

Inclusive health means people with intellectual disabilities are able to take full advantage of the same health programs and services available to people who do not have intellectual disabilities.



How is Project ALL STAR promoting inclusive health?

- ★ **Learning** more about athletes' health and participation to improve Special Olympics programs for everyone.
- ★ **Including** Special Olympics athletes, following an inclusive research model built on the principles of "Nothing About Us Without Us."

Members of the Project ALL STAR team went on the Inclusion Revolution Podcast. They talked about inclusive health and athletes' roles in its initiatives. **Scan this QR code to listen to the podcast!**

