SPECIAL OLYMPICS PROGRAM QUALITY STANDARDS (PQS)

Special Olympics is a global organization that runs more than two hundred and twenty countries around the world.

Every country that is part of Special Olympics is known as a Program. For example, Special Olympics Belgium. The Program Quality Standards or PQS support all Special Olympics Programs to:

- » understand how they are currently working
- » learn how to do better and reach their goals
- » give athletes the best possible training and support.

PQS follow a new Special Olympics 2021 to 2025 plan which has 3 parts:

- 1. Better and more local activities
- 2. Give athletes and leaders the power to make change and difference in the world
- 3. Work in ways that include everyone



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2

The PQS support:

- Program Leaders to understand and manage their Program
- programmatic areas to be run to a high standard.

Programmatic areas are the different areas that Special Olympics offers activities in. For example:

- » sport
- » health
- » athlete leadership

These groups should use the PQS to plan and make Programs better:

- » National Directors
- » Chief Executive Officers
- » Program Boards of Directors
- » Athlete and Youth Leadership groups
- » Family Leadership groups

The PQS can support Programs to:

- » write a new 12-month plan
- » write new plans for 3 years or more
- » make their plans better.











The PQS are important for Special Olympics Athletes and Programs because they:

- help Programs grow » and improve
- help Programs to be » honest when they evaluate their work
- include athletes to » plan what Programs should do next.
- better Program means » athletes can have better experiences

The PQS are important for Special Olympics Leaders because they:

- help new leaders and » Program team members learn about Program
- help leaders develop plans » to grow and improve the Program
- can help Programs » celebrate when they reach new higher standards

The PQS are important for Special Olympics Movement because they:

- » support the Special Olympics movement to reach the highest standards
- get all the Programs » around the world to grow and be better







The PQS is different from the standards used by:

- » coaches
- » event managers
- » other managers.

They will still need to use their own standards

There are **70 standards** in this Program Quality Standard which means it is useful for every Program:

- » large Programs
- » medium Programs
- » small Programs
- » new Programs
- » Programs that have been running for years



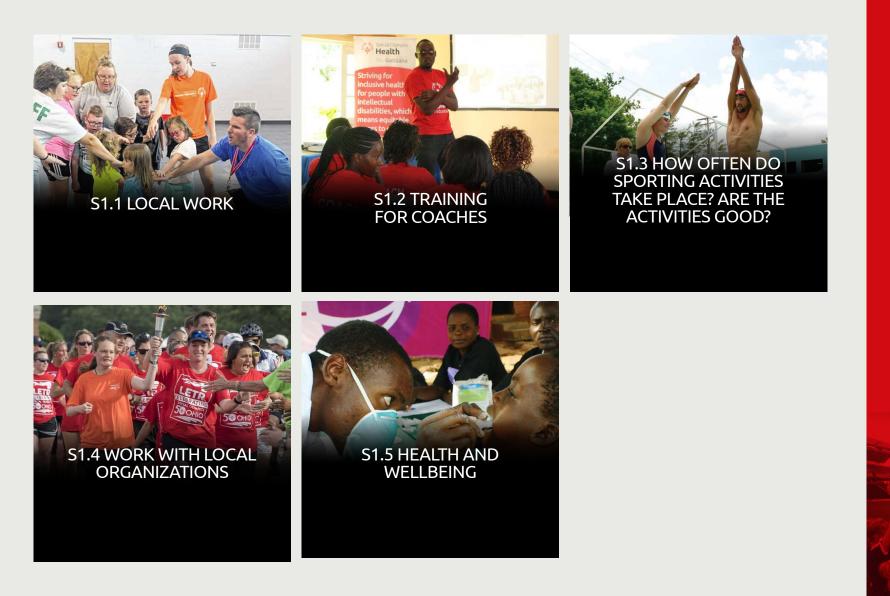




SPECIAL OLYMPICS SPLITS UP THE PQS INTO 7 PARTS:









How many quality standards has your Program reached at each level?

Level 1

Level 2

Level 3

7

S1.1 LOCAL WORK HOW DO LOCAL PROGRAMS WORK?

At Level 1

A local **Program** has a team of **three or more volunteers** who have a special role.

Volunteers are people who choose to give their **time** to **support** Special Olympics.

Volunteers **do not** get **paid**.



WHICH LEVEL IS YOUR PROGRAM AT?

At Level 2

At Level 1

A local **Program** is run by a **committee** or a **group of people** with special roles.



At Level 2

At Level 3

A local **Program**:

- » offers sports and health activities
- » works with young athletes
- » works with athlete leaders
- » runs activities at local schools.
- » does local fundraising
- » gets local newspapers and websites to write about Special Olympics.





S1.1 LOCAL WORK FIND AND KEEP ATHLETES AND UNIFIED PARTNERS

At Level 1

a Program:

- » invites new athletes and Unified partners from different backgrounds and places to take part
- » finds out how many athletes and partners stay on **after one year**.

At Level 2

a Program:

- » finds new athletes and Unified partners who live in areas where there is no Special Olympics
- » writes a **plan** about **keeping athletes**
- » keeps **seventy-five percent** of new athletes every year.

At Level 3

a Program:

» keeps **ninety per cent** of athletes and Unified partners every year.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 1 At Level 2





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S1.1 LOCAL WORK FIND AND KEEP NEW COACHES

At Level 1

a Program:

- » invites **new coaches**
- keeps track of the number of coaches who stay on every year

At Level 2

At Level 1

a Program:

- » finds **qualified coaches** at
 - local sports organizations
 - » schools and colleges.
- » keeps **seventy five percent** of coaches every year.

At Levels 3

a Program:

» keeps **ninety percent** of coaches every year.



WHICH LEVEL IS YOUR PROGRAM AT?

Special Olympics Unified Sports

At Level 2 At Level 3



SUPPORT FOR ATHLETE LEADERS AND UNIFIED LEADERSHIP

At Level 1

- » Athlete leaders take on important jobs such as team captain.
- For example team captain who sets up sport equipment during practice

At Level 2

At Level 1

Special Olympics Club Committees:

- » include an athlete leader
- » make sure athlete leaders are included, supported to make decisions and take part in activities.

At Level 3

Athlete leaders take part in local activities such as:

- » write timetables for training courses
- » communication
- » fundraising.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2





S1.2 TRAINING FOR COACHES BETTER TRAINING FOR COACHES

At Level 1

A Program:

- » make sure coaches get the right training
- » support the Athlete Development Model.

The **Athlete Development Model** is a support plan that gets athletes ready for competition.

At Level 2

A Program make sure:

At Level 1

- » coaches get professional training
- » coaches complete parts of the **Global Coach Development System**.
- » coaches are offered certified **coach training** for different sports
- coaches get the chance to complete qualifications such as the Motor
 Activities Training Program or MATP
- » **seventy percent** of its coaches have an approved coaching qualification.

At Level 3

A Program:

- trains coaches to a national standard or the Global Coach Education System.
- » has ninety percent of its coaches with an approved coaching qualification.



WHICH LEVEL IS YOUR PROGRAM AT?





At Level 2 At Level 3

URASIA

S1.3 HOW OFTEN DO SPORTING ACTIVITIES TAKE PLACE? ARE THE ACTIVITIES GOOD? SUPPORT FOR ATHLETES FROM COACHES

At Level 1

Each coach works with a group of **twenty or less** athletes

At Level 2

At Level 1

Each coach works with a group of **sixteen or less** athletes.

At Level 3

Each coach works with a group of **twelve or less** athletes.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2





S1.3 HOW OFTEN DO SPORTING ACTIVITIES TAKE PLACE? ARE THE ACTIVITIES GOOD? UNIFIED SPORTS

At Level 1

A Program offers:

- » **One** Unified Sports model in **one or more** types of sports.
- » Unified Sports activities to **five percent** of all athletes.

The Unified Sports could be offered:

- » at a school
- » at a university
- » at a community center

At Level 2

A Program offers:

- » 2 Unified Sports Models in 2 sports at 2 different places such as school, university or in the community with friends
- Unified Sports activities to ten percent of all athletes.

At Level 3

A Program offers:

- » 3 Unified Sports models for fun, new skills or in competition in 3 sports at 3 different places such as school, university and in the community with friends
- Unified Sports activities to fifteen percent of all athletes.









At Level 2



S1.3 HOW OFTEN DO SPORTING ACTIVITIES TAKE PLACE? ARE THE ACTIVITIES GOOD?

ATHLETE DEVELOPMENT MODEL OR ATHLETE DEVELOPMENT MODEL

At Level 1

A Program:

works with **athletes** and partners on 1 **stage** of the Athlete Development Model.

For example, basic learning to train, training to take part in competitions and having fun.

At Level 2

At Level 1

A Program:

works with athletes and partners in **2 or more stages** of the Athlete Development Model.

At Level 3

A Program:

» have **3 to 4 stages** of Athlete Development Model to reach the complete athlete development model.



WHICH LEVEL IS YOUR **PROGRAM AT?**

32

At Level 2







15

S1.3 HOW OFTEN DO SPORTING ACTIVITIES TAKE PLACE? ARE THE ACTIVITIES GOOD?

NUMBER OF TRAINING OPPORTUNITIES FOR ATHLETES AND PARTNERS

At Level 1

A Program:

- » offers all athletes and partners one or more training session every week in each sport during that sport season
- every training session is with a coach and lasts sixty minutes

At Level 2

A Program:

At Level 1

Offers **fifty percent** of athletes and partners:

- one or more training session with a coach every week during the sport season
- another training or fitness session with a coach or explained by coach

At Level 3

A Program:

Offers **seventy five percent** of athletes and partners:

- one or more training session with a coach every week during the sport season
- » another training or fitness session with a coach or explained by coach



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2 At Level 3



S1.3 HOW OFTEN DO SPORTING ACTIVITIES TAKE PLACE? ARE THE ACTIVITIES GOOD? BETTER EQUIPMENT AND FACILITIES

At Level 1 Sporting activities take place:

- » using basic facilities, equipment and sports clothing
- » following safety rules.

At Level 2 Sporting activities take place using:

- » approved sports venues and spaces
- » approved equipment
- » sports clothing that looks like **professional sports** clothing.

At Level 3 Sporting activities take place using:

- » facilities of a **national** or **international standard**
- equipment and clothing of a national or international standard.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2

At Level 1



At Level 3



17

S1.3 HOW OFTEN DO SPORTING ACTIVITIES TAKE PLACE? ARE THE ACTIVITIES GOOD? NUMBER OF COMPETITIONS FOR ATHLETES AND PARTNERS

At Level 1 Athletes and partners can take part in:

- » **one competition** in every sport the Program offers every year.
- » **one competition** that takes place online.

At Level 2 Athletes and partners can take part in:

- » three competitions every year.
- » **two competitions** that take place online.

At Level 3 Athletes and partners can take part in:

- » a **league style competition** in every sport the Program offers every year.
- » three competitions that take place online.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2

At Level 1





S1.3 HOW OFTEN DO SPORTING ACTIVITIES TAKE PLACE? ARE THE ACTIVITIES GOOD? BETTER COMPETITIONS

At Level 1

A Competition manager:

- makes sure all competitions follow
 Special Olympics Sports Rules.
- » sends out timetables before all competitions start.

At Level 2

At Level 1

All sports **technical officials**:

- » meet the minimum standards for the sport
- » meet the **minimum standards** for the **competition**.

At Level 3

There are **technical delegates** who know a sport well and judges for each sport.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2





S1.3 HOW OFTEN DO SPORTING ACTIVITIES TAKE PLACE? ARE THE ACTIVITIES GOOD?

WORKING WITH YOUNG ATHLETES

At Level 1

A Program:

offers chances for » young athletes aged 2 to 7 years **old** to take part in Special Olympics activities all year round.

At Level 2

A Program:

- » offers two Young Athletes Models:
 - » at schools
 - in the community »
 - » at home.
- signs up **young athletes** using: »
 - » Games Management System
 - » Connect another system to manage games
 - » their own database.



At Level 3

At Level 2

At Level 1 WHICH LEVEL IS YOUR **PROGRAM AT?**

20



A Program:

- offers **sports activities** » to young athletes for 8 weeks or more.
- supports children to » take part in other sports activities as they get older.

S1.4 WORK WITH LOCAL ORGANIZATIONS WORKING WITH LOCAL SPORTS ORGANIZATIONS

At Level 1

A Program:

 works with sports organizations to support high-quality sports training and competitions. A Program work together with **sports** organizations.

Special Olympics has agreements with sports organizations such as FIFA for at least half of the sports in the Program which includes training for coaches.

Sports organizations support the Program by offering coaches to Special Olympics from their organization.

At Level 3

A Program has an agreement for all sports offered with:

- » Sports Governing Bodies such as football organization FIFA
 - **FIFA**
- » Sports organizations.







WHICH LEVEL IS YOUR At Level 1 At Level 2 At Level 3 PROGRAM AT?



S1.5 HEALTH AND WELLBEING PROMOTING FITNESS

At Level 1

A Program tells members about the importance of **health** and **fitness** through:

- » wellness sessions
- » orientations
- » online wellness sessions.

At Level 2

A Program:

At Level 1

- » offers a **health and fitness program** for **six weeks** or **more**
- » offers health and fitness program for **ten percent** of **athletes** every year.
- offers a fitness program as well as Healthy Athletes events.

At Level 3

A Program:

- » offers a health and fitness programs and Healthy Athletes events all year round for twenty percent of athletes.
- involves athletes, Unified partners, coaches and families in fitness.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2



S1.5 HEALTH AND WELLBEING BETTER FITNESS SESSIONS

At Level 1

Coaches use their knowledge to make sure **sports training** include:

- general warm-ups »
- cool-downs »
- fitness sessions. »

At Level 2

Coaches or **fitness coaches** make sure **sports trainings** include:

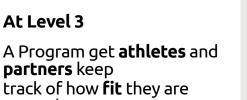
- » warm-ups
- cool-downs »
- different fitness sessions » that work well for each sport.





At Level 3

every day.





WHICH LEVEL IS YOUR **PROGRAM AT?**

At Level 1

At Level 2



S1.5 HEALTH AND WELLBEING HEALTHY EATING AND WELLNESS

At Level 1

Sports venues and spaces offer **healthy food** and **drink** options.

At Level 2

Performance Stations are offered at all large competitions.

A **Performance Station** gives athletes **useful information** about

» fitness

At Level 1

» food and drink



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2

At Level 3



At Level 3

A Program offers Performance Stations at all local competitions.



S1.5 HEALTH AND WELLBEING HEALTHY ATHLETES

At Level 1

A Program:

- » offers one or **more health** screening event to check athletes:
 - sight feet
 - hearing teeth.
- » Holds one of the following online activities every year:
 - Family Health Forum
 - virtual Healthy Athletes
 - keeping track of fitness activities online or using an app.
- » set up a **follow-up care service** with hospitals and clinics if an **athlete needs more care.**

At Level 2

A Program:

- » offers **three** or more **Health Athletes** screening such as
 - sight feet
 - hearing teeth.
- » holds two of the following online activities every year:
 - Family Health Forum
 - virtual Healthy Athletes
 - keeping track of fitness activities online or using an app.

At Level 3 A Program:

- offers healthy screening events online or in-person in all areas of Special Olympics health: eyes, hearing, feet, teeth, diet, emotions, fitness and health.
- holds three extra online activities every year. For example:
 - Family Health Forum,
 - keeping track of your fitness online or using an app.



WHICH LEVEL IS YOUR At Level 1 PROGRAM AT?



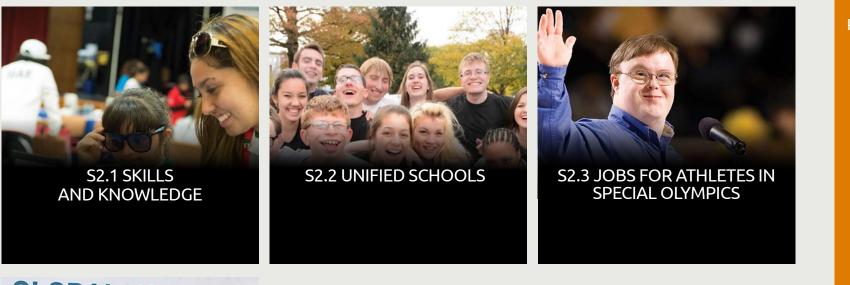
At Level 3

At Level 2



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How many quality standards has your

standards has your Program reached at each level?

Level 1

Level 2

Level 3

26

S2.1 SKILLS & KNOWLEDGE WORKING CLOSELY WITH HEALTH PROFESSIONALS

At Level 1

A local Program:

» works with health professionals and medical students and train them to support athletes

At Level 2

A local Program:

 works with one university or professional organization to find health professionals and medical students and train them to support athletes

At Level 3

A local Program:

» works with many universities or professional organizations to find health professionals and medical students and train them to support athletes.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 1 At Level 2





S2.1 SKILLS & KNOWLEDGE TRAINING ATHLETE LEADERS

At Level 1

A Program:

» offers two parts of the **Athlete** Leadership training.

At Level 2

A Program:

» offers one advanced leadership course and Special Olympics role training.

At Level 3

A Program:

works with other » organizations to run **training** for Athlete Leaders such as communications training.



WHICH LEVEL IS YOUR **PROGRAM AT?**



At Level 1

At Level 2





S2.2 UNIFIED SCHOOLS

At Level 1

A Program:

- works closely with schools and universities in one area or district
- invites young people with and without disabilities to take part in Special Olympics activities.

At Level 2

A Program:

- works closely with schools and universities to hold sport and education activities such as:
 - » Unified Sports
 - » youth leadership summit.
- » work to change Unified Schools into Unified Champion Schools.

At Level 3

A Program:

 has Unified
 Champion Schools all over the country or state.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 1 At Level 2





S2.3 JOBS FOR ATHLETES IN SPECIAL OLYMPICS WHAT ATHLETE LEADERS ARE DOING

At Level 3

At Level 1

A Program:

- trains athletes to have » leadership roles such as:
 - » spokespeople
 - » coaches
 - health messengers. »

At Level 2

A Program:

At Level 1

- » has athletes working as unpaid staff
- » trains **athlete leaders** to work:
 - » on programmatic areas for example sport, health, and school program
 - at events »
 - to run activities. »

At Level 3

A Program:

- » has **athletes** as **paid** staff.
- » gets athlete leaders to train other athlete leaders and Program members.



WHICH LEVEL IS YOUR **PROGRAM AT?**







S2.4 TRAINING ATHLETES AND YOUNG PEOPLE ATHLETE LEADERS AND YOUTH LEADERS AS SPOKESPEOPLE

At Level 1 A Program:

 invites young people and athletes to take part in events with people or groups outside Special Olympics

For example, they could:

- » make a **speech**
- » introduce a speaker at the start of a local Games.

At Level 2 A Program:

» gives **young athletes** the chance to work with people or groups outside Special Olympics

For example

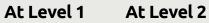
 » a local official could go to a Unified Champion School for a Unified Sports game and have lunch with students. At Level 3 A Program:

- gives young athletes the chance to work with people or groups outside Special Olympics
- includes young people and athletes who plan events and work closely with people or groups outside Special



WHICH LEVEL IS YOUR PROGRAM AT?









S2.4 JOBS FOR ATHLETES YOUTH LEADERSHIP

At Level 1

A Program:

» finds **more young people** to take part in Special Olympics.

At Level 2

A Program runs:

- » activities to get young people to think about how everyone can be included such as:
- » youth leadership events
- » youth leadership **training courses.**

At Level 3

A Program:

» has young people playing a full part in planning and running projects and activities in the Program.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2

At Level 1









How many quality standards has your Program reached at each level?

Level 1

Level 2

Level 3



S3.1 MAKING CHANGES AT A HIGH LEVEL WORKING WITH GOVERNMENT - FOR SOME PROGRAMS ONLY

At Level 1

A Program:

- » understands how governments are run
- » is in contact with government departments
- has government officers going to Special Olympics events or Special Olympics meetings.

At Level 2

At Level 1

A Program:

- » works with government departments to make new laws or get more money that:
 - » supports the work of Special Olympics
 - » promotes the **rights** of people with ID.

At Level 3

A Program:

» works closely with the government to change the law on equal rights and disability.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2



S3.1 MAKING CHANGES AT A HIGH LEVEL WORKING WITH GOVERNMENT AND PUBLIC ORGANIZATIONS

At Level 1

A Program:

» has one or more partnership with different government and public organizations that support Special Olympics work

Examples of these organizations are:

- » Lions Clubs International
- » UNICEF



WHICH LEVEL IS YOUR At Level 1 PROGRAM AT?

At Level 2

A Program:

» has 2 or more partnerships with different government and public organizations that do similar work to Special Olympics. At Level 3

A Program:

» has 2 or more partnerships with different organizations that directly support Special Olympics programs.



At Level 2





S3.2 ORGANIZATIONS THAT INCLUDE EVERYONE WORKING CLOSELY WITH OTHER ORGANIZATIONS

At Level 1

A Program:

promotes how important it is to include people with ID by working with:

- » companies
- » sports federations
- » health providers
- » school districts

At Level 2

A Program:

shows **other organizations** how the **Unified Leadership approach** could make sure their organization includes everyone.

A Program has **Athlete Leaders** that **jointly run training sessions** for these organizations.

At Level 3

A Program:

works closely with other organizations and supports them to change their policies to include people with ID.





WHICH LEVEL IS YOUR PROGRAM AT? At Level 1

At Level 2





S3.2 ORGANIZATIONS THAT INCLUDE EVERYONE WORKING CLOSELY WITH OTHER ORGANIZATIONS

At Level 3

At Level 1

Program Games include **leaders from**:

- » sport
- » government
- » business
- » education
- » health
- A leader may:
- » make a speech
- » take part in a panel discussion.



WHICH LEVEL IS YOUR PROGRAM AT?

At Level 2

Program Games include **leaders from**:

- » sport
- » government
- » business
- » education
- » health

At Level 1

At the Program Games leaders talk about how their organization includes **people** with ID.

At Level 3

Program Games are an event where partner organizations can tell the public how they include people with ID and other groups.



At Level 2





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S3.2 ORGANIZATIONS THAT INCLUDE EVERYONE QUALITY OF PROGRAM GAMES

At Level 1

Program Games:

- » run on time
- run using Special
 Olympics General
 Rules
- » have celebrities and important guests to take part in awards ceremonies.

At Level 2

Program Games:

- have sessions for important guests to learn about Special Olympics work and programming
- give important guests the chance to talk to and play with athletes

At Level 3

Program Games:

- » have **high-quality branding**
- » are well-planned and professionally organized
- invite important guests to make Special Olympics look positive and professional.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2







TEAM

E1.5 USING BETTER

TECHNOLOGY

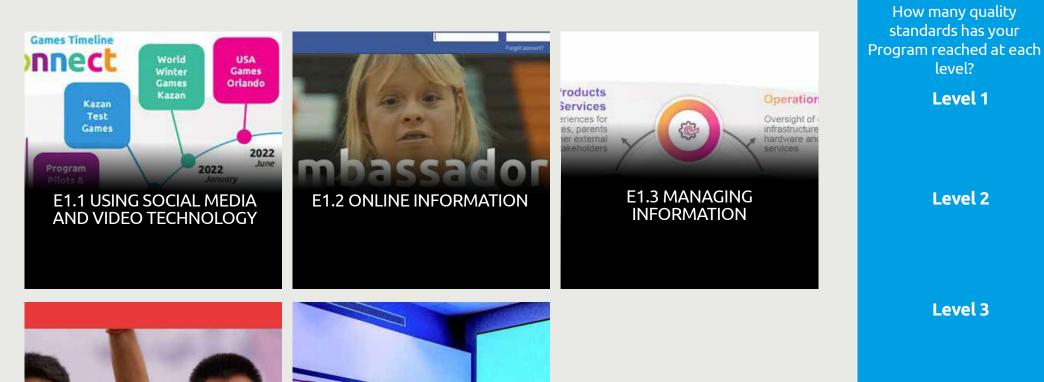
Online Learning Portal

Register Login

E1.4 WORKING SAFELY

ONLINE







E1.1 USING SOCIAL MEDIA AND VIDEO TECHNOLOGY

KEEPING IN TOUCH WITH SPECIAL OLYMPICS MEMBERS

At Level 1

Menu

A Program:

- » **keeps in touch** with members through:
 - email
 - Facebook
 - regular online events

At Level 2

At Level 1

A Program:

» keeps in touch with members through Zoom and apps

Sub-programs hold regular online events.

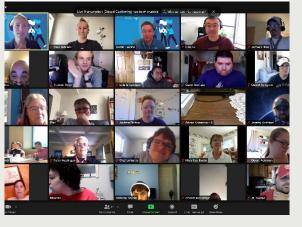
At Level 3

A Program:

- » keeps in touch with members using apps and other technology
- finds new ways to share information online with staff and volunteers



WHICH LEVEL IS YOUR PROGRAM AT?







E1.2 ONLINE INFORMATION MAKING NEW ONLINE INFORMATION AND FINDING OUT WHO LIKES IT

At Level 1

Menu

A Program uses information written by the Special Olympics for:

- » the **website**
- » social media
- » e-newsletters

This information could be used to print:

- » banners
- » posters
- » information booklets.



WHICH LEVEL IS YOUR PROGRAM AT?

At Level 2

A Program makes **its own information**:

- » for the **website**
- » for social media
- » for **e-newsletters**
- » to keep in touch with volunteers or partners or sponsors.

At Level 3

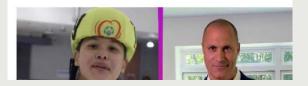
A Program:

Julian Davis

- has staff or an agency that can write new content for their website, social media and newsletters
- » checks to learn if users like the content







At Level 2

At Level 1

Arketing Expert



E1.3 MANAGING INFORMATION MANAGING INFORMATION ABOUT COMPETITIONS

At Level 1

A Program:

» uses spreadsheets or databases to record and manage information about competitions.

At Level 2

A Program:

- » uses a **competition management system** to
 - record information about competitions such as GMS and SO Connect
 - register for competitions.

At Level 3

A Program:

- » uses a real-time online competition management system to record information about competitions such as GMS and SO Connect
- makes competition results available online so that local fans and the media can find the results.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2

At Level 1



E1.3 MANAGING INFORMATION MANAGING INFORMATION ABOUT SPECIAL OLYMPICS MEMBERS

At Level 1

A Program:

Records information about:

- » Athletes
- » Unified partners
- » Coaches
- » Families
- » Volunteers
- » People who donate
- » Celebrities
- » Fans.



WHICH LEVEL IS YOUR PROGRAM AT?

At Level 2

A Program:

Uses **GMS** or **SO Connect** to **update** information about members on:

- » Events
- » Competition results
- » Qualifications of coaches.

A Program **checks** how the **information** is being used by:

- » Donors
- » Celebrities
- » Fans

At Level 1

At Level 3

A Program:

- uses information about members on GMS or SO Connect to make decisions.
- records information about coach qualifications
- » checks when coaches need a new qualification.



At Level 2



E1.3 MANAGING INFORMATION KEEPING IN TOUCH ONLINE

At Level 1

A Program:

- » knows how many members are connected online
- For example, how many people follow their social media accounts such as Facebook or Twitter

At Level 2

A Program knows:

- how many members they contact online
- » how often they contact them.

At Level 3

A Program:

- always tracks members who are online or take part in online activities and events
- uses this information to make sure members like the activities and campaigns and stay active with the Program



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2

At Level 1



29 October 2021

INTRODUCTION TO ATHLETE LEADERSHIP AND UNDERSTANDING LEAD E-LEARNING COURSES



E1.3 MANAGING INFORMATION INFORMATION ABOUT HEALTHY ATHLETES

At Level 1

Menu

A Program:

 records information about Healthy Athletes events

At Level 2

A Program **uses technology** at:

- » Fitness sessions
- » Young Athletes health education
- » Healthy Athletes screenings
- » Training for healthcare professionals
- » Training for Health Messengers.

At Level 3

A Program:

» records and shares information to support health research and works out what it means





WHICH LEVEL IS YOUR PROGRAM AT?

At Level 1

At Level 2



E1.4 WORKING SAFELY ONLINE COMPUTER SOFTWARE

At Level 1

A Program uses:

- » **basic** computer software
- » **basic** information back-up
- » anti- virus software.

At Level 2

A Program:

- » stores information safely
- » backs up and shares all documents, photos and other files safely

At Level 3

A Program:

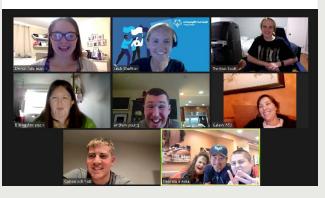
- » uses file sharing software
- » uses **video software** like Zoom to work in-office or at home
- » **manages information** and policies in a **safe** and **secure** virtual place or storage.
- » often **checks** the **safety** of its **computer systems**.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 1 At Level 2





E1.5 USING BETTER TECHNOLOGY TECHNOLOGY THAT PROGRAMS USE

At Level 1

Menu

A Program:

- » has basic internet service
- » uses basic phones and computers
- » uses Special Olympics email addresses
- writes a plan about using better technology

At Level 2

A Program:

- » has a good Internet service
- » has good phone and computer equipment
- » writes a detailed plan about using better technology for different areas of Program work.

At Level 3

A Program has:

- » fast internet
- good quality technology and equipment
- a technology plan to make programming better.

For example devices that collect live information about Healthy Athletes events to share with doctors



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 1 At Level 2











How many quality standards has your Program reached at each level?

Level 1

Level 2

Level 3

E2.1 AND E2.3 WORKING WITH IMPORTANT ORGANIZATIONS MANAGING PEOPLE WHO MAKE DONATIONS

At Level 1

Menu

A Program:

» has a basic way to contact people and organizations who make donations and thank them for their

At Level 2

A Program:

At Level 1

- » finds more people and organizations who want to make donations
- » has a plan to find more people who make donations
- » thanks donors differently based on the level of their support

At Level 3

A Program:

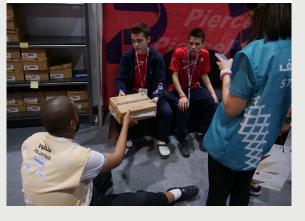
- has a plan for working closely with top donors to get them to give more funding
- » has professional help to work with top donors.

DESDE LAS GRADAS Boletín regional de noticias

Celebrating the living legacy of inclusion in the 100th Anniversary of Eunice Kennedy Shriver



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2

At Level 3





CIAS!

E2.1 AND E2.3 WORKING WITH IMPORTANT ORGANIZATIONS WORKING WITH GOVERNMENT (SOME PROGRAMS ONLY)

At Level 1

Menu

A Program:

 works with a government to get funding for Special Olympics events.

At Level 2

A Program:

At Level 1

- » works with one or more government department to get funding for:
 - Special Olympics events
 - Special Olympics sports or health programming

At Level 3

A Program:

- has an agreement for several years with one or more government department
- to get ongoing funding for Special Olympics sports or health programming



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2



E2.4 AND E2.5 FUNDRAISING PLANNING AND FUNDING

At Level 1

Menu

A Program:

- » has a **basic plan** about **fundraising**
- » holds training courses about fundraising.
- » can write **basic information** and share plans about **fundraising**

At Level 2

At Level 1

A Program has:

- » a **fundraising plan** with targets
- » **information** to use in fundraising
- » **staff** and **volunteers** who do fundraising
- » a **list** of **people** and **organizations** that might make donations

At Level 3 A

Program has:

- » a **fundraising plan** for the next few years
- good quality information and material to be used in fundraising
- » paid staff who do fundraising work.
- » works with other organizations to apply for funding



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2

At Level 3







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Circulo de Influencia

E2.6 AND E2.7 DIFFERENT WAYS TO FUNDRAISE DIFFERENT TYPES OF FUNDING

At Level 1

Menu

A Program:

- » has one or more funders who gives Program money. This does not include money that Special Olympics International gives a Program.
- » gets **two or more donations** of **goods** or **services**

At Level 2

A Program:

At Level 1

- » has **three** or **more funders** that give cash or money
- » gets three or more donations of goods or services
- » carries out **risk assessment** of funding
- » gets **one new funder** every year.

At Level 3

A Program:

- » has five or more funders that give money
- gets five or more donations of goods or services
- » gets donors and funders that support the Program for several years.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2

At Level 3

52

E2.6 AND E2.7 DIFFERENT WAYS TO FUNDRAISE RAISE FUNDS FROM AROUND THE WORLD

At Level 1

Menu

A Program:

» is part of Special **Olympics** International fundraising campaigns and campaigns organized by their local Special Olympics Region.

At Level 2

A Program:

- » takes part in Special Olympics International and Regional campaigns.
- supports Special Olympics » International or Regional partnerships such as Coca-Cola partnership.

At Level 3

A Program:

- takes part in » fundraising campaigns organized by Special Olympics International or Special Olympics Region
- makes small changes » to campaigns so that it is easier for local people to understand the information and messages.



PROGRAM AT?

Before you go Donate today and get 2X athletes off the sideline

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WHICH LEVEL IS YOUR



Spacial Olympics

X







\$50

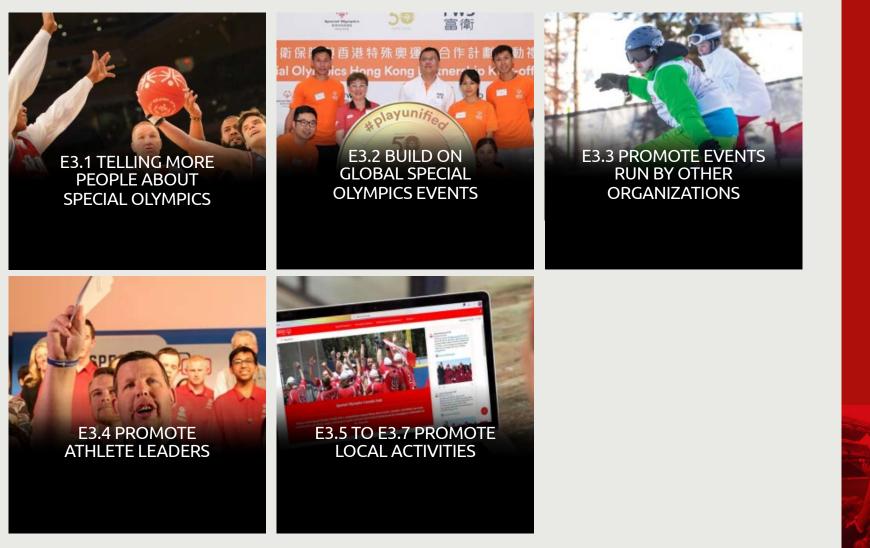
Other

\$15.38

Johnny Weir Wins Big for Special Olympics







How many quality standards has your Program reached at each level?

Level 1

Level 2

Level 3

54

E3.1 TELLING MORE PEOPLE ABOUT SPECIAL OLYMPICS SOCIAL MEDIA

At Level 1

Menu

A Program:

» has good social media posts that tell stories about athletes and sporting events

At Level 2

A Program:

At Level 1

- » has a **professional social media channel** or website
- uses social media to support their work and their marketing plan

At Level 3

A Program:

- » has social media or a website that the public uses - for example to make online donations.
- uses information from social media to support its marketing.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2



Special Olympics World Games Berlin 2023 @SOWG Berlin2023 The official Twitter account of the Special Olympics World Games Berlin 2023. #SpecialOlympicsWorldGames #Berlin2023

_



E3.1 TELLING MORE PEOPLE ABOUT SPECIAL OLYMPICS MEDIA COVERAGE

At Level 1

Menu

A Program:

Gets **stories** in the media for one or more:

- » big event
- » competition
- » campaign.

At Level 2

A Program:

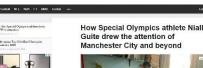
Gets **stories in the media** every **three months** for:

- » one big event
- » competition
- » campaign

At Level 3

A Program:

Gets **stories** in the **media** all year round.







LGPN Player Tankey

At Level 1





At Level 2



56

E3.1 TELLING MORE PEOPLE ABOUT SPECIAL OLYMPICS WORKING WITH OTHER ORGANIZATIONS

At Level 1

Menu

A Program:

gets **support** from **marketing** or **media professionals**.

At Level 2

A Program:

At Level 1

gets professional help from a marketing company or a media company such as a TV station or newspaper.

At Level 3

A Program:

has an official agreement with one or more marketing or media organizations.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2



57

E3.1 TELLING MORE PEOPLE ABOUT SPECIAL OLYMPICS BRAND

At Level 1

Menu

A Program:

- » uses the Special Olympics branding:
 - on its **website** and **social media**
 - on printed materials such as banners and t-shirts.

At Level 2

A Program:

- carries out research to understand how well know
 Special Olympics brand is compared to other brands
- uses Special Olympics branding on its website and printed materials such as staff uniforms at Program and local level

At Level 3

A Program:

always uses Special
 Olympics branding
 and promotes Special
 Olympics at every
 level of the Program.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2





E3.2 BUILD ON GLOBAL SPECIAL OLYMPICS EVENTS PROMOTE GLOBAL EVENTS

At Level 1

Menu

A Program:

» promotes Special Olympics using information about global Special Olympics events such as World Games.

At Level 2

A Program:

At Level 1

 runs its own campaign with information about one or more global Special Olympics events every year.

At Level 3

A Program:

 has a long-term plan for promoting Special Olympics based on Special Olympics global events and campaigns.



WHICH LEVEL IS YOUR PROGRAM AT?







E3.3 PROMOTE EVENTS RUN BY OTHER ORGANIZATIONS PROMOTING SPECIAL OLYMPICS AT DIFFERENT EVENTS

At Level 1

Menu

A Program:

 takes part in events with other organizations to promote Special Olympics.

At Level 2

A Program:

At Level 1

 has one or more agreements with an event organizer to promote Special Olympics at their events At Level 3

A Program:

- » has agreements with lots of event organizers
- » can promote Special Olympics to everyone including people with ID at a national event or regional event.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2





E3.4 PROMOTE ATHLETE LEADERS GET SUPPORT FROM CELEBRITIES

At Level 1

Menu

A Program:

» has one or more celebrities working with an athlete leader to promote Special Olympics one or more times a year.

At Level 2

A Program:

» has two or more celebrities working with an athlete leader to promote Special Olympics three or more times a year.

At Level 3

A Program:

» has two or more celebrities working with an athlete leader to promote Special Olympics all year round.







At Level 2

At Level 1



E3.4 PROMOTE ATHLETE LEADERS PROMOTE ATHLETE SUCCESSES

At Level 1

Menu

A Program:

» uses **social media** to tell everyone about **athlete successes**

At Level 2

A Program:

At Level 1

» uses **athlete leaders** as **spokespeople** and gets a lot of media coverage of athlete leaders.

At Level 3

A Program:

- » works closely with TV, radio and online news companies to promote the successes of athletes and athlete leaders.
- » For example, make a documentary about athletes or a news item or bulletin.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2





E3.5 TO E3.7 PROMOTE LOCAL ACTIVITIES HOW MUCH PROMOTION CAN PROGRAMS DO?

At Level 1

Menu

A Program:

» makes sure Special Olympics Clubs have basic training and information to promote local activities.

At Level 2

A Program:

At Level 1

» has a plan to support Special Olympics Clubs to promote their work locally.

At Level 3

A Program:

» works with funding or media organizations to support Special Olympics Clubs to promote their work locally.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2



MOON





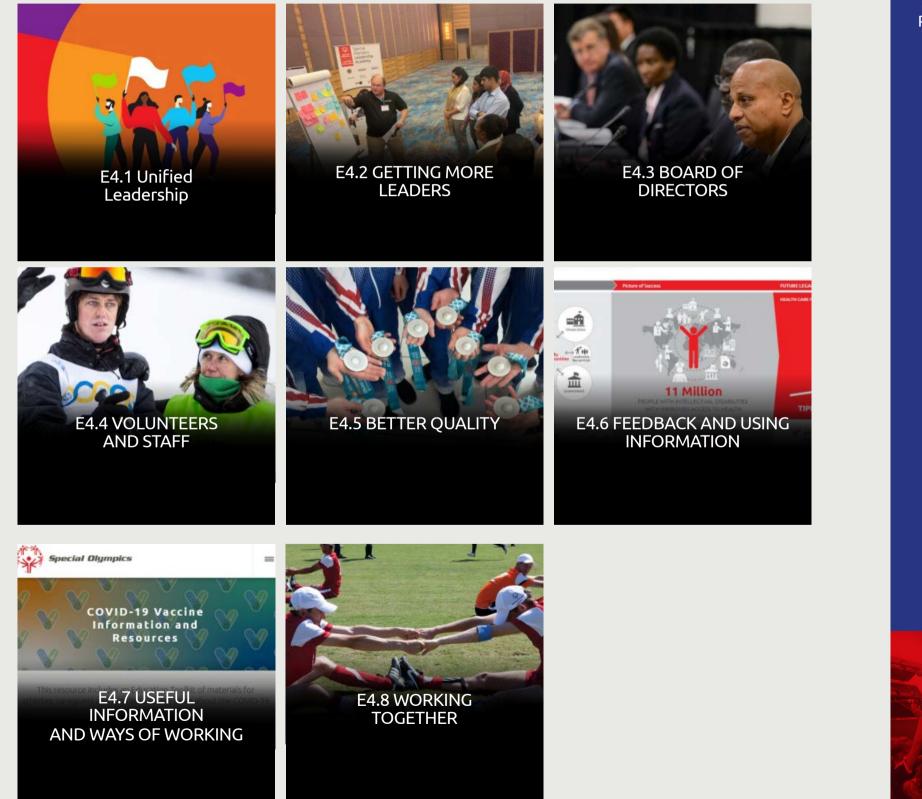
How many quality standards has your Program reached at each level?

Level 1

Level 2

Level 3





E4.1 UNIFIED LEADERSHIP UNIFIED LEADERSHIP APPROACH

At Level 1

A Program:

- » runs Unified Leadership training for:
 - staff
 - boards
 - volunteers
- » gets **Program leaders** to find **jobs** for **athlete leaders**.

At Level 2

A Program:

At Level 1

- » runs training about Unified Leadership approach for other organizations.
- » The training to other organizations **is led by athletes** or by athletes supported by staff.

At Level 3

A Program:

» promotes **Unified Leadership** at events run by other organizations.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2



E4.2 GETTING MORE LEADERS TRAINING STAFF AND VOLUNTEERS

At Level 1

Menu

A Program:

» makes sure all staff and volunteers get basic training about their jobs.

At Level 2

A Program:

At Level 1

» **trains staff** and **volunteers** on ways to run the Program and **make it better**.

At Level 3

A Program:

» gives staff and volunteers the chance to be experts that support the organization to get better.



WHICH LEVEL IS YOUR PROGRAM AT?









E4.3 BOARD OF DIRECTORS FINDING NEW BOARD MEMBERS

At Level 1

Menu

A Program:

- » finds **new board members**
- » trains the board members so they can support the Program for a long time.

At Level 2

A Program:

At Level 1

- » checks the **backgrounds** and **skills** of the board members
- » finds new members to make the board more diverse and more skilled

At Level 3

A Program:

» works with other organizations to find new board members with different backgrounds and the right skills.



WHICH LEVEL IS YOUR PROGRAM AT?

At Level 2



E4.3 BOARD OF DIRECTORS SUPPORTING BOARD MEMBERS TO MANAGE PROGRAMS

At Level 1

Menu

A Program:

- » has **board members** that go to **meetings** and events.
- » runs **different committees** so that the Program has better support.

At Level 2

A Program:

At Level 1

- » has a **board** that **supports** the Program
- has **committees** that often » hold meetings
- has written annual goals. »

At Level 3

A Program:

- has a board that » guides the Program and brings in funding.
- has **board members** » sitting on one or more committees to better support the needs of the Program.



WHICH LEVEL IS YOUR **PROGRAM AT?**



At Level 2



E4.3 BOARD OF DIRECTORS SUPPORTING BOARD MEMBERS TO BE LEADERS

At Level 1

Menu

A Program:

- » makes sure **board** members get the training they need
- » makes sure **board members** can work with other members.

At Level 2

A Program:

At Level 1

has **one big meeting** every » year for **board members** and supports them to get leadership training.

At Level 3

A Program:

- » reviews board members every year
- has a **plan** to find **new** » leaders.



WHICH LEVEL IS YOUR **PROGRAM AT?**



At Level 2

At Level 3

115

69

PICS SWEDEN IAL GAME sund 2020

At Level 1

Menu

A Program:

- » has **basic information** about **families**
- » gives **families** the chance to do **one** or **more training course** every year.

At Level 2

A Program:

At Level 1

- asks families to share their ideas for making the Program bigger and better
- » offers **three** or **more training opportunities** or families each year.

At Level 3

A Program:

- » has family members who are leaders at all levels of the Program
- » runs a programme of **training sessions** and
- » holds **meetings** for **families**.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2



E4.4 VOLUNTEERS AND STAFF EQUALITY AND INCLUSION FOR ALL

At Level 1

Menu

A Program:

» has a policy that promotes equality for everyone

At Level 2

A Program:

At Level 1

- » does **everything** in a fair way
- » promotes **equality and inclusion** in other **organizations**.

At Level 3

A Program:

- » leads on equality and inclusion issues
- is respected for its
 work on equality at a national or regional level.
- » shows others how to be inclusive



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2





E4.4 VOLUNTEERS AND STAFF FINDING MORE VOLUNTEERS

At Level 1

Menu

A Program:

- » finds more volunteers either online or at events
- » often runs training courses for volunteers.

At Level 2

A Program has:

- » a system for **finding new** volunteers
- » a plan for **keeping volunteers**.

At Level 3

A Program:

- works with organizations and businesses to find new volunteers.
- » keeps or increases the number of volunteers every year.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2

At Level 1





At Level 1

Menu

A Program

- » gives a **basic reward** to:
 - Staff
 - Volunteers
 - Coaches
- » For example, a **Thank You Letter**.

At Level 2

A Program:

- » has a way to **recognize** the **good work** of staff, volunteers, and coaches.
- For example, **awards** and » special events.

At Level 3

A Program:

- works with » organizations to give certificates to volunteers and staff who do good work.
- has staff and » volunteers that stay involved in its work for a long time



PROGRAM AT?





At Level 2 At Level 3





73

E4.4 VOLUNTEERS AND STAFF STAFF PERFORMANCE

At Level 1

Menu

A Program:

» has written job descriptions for key workers and lead volunteer roles.

At Level 2

A Program:

At Level 1

- » sets goals for staff or workers every year
- » checks how key workers and volunteers are doing in their roles.

At Level 3

A Program:

» has a way to support workers to get more skills



Job Title

- Supervisor
- Goal or purpose of job
- Major responsibilities
- Time commitment
- Qualifications (Required, Desired)
- Work location
 Benefits to vol
- Benefits to volunteerDate of job design or re-design

WHICH LEVEL IS YOUR PROGRAM AT?

At Level 2





E4.5 BETTER QUALITY MANAGING EVENTS

At Level 1

Menu

A Program:

- » has competitions and non-sports activities run by trained volunteers who understand what their job is.
- » sign-ups and trains volunteers on the same day as an event

At Level 2

A Program:

At Level 1

- » **signs up** and **trains volunteers** for events in advance
- » signs up **families**, **journalists** and **guests** to attend events.
- » asks **everyone** who takes part for **feedback** about the **events** they run.

At Level 3

A Program:

- » holds events run by experienced teams who train new volunteers to do key jobs
- » gets **feedback** from volunteers and everyone who takes part to make events better
- » works with **volunteers** to **support** the **event** using **social media**.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2





E4.6 FEEDBACK AND USING INFORMATION REPORTING ON INFORMATION

At Level 1

Menu

A Program:

- » reports information on time and the right information for:
 - Census

Why is Census important?

Coca Cola

- Policy Survey •
- World Games sign ups •
- Grants and funding. ٠

At Level 2

A Program:

- » often reports **information** about grants before the deadline
- uses this **information** to » write an **annual plan**.

At Level 3

A Program:

- collects information » to support decisionmaking.
- regularly **checks** its » plans.





WHICH LEVEL IS YOUR At Level 1 **PROGRAM AT?**



E4.7 USEFUL INFORMATION AND WAYS OF WORKING MANAGING FINANCES

At Level 1

A Program:

- has someone who manages and organizes Program money
- has financial statements that are often checked.

At Level 2

A Program:

At Level 1

- » **checks** and keeps track of how much money the organization has
- » checks and updates policies about dealing with money.

At Level 3

A Program:

» **manages** its **accounts** every month



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2



At Level 3

2015 FUNDRAISING HIGHLIGHTS The XII's lotter learner ontex - The /XII's Roar Rears, The Rears Tools II we The XII's load's closels and \$24 william is been than the learner of the Rears were of the Rears of Law Comparison to be young the Young All and Law Date

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<image>

Menu

E4.7 USEFUL INFORMATION AND WAYS OF WORKING PLANNING

At Level 1

Menu

A Program:

» writes a detailed **oneyear plan** in line with the **Special Olympics plan**.

At Level 2

A Program:

At Level 1

 writes a long term plan in line with the Special Olympics plan

At Level 3

A Program:

- often reviews its oneyear plan and longterm plans
- » **updates** the plan if needed.







At Level 2



At Level 3

78

E4.7 USEFUL INFORMATION AND WAYS OF WORKING BUDGET

At Level 1

Menu

A Program:

- » sets a budget that is closely follows the Program annual plan.
- » has a budget that is approved by the Board of Directors.

At Level 2

A Program:

At Level 1

- » has **enough money** to run for **three months**
- » has a long-term budget.

At Level 3

A Program:

» has **enough money** to run for **six months**



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2





E4.7 USEFUL INFORMATION AND WAYS OF WORKING MANAGING RISK

At Level 1

Menu

A Program:

- » has a **basic risk** assessment
- » writes a plan to sort out risks and carry out checks at sports venues.
- runs basic risk assessment training for staff and volunteers.

At Level 2

A Program:

- » has a **risk assessment** which looks at
 - safeguarding
 - managing medical asupport at events.
- » has a **risk management plan**.
- » has **basic insurance**

At Level 3

A Program:

- » writes and manages a risk management policy
- » supports risk management at events by working with:
 - legal organizations
 - fire organizations
 - security services
- » runs **risk management training** for all event organizers at venues.



WHICH LEVEL IS YOUR PROGRAM AT?



At Level 2

At Level 1



E4.8 WORKING TOGETHER KEEPING IN TOUCH WITH ATHLETES, STAFF AND VOLUNTEERS

At Level 1

Menu

A Program:

- » often keeps in touch with all **athletes**, staff and volunteers
- keeps in touch with » **Special Olympics** Region.

At Level 2

A Program:

1 Home

E Lists

R Profile

· More

- keeps in touch using **social** » media and chat groups
- works with leaders from » other Programs to keep in touch and learn from each other.

At Level 3

A Program:

has different » ways for staff and volunteers to work with each other on different projects.





Special Olympics 😒 4 CELEBRATE THE LEGACY # Explore Notifications #FKS10 Messages Bookmarks Special Olympics 🔮 Join our athletes leading the if InclusionRevolution and help us build a more inclusive @ Washington, DC @ jointherevolution.org @ Dom July 20 Winstand Issued I 1,998 Following 117.7K Followers Followed by Lucky Trachause, Victoria Derbyshire, and 22 others you foliow Iweets & replies Modia A Pinned Tweet Special Olympics 🧔 @SpecialOlympics - I.d II

At Level 2









FIND OUT MORE

To learn more about the PQS please contact **sfenichel@specialolympics.org**

2022

This document was made in 2022.