



FLOOR EXERCISE | Level A

*Spotter required

May be performed on the floor, with a wedge mat, in a wheelchair, or with a walker.

Optional/Voluntary Choreography, including these requirements:

Value Element

2.0 Salute at beginning of routine

1.0 Beginning pose

2.0 1-2 log rolls or optional movements in wheelchair or walker

1.0 Ending pose

2.0 Salute at end of routine

Difficulty 8.0

Execution 2.0

Max. score 10.0