

2019-2027 SPECIAL OLYMPIC GAMES MEN'S ARTISTIC GYMNASTICS

LEVEL 1 - RINGS - PANEL D

MAXIMUM FINAL SCORE = 20.00 BASED ON SKILLS PERFORMED

Athlete's Name/BIB Number:		D SCORE + E SCORE = FINAL SCORE			Level: 1		
ROUTINE TIME LIMIT 1:16	START VALUE 10.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
SALUTE AT BEGINNING OF ROUTINE			Coaching, each time - Max 4.00				
1. JUMP TO RINGS (W/ASSISTANCE). SHOW LONG HANG POSITION	1.00		- Physical assistance, Spot a component	0.50		DIFFICULTY	
			- Verbal assistance	0.30			
2. PULL UP WITH LEGS IN A TUCKED POSITION	2.00		- Signals	0.10		NEUTRAL DEDUCTION	
3. KICK TO SWING BACKWARD, SWING FORWARD	2.00		Failure to present before and/or after exercise	0.10 each			
4. SWING BACKWARD, SWING FORWARD TO TUCK INVERTED HANG	2.00					FINAL D SCORE (MAX 10.00)	
5. GERMAN HANG/SKIN THE CAT	2.00						
6. RELEASE TO DISMOUNT	1.00						

Athlete's Name/BIB Number:		D SCORE + E SCORE = FINAL SCORE			Level: 1		
ROUTINE TIME LIMIT 1:16	START VALUE 10.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
SALUTE AT BEGINNING OF ROUTINE			Coaching, each time - Max 4.00				
1. JUMP TO RINGS (W/ASSISTANCE). SHOW LONG HANG POSITION	1.00		- Physical assistance, Spot a component	0.50		DIFFICULTY	
			- Verbal assistance	0.30			
2. PULL UP WITH LEGS IN A TUCKED POSITION	2.00		- Signals	0.10		NEUTRAL DEDUCTION	
3. KICK TO SWING BACKWARD, SWING FORWARD	2.00		Failure to present before and/or after exercise	0.10 each			
4. SWING BACKWARD, SWING FORWARD TO TUCK INVERTED HANG	2.00					FINAL D SCORE (MAX 10.00)	
5. GERMAN HANG/SKIN THE CAT	2.00						
6. RELEASE TO DISMOUNT	1.00						

Athlete's Name/BIB Number:		D SCORE + E SCORE = FINAL SCORE			Level: 1		
ROUTINE TIME LIMIT 1:16	START VALUE 10.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE
SALUTE AT BEGINNING OF ROUTINE			Coaching, each time - Max 4.00				
1. JUMP TO RINGS (W/ASSISTANCE). SHOW LONG HANG POSITION	1.00		- Physical assistance, Spot a component	0.50		DIFFICULTY	
			- Verbal assistance	0.30			
2. PULL UP WITH LEGS IN A TUCKED POSITION	2.00		- Signals	0.10		NEUTRAL DEDUCTION	
3. KICK TO SWING BACKWARD, SWING FORWARD	2.00		Failure to present before and/or after exercise	0.10 each			
4. SWING BACKWARD, SWING FORWARD TO TUCK INVERTED HANG	2.00					FINAL D SCORE (MAX 10.00)	
5. GERMAN HANG/SKIN THE CAT	2.00						
6. RELEASE TO DISMOUNT	1.00						

**2019-2027 SPECIAL OLYMPIC GAMES MEN'S ARTISTIC GYMNASTICS
LEVEL 1 - RINGS - PANEL E**

ROUTINE	NOTES	EXECUTION	
SALUTE AT BEGINNING OF ROUTINE 1. JUMP TO RINGS (W/ASSISTANCE). SHOW LONG HANG POSITION 2. PULL UP WITH LEGS IN A TUCKED POSITION 3. KICK TO SWING BACKWARD, SWING FORWARD 4. SWING BACKWARD, SWING FORWARD TO TUCK INVERTED HANG 5. GERMAN HANG/SKIN THE CAT 6. RELEASE TO DISMOUNT	DEDUCTIONS BASED ON FIG	MAXIMUM 10.00	

Athlete's Name: _____ **BIB Number:** _____ **Level: 1**

TABLUATE	SCORE
EXECUTION	_____
FINAL E SCORE (MAX 10.00)	_____

Athlete's Name: _____ **BIB Number:** _____ **Level: 1**

TABLUATE	SCORE
EXECUTION	_____
FINAL E SCORE (MAX 10.00)	_____

Athlete's Name: _____ **BIB Number:** _____ **Level: 1**

TABLUATE	SCORE
EXECUTION	_____
FINAL E SCORE (MAX 10.00)	_____

Athlete's Name: _____ **BIB Number:** _____ **Level: 1**

TABLUATE	SCORE
EXECUTION	_____
FINAL E SCORE (MAX 10.00)	_____

**2019-2027 SPECIAL OLYMPIC GAMES MEN'S ARTISTIC GYMNASTICS
LEVEL 2 - RINGS - PANEL D**

MAXIMUM FINAL SCORE = 20.00

Athlete's Name/BIB Number:			D SCORE + E SCORE = FINAL SCORE				Level: 2	
ROUTINE	START VALUE 10.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
SALUTE AT BEGINNING OF ROUTINE			Coaching, each time - Max 4.00					
1. JUMP TO RINGS (W/ASSISTANCE). SHOW LONG HANG POSITION	0.50	_____	- Physical assistance, Spot a component	0.50	_____	DIFFICULTY	_____	
2. PULL UP (CHIN UP) AND HOLD 2 SEC		_____	- Verbal assistance	0.30	_____	NEUTRAL DEDUCTION	_____	
3. LOWER TO HANG	2.00	_____	- Signals	0.10	_____	FINAL D SCORE (MAX 10.00)	_____	
4. LIFT KNEES TO TUCKED POSITION AND HOLD 2 SEC	1.50	_____	Failure to present before and/or after exercise	0.10 each	_____		_____	
5. KICK TO 3 SWINGS	1.50	_____			_____		_____	
6. SWING TO INVERTED HANG	1.00	_____			_____		_____	
7. LOWER TO BASKET (PIKED INVERTED HANG) HANG	1.00	_____			_____		_____	
8. GERMAN (SKIN THE CAT) HANG	0.50	_____			_____		_____	
9. RELEASE TO DISMOUNT	1.00	_____			_____		_____	
	1.00	_____			_____		_____	
Athlete's Name/BIB Number:			D SCORE + E SCORE = FINAL SCORE				Level: 2	
ROUTINE	START VALUE 10.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
SALUTE AT BEGINNING OF ROUTINE			Coaching, each time - Max 4.00					
1. JUMP TO RINGS (W/ASSISTANCE). SHOW LONG HANG POSITION	0.50	_____	- Physical assistance, Spot a component	0.50	_____	DIFFICULTY	_____	
2. PULL UP (CHIN UP) AND HOLD 2 SEC		_____	- Verbal assistance	0.30	_____	NEUTRAL DEDUCTION	_____	
3. LOWER TO HANG	2.00	_____	- Signals	0.10	_____	FINAL D SCORE (MAX 10.00)	_____	
4. LIFT KNEES TO TUCKED POSITION AND HOLD 2 SEC	1.50	_____	Failure to present before and/or after exercise	0.10 each	_____		_____	
5. KICK TO 3 SWINGS	1.50	_____			_____		_____	
6. SWING TO INVERTED HANG	1.00	_____			_____		_____	
7. LOWER TO BASKET (PIKED INVERTED HANG) HANG	1.00	_____			_____		_____	
8. GERMAN (SKIN THE CAT) HANG	0.50	_____			_____		_____	
9. RELEASE TO DISMOUNT	1.00	_____			_____		_____	
	1.00	_____			_____		_____	
Athlete's Name/BIB Number:			D SCORE + E SCORE = FINAL SCORE				Level: 2	
ROUTINE	START VALUE 10.00	PERFORMED	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION	DEDUCT	TABULATE	SCORE	
SALUTE AT BEGINNING OF ROUTINE			Coaching, each time - Max 4.00					
1. JUMP TO RINGS (W/ASSISTANCE). SHOW LONG HANG POSITION	0.50	_____	- Physical assistance, Spot a component	0.50	_____	DIFFICULTY	_____	
2. PULL UP (CHIN UP) AND HOLD 2 SEC		_____	- Verbal assistance	0.30	_____	NEUTRAL DEDUCTION	_____	
3. LOWER TO HANG	2.00	_____	- Signals	0.10	_____	FINAL D SCORE (MAX 10.00)	_____	
4. LIFT KNEES TO TUCKED POSITION AND HOLD 2 SEC	1.50	_____	Failure to present before and/or after exercise	0.10 each	_____		_____	
5. KICK TO 3 SWINGS	1.50	_____			_____		_____	
6. SWING TO INVERTED HANG	1.00	_____			_____		_____	
7. LOWER TO BASKET (PIKED INVERTED HANG) HANG	1.00	_____			_____		_____	
8. GERMAN (SKIN THE CAT) HANG	0.50	_____			_____		_____	
9. RELEASE TO DISMOUNT	1.00	_____			_____		_____	
	1.00	_____			_____		_____	

**2019-2027 SPECIAL OLYMPIC GAMES MEN'S ARTISTIC GYMNASTICS
LEVEL 2 - RINGS - PANEL E**

ROUTINE	NOTES	EXECUTION	
SALUTE AT BEGINNING OF ROUTINE 1. JUMP TO RINGS (W/ASSISTANCE). SHOW LONG HANG POSITION 2. PULL UP (CHIN UP) AND HOLD 2 SEC 3. LOWER TO HANG 4. LIFT KNEES TO TUCKED POSITION AND HOLD 2 SEC 5. KICK TO 3 SWINGS 6. SWING TO INVERTED HANG 7. LOWER TO BASKET (PIKED INVERTED HANG) HANG 8. GERMAN (SKIN THE CAT) HANG 9. RELEASE TO DISMOUNT	DEDUCTIONS BASED ON FIG	MAXIMUM 10.00	

Athlete's Name: _____ **BIB Number:** _____ **Level: 2**

	TABLUATE	SCORE
EXECUTION		_____
FINAL E SCORE (MAX 10.00)		_____

Athlete's Name: _____ **BIB Number:** _____ **Level: 2**

	TABLUATE	SCORE
EXECUTION		_____
FINAL E SCORE (MAX 10.00)		_____

Athlete's Name: _____ **BIB Number:** _____ **Level: 2**

	TABLUATE	SCORE
EXECUTION		_____
FINAL E SCORE (MAX 10.00)		_____

Athlete's Name: _____ **BIB Number:** _____ **Level: 2**

	TABLUATE	SCORE
EXECUTION		_____
FINAL E SCORE (MAX 10.00)		_____

**2019-2027 SPECIAL OLYMPIC GAMES MEN'S ARTISTIC GYMNASTICS
LEVEL 3 - RINGS - PANEL D**

MAXIMUM FINAL SCORE = 17.00

DIFFICULTY - 5 SKILLS	VALUE MAX 5.00	TIME LIMIT 1:15		SPECIAL REQUIREMENTS	VALUE MAX 2.00	COMMON NEUTRAL DEDUCTIONS*	DEDUCTION
RECOGNIZABLE SKILLS, EACH FIG A, EACH	0.50 1.00			1 - SWINGING ELEMENTS 2 - STRENGTH ELEMENT BELOW THE RINGS 3 - STRENGTH ELEMENT ABOVE THE RINGS 4 - DISMOUNT	0.50 EACH	Coaching, each time - Max 4.00 - Physical assistance, Spot a component - Verbal assistance - Signals Failure to present before and/or after exercise Short Exercise - 4 elements or less Performance of a FIG "B" or higher value element * In addition, deduct for any applicable neutral deduction listed in the Judges Handbook	0.50 0.30 0.10 0.10 each 2.00 VOID

Athlete's Name/BIB Number: _____ **D SCORE** _____ **+ E SCORE** _____ **= FINAL SCORE** _____ **Level: 3**

	TABLULATE	SCORE
	# OF RECOGNIZABLE SKILLS _____ # OF FIG A'S _____	
	DIFFICULTY TOTAL (MAX 5.00)	_____
	SPECIAL REQUIREMENTS (MAX 2.00)	_____
	NEUTRAL DEDUCTION	_____
	FINAL D SCORE	_____

Athlete's Name/BIB Number: _____ **D SCORE** _____ **+ E SCORE** _____ **= FINAL SCORE** _____ **Level: 3**

	TABLULATE	SCORE
	# OF RECOGNIZABLE SKILLS _____ # OF FIG A'S _____	
	DIFFICULTY TOTAL (MAX 5.00)	_____
	SPECIAL REQUIREMENTS (MAX 2.00)	_____
	NEUTRAL DEDUCTION	_____
	FINAL D SCORE	_____

Athlete's Name/BIB Number: _____ **D SCORE** _____ **+ E SCORE** _____ **= FINAL SCORE** _____ **Level: 3**

	TABLULATE	SCORE
	# OF RECOGNIZABLE SKILLS _____ # OF FIG A'S _____	
	DIFFICULTY TOTAL (MAX 5.00)	_____
	SPECIAL REQUIREMENTS (MAX 2.00)	_____
	NEUTRAL DEDUCTION	_____
	FINAL D SCORE	_____

**2019-2027 SPECIAL OLYMPIC GAMES MEN'S ARTISTIC GYMNASTICS
LEVEL 3 - RINGS - PANEL E**

EXECUTION DEDUCTIONS	DEDUCT	EVENT SPECIFIC EXECUTION DEDUCTIONS	DEDUCT	REQUIREMENTS	MAXIMUM SCORE
GENERAL FAULTS, APPLY TO ALL SKILLS - SMALL FAULTS - MEDIUM FAULTS - LARGE FAULTS - FALLS, EACH TIME <i>Note: Execution deductions apply to all skills performed</i>	0.10 0.30 0.50 1.00	ALL DEDUCTIONS PER FIG	0.10 0.10	1 - SWINGS / SCISSORS 2 - TRAVEL ELEMENT 3 - CIRCLE 4 - DISMOUNT	10.00

Athlete's Name: _____ **BIB Number:** _____ **Level: 3**

TABLULATE	SCORE
EXECUTION	_____
FINAL E SCORE (MAX 10.00)	_____

Athlete's Name: _____ **BIB Number:** _____ **Level: 3**

TABLULATE	SCORE
EXECUTION	_____
FINAL E SCORE (MAX 10.00)	_____

Athlete's Name: _____ **BIB Number:** _____ **Level: 3**

TABLULATE	SCORE
EXECUTION	_____
FINAL E SCORE (MAX 10.00)	_____

Athlete's Name: _____ **BIB Number:** _____ **Level: 3**

TABLULATE	SCORE
EXECUTION	_____
FINAL E SCORE (MAX 10.00)	_____

**2019-2027 SPECIAL OLYMPIC GAMES MEN'S ARTISTIC GYMNASTICS
LEVEL 4 - RINGS - PANEL E**

EXECUTION DEDUCTIONS	DEDUCT	EVENT SPECIFIC EXECUTION DEDUCTIONS	DEDUCT	REQUIREMENTS	MAXIMUM SCORE
GENERAL FAULTS, APPLY TO ALL SKILLS - SMALL FAULTS - MEDIUM FAULTS - LARGE FAULTS - FALLS, EACH TIME <i>Note: Execution deductions apply to all skills performed</i>	0.10 0.30 0.50 1.00	ALL DEDUCTIONS PER FIG		EG I - KIPS AND SWING ELEMENTS & SWINGS THROUGH A HANDSTAND OR TO A HANDSTAND EG II - STRENGTH AND HOLD ELEMENTS (2 SEC) EG III - SWING TO STRENGTH HOLD ELEMENTS (2 SEC) EG IV - DISMOUNT ONLY 2 ELEMENT GROUPS REQUIRED MORE THAN 2 ELEMENTS FIG ONLY SKILLS MAY COUNT TOWARDS ELEMENTS GROUPS	10.00

Athlete's Name: _____ **BIB Number:** _____ **Level: 4**

TABLULATE	SCORE
EXECUTION	_____
FINAL E SCORE (MAX 10.00)	_____

Athlete's Name: _____ **BIB Number:** _____ **Level: 4**

TABLULATE	SCORE
EXECUTION	_____
FINAL E SCORE (MAX 10.00)	_____

Athlete's Name: _____ **BIB Number:** _____ **Level: 4**

TABLULATE	SCORE
EXECUTION	_____
FINAL E SCORE (MAX 10.00)	_____

Athlete's Name: _____ **BIB Number:** _____ **Level: 4**

TABLULATE	SCORE
EXECUTION	_____
FINAL E SCORE (MAX 10.00)	_____