## Sports Research Overview





More than **108,000** Special Olympics competitions were held in 2016, averaging **298 competitions per day** around the world.



**53%** 

of Unified athletes reported **feeling a lot better** about themselves after participating

90%

of coaches reported improvement in athletes' social skills and self-esteem

Athletes improve sports skills through Special Olympics. In Argentina, Brazil, Peru, and China, 94% reported improvements as a result of their participation.





After YEAR World Games in Shanghai, the percent of Chinese youth willing to work together on a class project with a student with intellectual disabilities **rose by 9%.**