAR</i>							
1. SALUTE TO JUDGE	0.50		Coaching, each time - Max 4.00 - Physical assistance, Spot a component, fall - Verbal assistance - Signals <i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>	0.50 0.30 0.10		DIFFICULTY NEUTRAL DEDUCTION FINAL D SCORE (MAX 8.00)	
2. GRASP LOW BAR IN OVER-GRIP	1.00						
3. SHOW PIKE LEG POSITION	1.00						
4. SHOW STRADDLE LEG POSITION	1.00						
5. SHOW PIKE LEG POSITION	1.00						
6. SHOW TUCKED LEG POSITION	1.00						
7. CHANGE ONE HAND TO UNDER-GRIP	1.00						
8. CHANGE THE OTHER HAND TO UNDER-GRIP	1.00						
9. RELEASE BAR, SALUTE TO JUDGE	0.50						
Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: B	
ROUTINE	START VALUE	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
<i>NOTE: FROM SITTING POSTION ON STACK MATS UNDER LOW BAR</i>							
1. SALUTE TO JUDGE	0.50		Coaching, each time - Max 4.00 - Physical assistance, Spot a component, fall - Verbal assistance - Signals <i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>	0.50 0.30 0.10		DIFFICULTY NEUTRAL DEDUCTION FINAL D SCORE (MAX 8.00)	
2. GRASP LOW BAR IN OVER-GRIP	1.00						
3. SHOW PIKE LEG POSITION	1.00						
4. SHOW STRADDLE LEG POSITION	1.00						
5. SHOW PIKE LEG POSITION	1.00						
6. SHOW TUCKED LEG POSITION	1.00						
7. CHANGE ONE HAND TO UNDER-GRIP	1.00						
8. CHANGE THE OTHER HAND TO UNDER-GRIP	1.00						
9. RELEASE BAR, SALUTE TO JUDGE	0.50						

**2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL B - UNEVEN PARALLEL BARS - PANEL E**

ROUTINE	NOTES	EXECUTION	
1. SALUTE TO JUDGE 2. GRASP LOW BAR IN OVER-GRIP 3. SHOW PIKE LEG POSITION 4. SHOW STRADDLE LEG POSITION 5. SHOW PIKE LEG POSITION 6. SHOW TUCKED LEG POSITION 7. CHANGE ONE HAND TO UNDER-GRIP 8. CHANGE THE OTHER HAND TO UNDER-GRIP 9. RELEASE BAR, SALUTE TO JUDGE	START FROM SITTING POSTION ON STACK MATS UNDER LOW BAR MAY USE HAND HELD SINGLE BAR OR LOW BAR ON UNEVEN BARS	MAXIMUM 2.00	
Athlete's Name: _____ BIB Number: _____ Level: B			
		TABLUATE	SCORE
		EXECUTION	
		FINAL E SCORE (MAX 2.00)	
Athlete's Name: _____ BIB Number: _____ Level: B			
		TABLUATE	SCORE
		EXECUTION	
		FINAL E SCORE (MAX 2.00)	
Athlete's Name: _____ BIB Number: _____ Level: B			
		TABLUATE	SCORE
		EXECUTION	
		FINAL E SCORE (MAX 2.00)	
Athlete's Name: _____ BIB Number: _____ Level: B			
		TABLUATE	SCORE
		EXECUTION	
		FINAL E SCORE (MAX 2.00)	

2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL C - UNEVEN PARALLEL BARS - PANEL E

ROUTINE	NOTES	EXECUTION	
HIGH BAR: 1. SHOW LONG HANG POSITION 2. SHOW TUCKED LEG POSITION 3. SHOW LONG HANG POSITION 4. SHOW STRADDLE LEG POSITION 5. SHOW LONG HANG POSITION 6. RELEASE AND DROP TO LANDING MAT LOW BAR: 7. JUMP TO FRONT SUPPORT 8. CAST OFF DISMOUNT		MAXIMUM 2.00	
Athlete's Name:	BIB Number:	Level: C	
		TABLULATE	SCORE
		EXECUTION	
		FINAL E SCORE (MAX 2.00)	
Athlete's Name:	BIB Number:	Level: C	
		TABLULATE	SCORE
		EXECUTION	
		FINAL E SCORE (MAX 2.00)	
Athlete's Name:	BIB Number:	Level: C	
		TABLULATE	SCORE
		EXECUTION	
		FINAL E SCORE (MAX 2.00)	
Athlete's Name:	BIB Number:	Level: C	
		TABLULATE	SCORE
		EXECUTION	
		FINAL E SCORE (MAX 2.00)	

2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS

LEVEL 1 - UNEVEN PARALLEL BARS - PANEL D

MAXIMUM FINAL SCORE = 19.50 WITHOUT BONUS OR 20.00 WITH BONUS

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: 1	
ROUTINE	START VALUE 9.50 OR 10.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
HIGH BAR:			Coaching, each time - Max 4.00				
1. SHOW LONG HANG POSITION	0.50	_____	- Physical assistance, Spot a component	0.50	_____	DIFFICULTY	
2. SHOW TUCKED LEG POSITION, 2 SECOND HOLD	1.00	_____	- Verbal assistance	0.30	_____		
3. SHOW LONG HANG POSITION, NO HOLD	1.00	_____	- Signals	0.10	_____		
3. SHOW STRADDLE LEG POSITION, 2 SECOND HOLD	1.00	_____	Failure to present before and/or after exercise	0.10 each	_____		
4. SHOW LONG HANG POSITION, NO HOLD	1.00	_____	Failure to remove board or mounting surface	0.30	_____	NEUTRAL DEDUCTION	
5. RELEASE AND DROP TO LANDING MAT	1.00	_____	Short Exercise - 4 elements or less	2.00	_____		
LOW BAR:			<i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>			FINAL D SCORE (MAX 10.00)	
6. JUMP TO FRONT SUPPORT	1.50	_____					
7. CAST, RETURN TO BAR	1.50	_____					
8A. CAST OFF DISMOUNT	1.00	_____					
OR (INCLUDES BONUS)							
8B. TUCKED FORWARD ROLL DISMOUNT	1.50	_____					

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: 1	
ROUTINE	START VALUE 9.50 OR 10.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
HIGH BAR:			Coaching, each time - Max 4.00				
1. SHOW LONG HANG POSITION	0.50	_____	- Physical assistance, Spot a component	0.50	_____	DIFFICULTY	
2. SHOW TUCKED LEG POSITION, 2 SECOND HOLD	1.00	_____	- Verbal assistance	0.30	_____		
3. SHOW LONG HANG POSITION, NO HOLD	1.00	_____	- Signals	0.10	_____		
3. SHOW STRADDLE LEG POSITION, 2 SECOND HOLD	1.00	_____	Failure to present before and/or after exercise	0.10 each	_____		
4. SHOW LONG HANG POSITION, NO HOLD	1.00	_____	Failure to remove board or mounting surface	0.30	_____	NEUTRAL DEDUCTION	
5. RELEASE AND DROP TO LANDING MAT	1.00	_____	Short Exercise - 4 elements or less	2.00	_____		
LOW BAR:			<i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>			FINAL D SCORE (MAX 10.00)	
6. JUMP TO FRONT SUPPORT	1.50	_____					
7. CAST, RETURN TO BAR	1.50	_____					
8A. CAST OFF DISMOUNT	1.00	_____					
OR (INCLUDES BONUS)							
8B. TUCKED FORWARD ROLL DISMOUNT	1.50	_____					

**2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL 1 - UNEVEN PARALLEL BARS - PANEL E**

2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS LEVEL 1 - UNEVEN PARALLEL BARS - PANEL E			
ROUTINE	NOTES	EXECUTION	
HIGH BAR: 1. SHOW LONG HANG POSITION 2. SHOW TUCKED LEG POSITION, 2 SECOND HOLD 3. SHOW LONG HANG POSITION, NO HOLD 3. SHOW STRADDLE LEG POSITION, 2 SECOND HOLD 4. SHOW LONG HANG POSITION, NO HOLD 5. RELEASE AND DROP TO LANDING MAT LOW BAR: 6. JUMP TO FRONT SUPPORT 7. CAST, RETURN TO BAR 8A. CAST OFF DISMOUNT BONUS 8B. TUCKED FORWARD ROLL DISMOUNT	GYMNAST HAS THE OPTION TO CHOOSE ONE OF TWO DISMOUNT SKILLS EXECUTION DEDUCTIONS APPLY TO ALL SKILLS	MAXIMUM 10.00	
Athlete's Name:		BIB Number:	
		Level: 1	
		TABLUATE	SCORE
		EXECUTION	_____
		FINAL E SCORE (MAX 10.00)	- _____ -

Athlete's Name:		BIB Number:	
		Level: 1	
		TABLUATE	SCORE
		EXECUTION	_____
		FINAL E SCORE (MAX 10.00)	- _____ -

Athlete's Name:		BIB Number:	
		Level: 1	
		TABLUATE	SCORE
		EXECUTION	_____
		FINAL E SCORE (MAX 10.00)	- _____ -

Athlete's Name:		BIB Number:	
		Level: 1	
		TABLUATE	SCORE
		EXECUTION	_____
		FINAL E SCORE (MAX 10.00)	- _____ -

2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS

LEVEL 2 - UNEVEN PARALLEL BARS - PANEL D

MAXIMUM FINAL SCORE = 18.00 WITHOUT BONUS OR 20.00 WITH BONUS

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: 2	
ROUTINE	START VALUE 8.00 OR 10.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
HIGH BAR:			Coaching, each time - Max 4.00				
1. LEAN INTO HIGH BAR TO TAP SWING FORWARD	1.00	_____	- Physical assistance, Spot a component	0.50	_____	DIFFICULTY	_____
2. COUNTER-SWING BACKWARD	1.00	_____	- Verbal assistance	0.30	_____		_____
3. TAP SWING FORWARD	1.00	_____	- Signals	0.10	_____	NEUTRAL DEDUCTION	_____
4. COUNTER-SWING BACKWARD	1.00	_____	Failure to present before and/or after exercise	0.10 each	_____		_____
5. RELEASE AND DROP TO LANDING MAT	1.00	_____	Failure to remove board or mounting surface	0.30	_____		_____
LOW BAR:			Short Exercise - 4 elements or less				
6A. JUMP TO FRONT SUPPORT ON LOW BAR <u>OR</u>	1.00	_____	* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook	2.00	_____	FINAL D SCORE (MAX 10.00)	_____
6B. PULLOVER MOUNT (BONUS) <u>OR</u>	2.00	_____			_____		_____
6C. KICKOVER MOUNT (BONUS)	2.00	_____			_____		_____
7. STRAIGHT ARM CAST - HIPS CLEAR BAR	1.00	_____			_____		_____
8A. CAST OFF DISMOUNT <u>OR</u>	1.00	_____			_____		_____
8B. TUCKED FORWARD ROLL DISMOUNT (BONUS)	2.00	_____			_____		_____

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: 2	
ROUTINE	START VALUE 8.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
HIGH BAR:			Coaching, each time - Max 4.00				
1. LEAN INTO HIGH BAR TO TAP SWING FORWARD	1.00	_____	- Physical assistance, Spot a component	0.50	_____	DIFFICULTY	_____
2. COUNTER-SWING BACKWARD	1.00	_____	- Verbal assistance	0.30	_____		_____
3. TAP SWING FORWARD	1.00	_____	- Signals	0.10	_____	NEUTRAL DEDUCTION	_____
4. COUNTER-SWING BACKWARD	1.00	_____	Failure to present before and/or after exercise	0.10 each	_____		_____
5. RELEASE AND DROP TO LANDING MAT	1.00	_____	Failure to remove board or mounting surface	0.30	_____		_____
LOW BAR:			Short Exercise - 4 elements or less				
6A. JUMP TO FRONT SUPPORT ON LOW BAR <u>OR</u>	1.00	_____	* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook	2.00	_____	FINAL D SCORE (MAX 10.00)	_____
6B. PULLOVER MOUNT (BONUS) <u>OR</u>	2.00	_____			_____		_____
6C. KICKOVER MOUNT (BONUS)	2.00	_____			_____		_____
7. STRAIGHT ARM CAST - HIPS CLEAR BAR	1.00	_____			_____		_____
8A. CAST OFF DISMOUNT <u>OR</u>	1.00	_____			_____		_____
8B. TUCKED FORWARD ROLL DISMOUNT (BONUS)	2.00	_____			_____		_____

Athlete's Name/BIB Number:			D SCORE _____ + E SCORE _____ = FINAL SCORE _____			Level: 2	
ROUTINE	START VALUE 8.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
HIGH BAR:			Coaching, each time - Max 4.00				
1. LEAN INTO HIGH BAR TO TAP SWING FORWARD	1.00	_____	- Physical assistance, Spot a component	0.50	_____	DIFFICULTY	_____
2. COUNTER-SWING BACKWARD	1.00	_____	- Verbal assistance	0.30	_____		_____
3. TAP SWING FORWARD	1.00	_____	- Signals	0.10	_____	NEUTRAL DEDUCTION	_____
4. COUNTER-SWING BACKWARD	1.00	_____	Failure to present before and/or after exercise	0.10 each	_____		_____
5. RELEASE AND DROP TO LANDING MAT	1.00	_____	Failure to remove board or mounting surface	0.30	_____		_____
LOW BAR:			Short Exercise - 4 elements or less				
6A. JUMP TO FRONT SUPPORT ON LOW BAR <u>OR</u>	1.00	_____	* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook	2.00	_____	FINAL D SCORE (MAX 10.00)	_____
6B. PULLOVER MOUNT (BONUS) <u>OR</u>	2.00	_____			_____		_____
6C. KICKOVER MOUNT (BONUS)	2.00	_____			_____		_____
7. STRAIGHT ARM CAST - HIPS CLEAR BAR	1.00	_____			_____		_____
8A. CAST OFF DISMOUNT <u>OR</u>	1.00	_____			_____		_____
8B. TUCKED FORWARD ROLL DISMOUNT (BONUS)	2.00	_____			_____		_____

**2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL 2 - UNEVEN PARALLEL BARS - PANEL E**

2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS LEVEL 2 - UNEVEN PARALLEL BARS - PANEL E			
ROUTINE	NOTES	EXECUTION	
HIGH BAR: 1. LEAN INTO HIGH BAR TO TAP SWING FORWARD 2. COUNTER-SWING BACKWARD 3. TAP SWING FORWARD 4. COUNTER-SWING BACKWARD 5. RELEASE AND DROP TO LANDING MAT LOW BAR: 6A. JUMP TO FRONT SUPPORT ON LOW BAR <u>OR</u> 6B. PULLOVER MOUNT (BONUS) <u>OR</u> 6C. KICKOVER MOUNT (BONUS) 7. STRAIGHT ARM CAST - HIPS CLEAR BAR 8A. CAST OFF DISMOUNT <u>OR</u> 8B. TUCKED FORWARD ROLL DISMOUNT (BONUS)	GYMNAST HAS THE OPTION TO CHOOSE ONE OF THREE LOW BAR MOUNTS GYMNAST HAS THE OPTION TO CHOOSE ONE OF TWO LOW BAR DISMOUNTS EXECUTION DEDUCTIONS APPLY TO ALL SKILLS	MAXIMUM 10.00	
Athlete's Name:		BIB Number:	
		Level: 2	
		TABLUATE	SCORE
		EXECUTION	_____
		FINAL E SCORE (MAX 10.00)	- _____ _____
			-
Athlete's Name:		BIB Number:	
		Level: 2	
		TABLUATE	SCORE
		EXECUTION	_____
		FINAL E SCORE (MAX 10.00)	- _____ _____
			-
Athlete's Name:		BIB Number:	
		Level: 2	
		TABLUATE	SCORE
		EXECUTION	_____
		FINAL E SCORE (MAX 10.00)	- _____ _____
			-
Athlete's Name:		BIB Number:	
		Level: 2	
		TABLUATE	SCORE
		EXECUTION	_____
		FINAL E SCORE (MAX 10.00)	- _____ _____
			-

2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL 3 - UNEVEN PARALLEL BARS - PANEL D

MAXIMUM FINAL SCORE = 20.00

D Score _____ E Score _____ = Final Score _____

DIFFICULTY - 6 SKILLS	VALUE MAX 8.00			SPECIAL REQUIREMENTS	VALUE MAX 2.00	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION
RECOGNIZABLE SKILLS EACH FIG A <i>NOTE; SKILLS COUNT TWICE FOR VALUE</i>	1.00 1.50			1 - PULLOVER OR KICKOVER MOUNT 2 - CAST TO MINIMUM 45° 3 - CIRCLING SKILL, FORWARD OR BACKWARD 4 - SWINGING DISMOUNT FROM HIGH BAR, WITH/WITHOUT TURN	0.50 EACH	Coaching, each time - Max 4.00 - Physical assistance, Spot a component - Verbal assistance - Signals Failure to present before and/or after exercise Failure to remove board or mounting surface Short Exercise - 4 elements or less Less than 3 skills on either bar (3 high, 3 low bar) Performance of a FIG B or higher element <i>* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook</i>	0.50 0.30 0.10 0.10 each 0.30 2.00 1.00 VOID

Athlete's Name/BIB Number: _____ D SCORE _____ + E SCORE _____ = FINAL SCORE _____ Level: 3

	TABLUATE	SCORE
	# OF RECOGNIZABLE SKILLS	
	# OF FIG A'S	
	RHYTHM/SWING	
	DIFFICULTY TOTAL (MAX 8.00)	_____
	SPECIAL REQUIREMENTS (MAX 2.00)	_____
	NEUTRAL DEDUCTION	_____
	FINAL D SCORE (MAX 10.00)	_____

Athlete's Name/BIB Number: _____ D SCORE _____ + E SCORE _____ = FINAL SCORE _____ Level: 3

	TABLUATE	SCORE
	# OF RECOGNIZABLE SKILLS	
	# OF FIG A'S	
	RHYTHM/SWING	
	DIFFICULTY TOTAL (MAX 8.00)	_____
	SPECIAL REQUIREMENTS (MAX 2.00)	_____
	NEUTRAL DEDUCTION	_____
	FINAL D SCORE (MAX 10.00)	_____

Athlete's Name/BIB Number: _____ D SCORE _____ + E SCORE _____ = FINAL SCORE _____ Level: 3

	TABLUATE	SCORE
	# OF RECOGNIZABLE SKILLS	
	# OF FIG A'S	
	RHYTHM/SWING	
	DIFFICULTY TOTAL (MAX 8.00)	_____
	SPECIAL REQUIREMENTS (MAX 2.00)	_____
	NEUTRAL DEDUCTION	_____
	FINAL D SCORE (MAX 10.00)	_____

2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL 3 - UNEVEN PARALLEL BARS - PANEL E

EXECUTION DEDUCTIONS	DEDUCT	EVENT SPECIFIC EXECUTION DEDUCTIONS	DEDUCT	REQUIREMENTS	MAXIMUM SCORE	
GENERAL FAULTS, APPLY TO ALL SKILLS - SMALL FAULTS - MEDIUM FAULTS - LARGE FAULTS - FALLS, EACH TIME	0.10 0.30 0.50 1.00	- HESITATION, POOR RHYTHM OF ELEMENT - INSUFFICIENT SWINGFUL ELEMENT - BRUSH/TOUCH MAT WITH FEET - ADDITIONAL SWING/LEG PUMP BETWEEN ELEMENTS, EACH - INSUFFICIENT SWINGFUL ROUTINE - NO ATTEMPT TO PERFORM A DISMOUNT	0.10 0.10 0.30 0.30 0.50 0.50	1 - PULLOVER OR KICKOVER MOUNT 2 - CAST TO MINIMUM 45° 3 - CIRCLING SKILL, FORWARD OR BACKWARD 4 - SWINGING DISMOUNT FROM HIGH BAR, WITH/WITHOUT TURN	10.00	
Athlete's Name:		BIB Number:		Level: 3		
					TABLUATE	SCORE
					EXECUTION	
					FINAL E SCORE (MAX 10.00)	
Athlete's Name:		BIB Number:		Level: 3		
					TABLUATE	SCORE
					EXECUTION	
					FINAL E SCORE (MAX 10.00)	
Athlete's Name:		BIB Number:		Level: 3		
					TABLUATE	SCORE
					EXECUTION	
					FINAL E SCORE (MAX 10.00)	
Athlete's Name:		BIB Number:		Level: 3		
					TABLUATE	SCORE
					EXECUTION	
					FINAL E SCORE (MAX 10.00)	

2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL 4 - UNEVEN PARALLEL BARS - PANEL D

MAXIMUM FINAL SCORE = 20.00

D Score _____ E Score _____ = Final Score _____

DIFFICULTY - TOP 8 HIGHEST VALUE SKILLS	VALUE MAX 7.50	BONUS	VALUE MAX 0.50	SPECIAL REQUIREMENTS	VALUE MAX 2.00	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION
RECOGNIZABLE SKILLS, EACH	0.50	A+A	0,10	1 - CAST TO MINIMUM 45°	0.50 EACH	Coaching, each time - Max 4.00	
FIG A, EACH	1.00	B, A+B	0.20	2 - CIRCLING ELEMENT, FORWARD OR BACKWARD		- Physical assistance, Spot a component	0.50
FIG B OR HIGHER, EACH	1.50	C, B+B	0.30	3 - ADDITIONAL CIRCLING ELEMENT		- Verbal assistance	0.50
				4 - SWINGING ELEMENT OR ADDITIONAL CIRCLING ELEMENT		- Signals	0.30
NOTE: SKILLS COUNT TWICE FOR VALUE						Failure to present before and/or after exercise	0.10 each
						Failure to remove board or mounting surface	0.30
						Short Exercise - 5 elements or less	2.00
						Less than 4 skills on either bar (4 high, 4 low bar)	1.00
						* In addition, deduct for any applicable neutral deduction listed in the Judges Handbook	

Athlete's Name/BIB Number: _____ D SCORE _____ + E SCORE _____ = FINAL SCORE _____ Level: 4

TABLULATE	SCORE
# OF RECOGNIZABLE SKILLS	
# OF FIG A'S	
# OF FIG B'S OR HIGHER	
DIFFICULTY TOTAL (MAX 7.50)	_____
SPECIAL REQUIREMENTS (MAX 2.00)	_____
BONUS: (MAX +0.50)	_____
NEUTRAL DEDUCTION	_____
FINAL D SCORE (MAX 10.00)	_____

Athlete's Name/BIB Number: _____ D SCORE _____ + E SCORE _____ = FINAL SCORE _____ Level: 4

TABLULATE	SCORE
# OF RECOGNIZABLE SKILLS	
# OF FIG A'S	
# OF FIG B'S OR HIGHER	
DIFFICULTY TOTAL (MAX 7.50)	_____
SPECIAL REQUIREMENTS (MAX 2.00)	_____
BONUS: (MAX +0.50)	_____
NEUTRAL DEDUCTION	_____
FINAL D SCORE (MAX 10.00)	_____

Athlete's Name/BIB Number: _____ D SCORE _____ + E SCORE _____ = FINAL SCORE _____ Level: 4

TABLULATE	SCORE
# OF RECOGNIZABLE SKILLS	
# OF FIG A'S	
# OF FIG B'S OR HIGHER	
DIFFICULTY TOTAL (MAX 7.50)	_____
SPECIAL REQUIREMENTS (MAX 2.00)	_____
BONUS: (MAX +0.50)	_____
NEUTRAL DEDUCTION	_____
FINAL D SCORE (MAX 10.00)	_____

2019-2027 SPECIAL OLYMPIC GAMES WOMEN'S ARTISTIC GYMNASTICS
LEVEL 4 - UNEVEN PARALLEL BARS - PANEL E

EXECUTION DEDUCTIONS	DEDUCT	EVENT SPECIFIC EXECUTION DEDUCTIONS	DEDUCT	REQUIREMENTS	MAXIMUM SCORE	
GENERAL FAULTS, APPLY TO ALL SKILLS						
- SMALL FAULTS	0.10	- HESITATION, POOR RHYTHM OF ELEMENT	0.10	1 - CAST TO MINIMUM 45°	10.00	
- MEDIUM FAULTS	0.30	- INSUFFICIENT SWINGFUL ELEMENT	0.10	2 - CIRCLING ELEMENT, FORWARD OR BACKWARD		
- LARGE FAULTS	0.50	- BRUSH/TOUCH MAT WITH FEET	0.30	3 - ADDITIONAL CIRCLING ELEMENT		
- FALLS, EACH TIME	1.00	- ADDITIONAL SWING/LEG PUMP BETWEEN ELEMENTS, EACH	0.30	4 - SWINGING ELEMENT OR ADDITIONAL CIRCLING ELEMENT		
		- INSUFFICIENT SWINGFUL ROUTINE	0.50			
		- NO ATTEMPT TO PERFORM A DISMOUNT	0.50			
Athlete's Name:		BIB Number:		Level: 4		
					TABLUATE	SCORE
					EXECUTION	
					FINAL E SCORE (MAX 10.00)	
Athlete's Name:		BIB Number:		Level: 4		
					TABLUATE	SCORE
					EXECUTION	
					FINAL E SCORE (MAX 10.00)	
Athlete's Name:		BIB Number:		Level: 4		
					TABLUATE	SCORE
					EXECUTION	
					FINAL E SCORE (MAX 10.00)	
Athlete's Name:		BIB Number:		Level: 4		
					TABLUATE	SCORE
					EXECUTION	
					FINAL E SCORE (MAX 10.00)	

SPECIAL OLYMPICS RECOGNIZABLE SKILLS - BARS:		COMMON FIG SKILLS:	
VALUE	ELEMENT	VALUE	ELEMENT
RS	PULLOVER	A	GLIDE KIP
RS	KICKOVER	A	GLIDE 1/2 THRN KIP UP
RS	TAP SWING, COUNTER SWING (1 SKILL)	A	JUMP TO HANG ON HB, KIP UP TO SUPPORT
RS	LONG HANG	A	CAST TO HANDSTAND
RS	STRADDLE HOLD (2 SECONDS)	A	HIP CIRCLE FORWARD
RS	TUCK HOLD (2 SECONDS)	A	HIP CIRCLE BACKWARD
RS	PIKE HOLD (2 SECONDS)	A	CLEAR HIP CIRCLE
RS	CAST (HIPS OFF BAR, NO ANGLE)	A	CLEAR STRADDLE CIRCLE FORWARD
RS	CAST PUSH OFF BACKWARD DISMOUNT	A	CLEAR STRADDLE CIRCLE BACKWARD
RS	CAST, SQUAT ON, JUMP TO HIGH BAR	A	SOLE CIRCLE FORWARD
RS	UNDERSWING DISMOUNT	A	SOLE CIRCLE BACKWARD
		A	UNDERSWING DISMOUNT WITH 1/2 TURN
		A	UNDERSWING DISMOUNT WITH 1/1 TURN
		A	SALTO BACKWARD DISMOUNT, TUCKED, PIKED OR LAYOUT (FLYAWAY)
		B	GIANT CIRCLE BACKWARD
		B	GIANT CIRCLE FORWARD
		B	SALTO BACKWARD DISMOUNT, TUCKED, PIKED OR LAYOUT WITH 1/2 OR 1/1 TURN(FLYAWAY)
V1.0 02/01/19			