

What is Project ALL STAR?

What

- ★ Athletes contribute their health data and survey responses to understand how Special Olympics impacts athlete health **over time**.
- ★ **ALL STAR** stands for “**Active Life and Longevity: Special Olympics Transforming Athlete Results**”

How

- ★ By **measuring** Special Olympics participation and physical, socio-emotional, and mental **health**.
- ★ Through **collaboration** between local Special Olympics Programs, athletes, scientists, the CDC, and others.

Why

- ★ To make Special Olympics programs – and the impacts on athletes’ health – even **stronger!**

