## Young Athletes Research Overview





In 2015, **146,971 children**participated in Young Athletes in **179 countries and**United States.



After 2 months of participation in Special Olympics Young Athletes, children with intellectual disabilities experienced a

7-month gain in motor skills.



The benefits from Young Athletes continue even after the program ends. At 5 and 10-month follow-ups, children who participated in Young Athletes maintained a **4-month advantage** in development.



## 91% of parents

agreed or strongly agreed that participation in Young Athletes made them more hopeful about their child's future.



The Special Olympics Young Athletes program forms a community of support and resources for parents and caregivers.