#### **CENSUS DEFINITIONS AND GUIDANCE 2025 EDITION**

#### **INTRODUCTION:**

To access **Census online system** visit <a href="https://census.specialolympics.org/index.html">https://census.specialolympics.org/index.html</a>. If you received new login credentials in 2017, use them to enter the system. You can use same credentials as you use to access SOI Accreditation website. For questions, login credentials (new users) or technical support, please contact <a href="mailto:censusmanagement@specialolympics.org">censusmanagement@specialolympics.org</a>

## **IMPORTANT:**

- When reporting 2025 Census data please include in-person and virtual Special Olympics activities conducted in your Program
- To ensure consistent reporting, we will be verifying Census numbers with grant reports (where applicable). Please work with the grant mangers in your Program to ensure consistent data submissions.

#### **GENERAL INSTRUCTIONS:**

- The information submitted for each metric should be for the calendar year, 1 January 31 December 2025.
- Census should include numbers from all settings where Special Olympics programming takes place: Schools, Clubs, communities, and virtual (where applicable) settings.
- Athlete and coaches numbers reported in M01 / M02 of Totals section should include <u>BOTH TRADITIONAL AND UNIFIED</u> athletes and coaches.
  - The system will give an error message if M07 (Total Unified Athletes) values by sport and Individual Total greater than sum of M01/M02 (Total Athletes who Trained and Competed/Total Athletes who Trained BUT did NOT Compete), and if M09 (Unified Coaches) values by sport and Individual Total are greater than M03 (Total Coaches).
- Total Participation v/s Individual Total in "Totals" and "Unified Sports" sections:
  - The *Total Participation* is an <u>AUTOMATIC SUM OF ALL ATHLETES</u> reported across all sports in each age and gender category or ALL COACHES coaching in all sports combined.
  - The *Individual Total* is the number of <u>INDIVIDUAL ATHLETES</u> in each age and gender category, or <u>INDIVIDUAL COACHES</u> involved in your Program.
    - o *Example:* if the same athlete participates in 5 different sports, he / she will be automatically counted 5 times in the Total Participation row but must be reported as 1 athlete in the Individual Total row.
  - If the *Individual Total = Total Participation*, this means that each athlete in your Program participates in only 1 sport. The system will flag an error. In a small Program this may occur but is unlikely in a larger Special Olympics Program. If you receive an error message, please review the numbers you reported in the Individual Total to ensure they are correct.
    - The *Individual Total* can't be greater that *Total Participation* and must be equal to or be larger than the highest athlete / coach number reported in any sport for a given age / gender category.

o *Example:* if you reported 5 female athletes in the 8-15 age category in basketball, your *Individual Total* for female athletes 8-15 years old should be at least 5 or higher.

## TOTAL – ATHLETES AND COACHES (Traditional and Unified):

METRIC	DEFINITIONS	GUIDANCE
Total Athletes who Trained AND Competed (M01) broken down by sport	An athlete who trained and competed is a person with an intellectual disability age 6 years and older who trained in a TRADITIONAL OR UNIFIED SPORT and competed at least once in that sport at a Special Olympics Games or competition at any level (local, state, national, regional, or world) within a calendar year.	Report the number of athletes who trained and competed by age category (6-7,8-15, 16-21 or 22+ years old) and gender (male, female, other) in all applicable sports.  Important instructions:  1. Count all athletes who trained and competed in Traditional and / or Unified Sports even if they trained in Unified Sports only.  2. Do not count Unified Sports partners.  3. E.g. Bobby (male athlete, 17 years old) trained and competed in bocce, tennis and volleyball. Report Bobby in bocce, tennis and volleyball in male / 16-21 category. Bobby will automatically be counted 3 times in the Total Participation, BUT must be reported as 1 athlete in the Individual Total in male /16-21 column  4. The Individual Total of athletes for each age / gender category must be equal to or be larger than the highest number of athletes reported in any sport for this age / gender category.
	"Additional" Sports are locally popular sports (Netball, Triathlon or Flag Football) that a Program trains and / or offers competition in. See <u>Article I</u> , Section D	Ensure that you report information for every sport conducted in the Program. If a Program offers local sport(s) that does not appear in the sports listing, contact Census help: (censushelp@specialolympics.org) to add the sport(s).

	of the Sports Rules for a full explanation of official, recognized and locally popular	
Total Athletes who Trained BUT did NOT Compete (M02)	An athlete who trained but did not compete is a person with an intellectual disability age 2 years and older who trained in a Special Olympics TRADITIONAL OR UNIFIED SPORT, but did NOT compete in that sport at a Special Olympics Games or competition at any level (local, state, national, regional, or world) within a calendar year.	Report the number of athletes who trained but did not compete by age category (YA, 6-7, 8-15, 16-21 or 22+ years old) and gender (male, female, other) in all applicable sports.  Important instructions:  1. Count all athletes that trained in Traditional and / or Unified Sports even if they trained in Unified Sports only.  2. Do not count Unified Sports partners.  3. E.g. Maria (female athlete, 9 years old) trained in swimming, tennis and floorball. Report Maria in swimming, tennis, and volleyball rows in female / 8-15 category. Maria will automatically be counted 3 times in the Total Participation BUT must be reported as 1 athlete in the Individual Total for female / 8-15 column.  4. If Maria (female athlete, 9 years old) trained and competed in tennis, and just trained, but did not compete in swimming, she must be reported in tennis in M1 / female / 8-15 row as well as in swimming in M2 / female / 8-15 row. She will be automatically counted in M1 AND M2 Total Participation. Maria must be reported only once in the M01 Individual Total in female / 8-15 column  5. The Individual Total of athletes for each age / gender category must be equal to or be larger than the highest number of athletes reported in any sport for this age / gender category.

#### MATP

Motor Activities Training Program (MATP) is our Special Olympics movement-based sport program for athletes with profound intellectual disabilities who have high support needs. MATP gives athletes the opportunity to practice skills that will prepare them for sport without comparison to others. The focus is on achieving personal bests and being celebrated for unique sporting achievements.

Report the number of athletes who participated in MATP activity age category (8-15, 16-21 or 22+ years old) and gender (male, female, other).

## Important instructions:

- 1. Include MATP athletes in the total athletes count in the Individual Total.
- 2. Total Athletes who Trained AND Competed (M01) broken down by sport an MATP athlete who trains in MATP and has attended a MATP sport event is counted in M01
- 3. Total Athletes who Trained BUT did NOT Compete (M02) an MATP athlete who trains in MATP and has NOT attended a MATP sport event is counted in M02

## **Young Athletes**

Young Athletes are athletes 2-7 years old with and without Intellectual Disability who participated in a structured sports skills development program in a school, community or home, using Special Olympics Young Athletes materials.

Report the number of children with and without Intellectual Disability participating in Young Athletes program in the Young Athletes column by gender (male, female) category.

## Important instructions:

- 1. The Young Athletes category is the only category where **Individual Total** count must be equal to the **Total Participation**.
- 2. A Young Athlete should be counted only once per year, regardless of how many times that person participated in Young Athletes activities.
- 3. If Laura (female athlete, 6 years old) participated in Young Athletes **and started** training in bocce, report her in bocce in M02 female / 6-7 column and count her in M02 female / 6-7 column **Individual Total only**.
- 4. While a typical Young Athlete participant is a child with OR without ID, age 2-7, some Programs have athletes ages 8 10 still participating in Young Athletes program. Programs should focus on progressing children from YA to sport training opportunities after age 7; however, at this time, please record all Young Athletes, including those ages 8 10, under the "Young Athletes" column.

Total Coaches (Certified and Uncertified, Traditional and Unified) (M03)	A coach is a person who provided Special Olympics athletes with a comprehensive sports training and preparation for competitions and / or Games within a calendar year.	Report the number of certified and uncertified, traditional and Unified coaches in all applicable sports by gender (male, female, other).  Important instructions:  1. Report total coaches by gender: male, female, other by sport. Note: reporting total Coaches by gender is required from 2021 and on.  2. Count all coaches that coached Traditional and / or Unified Sports even if they coached Unified Sports only.  3. If a coach coached 3 different sports (e.g. bocce, tennis and volleyball) report him / her in each sport. This coach will be automatically counted 3 times in Total Participation, BUT must be reported as 1 coach in the Individual Total.  4. The Individual Total of coaches must be equal to or be larger than the highest number of coaches reported in any sport.  5. If you reported any athletes in a particular sport (e.g. volleyball) make sure to report coaches for this sport.  6. Young Athletes coaches include anyone referred to as a Young Athletes coach, teacher, trainer, assistant, or instructor. Young Athletes coaches should be counted in the Individual Total count for coaches.
Number of Certified Coaches (M03A)	A <b>certified coach</b> is person who has completed Coach Education Certification AND provided Special Olympics athletes with a comprehensive sports training and preparation for competitions and /or	Report the number of <b>certified</b> coaches, traditional and unified in all applicable sports by gender (male, female, other).  Important instructions:

Games within a calendar year. Coach certification can be awarded by:

- Special Olympics Program / Region,
- National Governing Body of Sport,
- Regional / International Federation,
- Recognized Educational Institution,
- Other certification body approved by Special Olympics Program/Region
- 1. Report total coaches by gender: male, female, other by sport. Note: reporting total Coaches by gender is required from 2021 and on.
- 2. Certified Coaches (M03A) is a **subset** of the Total Coaches (M03). If you reported total 4 coaches in a sport (e.g. tennis) in M03, your number of certified coaches in that sport (tennis) in M03A cannot be larger than 4.
- 3. The Individual Total number of certified coaches (MO3A) cannot be larger that total number of coaches reported in M03. If M03A values by sport and Individual Total is greater than M03, the system will give an error message on the summary sheet.
- 4. If a coach was certified and coached in 3 different sports (e.g. bocce, tennis and volleyball) report him / her in each sport. This coach will be automatically counted 3 times in the **Total Participation** BUT must be reported as 1 coach in the **Individual Total**.
- 5. If a coach coached in 3 sports (e.g. bocce, tennis and volleyball), but is only certified in one sport (e.g. bocce), report that coach in M03 for tennis and volleyball, in M03A for bocce, BUT only once in the M03A Individual Total count.
- 6. The **Individual Total** of certified coaches **must be equal to** or **be larger than** the highest number of certified coaches reported in any sport.
- 7. The coaches who received general, not sport-specific certification should be counted in the "Generic Sport" row. Select "Generic Sport" from the menu of sports at the beginning of your Census submission process if you have any non-specific sport certified coaches to report.

## UNIFIED SPORTS:

METRIC	DEFINITIONS	GUIDANCE
Unified Athletes	A Special Olympics Unified Sports® athlete is a person with an intellectual disability age 6 years and older who is involved in Unified Sports Recreation, Unified Sports Player Development and/or Unified Sports Competitive models at Games, competitions, Camp Shriver or other Unified Sports activities at any level (local, state, national, regional, or world) within the calendar year.	Report the number of Unified athletes in all applicable sports across 3 Unified Sports models (see below).  Important instructions:  1. If the same athlete participated in multiple Unified Sports and across different models, report him / her in every applicable sport category and model.  2. If you report Unified Athletes / Partners, you should report Unified Schools, Unified Champion Schools or Unified Club metrics as those are the most typical settings in which Unified Sports take place.
Unified Partners	A Special Olympics Unified Sports® partner is a person without an intellectual disability age 6 years and older who is involved in Unified Sports Recreation, Unified Sports Player Development and/or Unified Sports Competitive models at Games, competitions, Camp Shriver or other Unified Sports activities at any level (local, state, national, regional, or world) within the calendar year.	Report the number of Unified partners in all applicable sports across 3 Unified Sports models (see below).  Important instructions:  1. If the same partner participated in multiple Unified Sports and across different models report him / her in every applicable sport category and model.  2. If you report Unified Athletes / Partners, you should report Unified Schools, Unified Champion Schools or Unified Club metrics as those are the most typical settings in which Unified Sports take place.
Unified Sports Recreation Model (MO4)	Unified Sports Recreation is an inclusive recreation sports event, training program, or competition for Special Olympics athletes and Unified partners. Unified Sports Recreation activities are not required to meet the minimum training, competition and team composition	Report the number of Unified athletes and partners age 8 years and older who participated in Unified Sports Recreation activities in all applicable sport categories.  Important instructions:  1. If a Unified athlete / partner participated in a Unified Sports Recreation model in 3 different sports (e.g. bocce, tennis and

	requirements of Unified Sports Player Development and Unified Sports Competitive models but they must: - be operated exclusively by SO Program, or - implemented in direct partnership with SO Program A Unified Sports Recreation event should involve a minimum of 25% of individuals with an intellectual disability and a minimum of 25% of individuals without an intellectual disability.	volleyball) report him / her in each sport. This Unified athlete / partner will be automatically counted 3 times in the Total Participation for Unified Recreation model, BUT must be reported as 1 Unified athlete / partner in the Individual Total for this model.  2. The Individual Total of Unified athletes / partners for Recreation model must be equal to or be larger than the highest number of Unified athletes / partners reported in any sport for this model.
Unified Sports Player Development Model (M05)	In Unified Sports Player Development, teammates are not required to be of similar abilities but age matching should be targeted. Players of higher ability should assist teammates of lower ability in developing sport-specific skills and tactics and in successfully participating in a team environment.  This model should combine approximately equal numbers of Special Olympics athletes and partners as teammates on sport teams for training and competition.	Report the number of Unified athletes and partners age 8 years and older who participated in Unified Sports Player Development model activities in all applicable sport categories.  Important instructions:  1. If a Unified athlete / partner participated in a Unified Sports Player Development model in 3 different sports (e.g. bocce, tennis and volleyball) report him / her in each sport. This Unified athlete / partner will be automatically counted 3 times in the Total Participation for Unified Sports Player Development model BUT must be reported as 1 Unified athlete / partner in the Individual Total for this model.  2. The Individual Total of Unified athletes / partners for Unified Player Development model must be equal to or be larger than the highest number of Unified athletes / partners reported in any sport for this model.
Unified Sports Competitive Model (M06)	Unified Sports Competitive Model combines approximately equal numbers of athletes and partners of similar age and ability, as teammates for training and competition. All athletes and partners	Report the number of Unified athletes and partners age 8 years and older who participated in Unified Sports Competitive model activities in all applicable sport categories.  Important instructions:

	competing in Unified Sports must have the necessary sport-specific skills and tactics to compete without modification of the current Special Olympics Official Sports Rules.	<ol> <li>If a Unified athlete / partner participated in a Unified Competitive model in 3 different sports (e.g. bocce, tennis and volleyball) report him / her in each sport. This Unified athlete / partner will be automatically counted 3 times in the Total Participation for Unified Competitive model, BUT must be reported as 1 Unified athlete / partner in the Individual Total for this model.</li> <li>The Individual Total of Unified athletes / partners for Unified Sports Competitive model must be equal to or be larger than the highest number of Unified athletes / partners reported in any sport for this model.</li> <li>If you report any athletes / partners in Unified Sports Competitive model, make sure to report Unified Competitions in the Program Information section.</li> </ol>
Unified Sports Totals Athletes and Partners (M07) broken down by sport and gender	Unified athletes and Unified partners definition see above	Report total number of Individual Unified athletes / partners age 8 years and older by gender (male, female, other) who participated in any of the 3 Unified Sports models in each sport.  E.g. If Terrell (an athlete) participates in Unified Floorball in Recreation and Competitive models, he must be reported as 1 athlete for Floorball in M07 – Athletes.  E.g. If Sonia (a partner) participates in Unified Floorball in Competitive model, and in Unified Volleyball in Competitive and Recreational models, she must be reported as 1 athlete for Floorball in M07 and 1 athlete for Volleyball in M07. She will automatically be counted 2 times in M07 Total Participation. Sonia must be reported as 1 athlete in Individual Total for M07 - Partners.  Important instructions:  1. The Unified Totals athletes / partners in each sport must be equal to or be larger than the highest number of Unified

		<ul> <li>athletes / partners reported in any of the 3 models for that sport.</li> <li>2. Unified Totals athletes is a subset of Total athletes (sum of M01 and M02) for each sport. If you reported total 15 athletes in a sport (e.g. tennis), your Total Unified athletes in that sport (tennis) cannot be larger than 15.</li> <li>3. If a Unified athlete / partner participated in any Unified Sports model in 3 different sports (e.g. bocce, tennis and volleyball) report him / her in each sport. This Unified athlete / partner will be automatically counted 3 times in the Total Participation, BUT must be reported as 1 athlete / Unified partner in the Individual Total.</li> <li>4. M07 individual total should be at least equal to or greater that the Individual Total reported in any of the 3 models. E.g. if you report 15 athletes in Individual Total in Player Development, 10 in Individual Total in Recreation and 5 in Individual Total in Competitive Models, your M07 Individual Total should be at least 15 but no larger than 30.</li> </ul>
Total Number of Unified Sports Competitions (M07A) broken down by sport	M07A: Unified Sports competitions include all forms of Unified Sports competitive events conducted at all program levels within a calendar year between individuals/teams that normally do not train together.	Report the total number of Unified Sports competition opportunities offered in the Program by sport.  Important instructions:  1) In a multi-sport competition (single/multiple day) each sport offered should be counted as one competition within the M01 category for that sport.  2) If a sport (e.g. Football) is offered as Traditional and Unified, count as 2 competitions.  3) Count only the Sport, not the number of events within each sport (e.g. An athletics competition offering 100m, 200m,

		shotput, high jump and long jump should be counted as 1 competition).
		<ul><li>4) Count each league match as a separate competition.</li><li>5) Include Traditional &amp; Unified Competitions in the total count.</li></ul>
Youth Unified	Youth Unified Athletes and Unified	Report the total number of Unified athletes / partners age 8-25 who
Athletes and Partners	Partners are people with and without intellectual disabilities age 8-25 who are	participated in any of the 3 Unified Sports models in each sport.
(M08)	involved in Unified Sports Recreation,	Important instructions:
	Unified Sports Player Development and/or Unified Sports Competitive models at Games, competitions, Camp Shriver or other Unified Sports activities at any level (local, state, national, regional, or world) within the calendar year.	<ol> <li>Youth Unified athletes / partners is a subset of Unified Total athletes / partners. If you reported 15 Unified athletes and 20 Unified partners in a sport (e.g. tennis), your Youth Unified athletes in that sport (tennis) cannot be larger than 15 and Youth Unifies partners – larger than 20.</li> <li>If a Youth Unified athlete / partner participated in any Unified Sports model in 3 different sports (e.g. bocce, tennis and volleyball) report him / her in each sport. This athlete / Unified partner will be automatically counted 3 times in the Total Participation for Youth Unified, BUT must be reported as 1 athlete / Unified partner in the Individual Total.</li> <li>If you report Youth Unified Athletes / Partners then you should report Unified Schools, Unified Champion Schools or Unified Club metrics as those are the most typical settings in which Unified Sports take place.</li> </ol>
Total Unified	A Unified Sports <b>coach</b> is a person who has	Report the number of <b>Unified Sports</b> coaches in all applicable sports
Sports	received Unified Sports coaches training	by gender (male, female, other).
Coaches	and provides Special Olympics Unified	
(M09) broken	athletes and partners with a	Important instructions:
down by	comprehensive sports training and	1. If a coach coached in 3 different Unified Sports (e.g. bocce,
gender	preparation for competitions in any Unified Sports model within a calendar year.	tennis and volleyball) report him / her in each sport. This coach will be automatically counted 3 times in <b>Total</b> Participation row, BUT must be reported as 1 coach in the Individual Total.

2. The <b>Individual Total</b> of Unified coaches <b>must be equal</b> to or <b>be larger than</b> the highest number of Unified coaches reported in any sport.
<ol> <li>If you reported any Unified athletes / partners in a particular sport (e.g. volleyball) make sure to report Unified coaches for this sport (volleyball).</li> <li>Unified Coaches is a subset of the Total Coaches (M03). If you reported total 4 coaches in a sport (e.g. tennis) in M03, your number of Unified coaches in that sport (tennis) cannot be larger than 4.</li> </ol>

## PROGRAM INFORMATION

METRIC	DEFINITIONS	GUIDANCE
1. Total Number of Traditional Competitions (Traditional) (M01A) broken down by sport	M01A: A Competition includes competitive traditional events, conducted at all Program levels within a calendar year between individuals/teams that normally do not train together.	Report the total number of competitions offered in the Program by sport.  Important instructions:  1) In a multi-sport competition (single/multiple day) each sport offered should be counted as one competition within the M01 category for that sport.  2) If a sport (e.g. Football) is offered as Traditional and Unified, count as 2 competitions: one in this Traditional metric M01A, and the Unified competition in M07A/ Program Information Question 2.
		3) Count only the Sport, not the number of events within

## In red – changes / clarifications compared to 2024 cycle version

		each sport (e.g. An athletics competition offering 100m, 200m, shotput, high jump and long jump should be counted as 1 competition).  4) Count each league match as a separate competition.  5) Include only Traditional Competitions in this count.
2. Number of Unified Sports Competitions	Unified Competitions include all forms of Unified Sports competitive events conducted at all Program levels within a calendar year between individuals/teams that normally do not train together.	Report the total number of Unified competition opportunities offered in the Program.  Important instructions:  1. In a multi-sport Unified competition (single/multiple day) - each sport offered should be counted as one competition.  2. Count only the Unified Sports, not the number of events within each sport.  3. Count each Unified league match as a separate competition.

3. Total Number of Volunteers	A <b>Volunteer</b> is a person of any age, with or without an intellectual disability, who volunteered his/her time to support Special Olympics Program in any unpaid capacity at least once during the calendar year.	Report the total number of individuals involved in the Program who meet the definition of volunteers.  Important instructions:  1. Do not count Unified Sports partners in this metric, unless a Unified Sports partner also volunteers in one of the volunteer roles.  2. A volunteer participating in multiple roles should be counted only once.
	A <b>Youth Volunteer</b> is an individual with or without an intellectual disability aged 8-25 who volunteered his/her time to support Special Olympics Program in any unpaid capacity at least once during the calendar year.	<ol> <li>Report the total number of volunteers in the 8-25 age category.</li> <li>Important instructions:         <ol> <li>Do not count Unified Sports partners in the metric, unless a Youth Unified Sports partner also volunteers in one of the volunteer roles.</li> <li>A youth Volunteer participating in multiple roles should be counted only once.</li> </ol> </li> <li>Number of Youth Volunteers is a subset of the Total Volunteers metric. If you reported 15 volunteers in your Program, your youth volunteers cannot be greater than 15.</li> </ol>

## 4. Number of Athletes serving in a meaningful leadership role broken down by gender

A Special Olympics Athlete who is actively involved in a meaningful leadership role during the calendar year.

Examples of athletes in meaningful leadership roles include:

- Leadership roles at competitions, games, events, or sports or health clinics
- Coaches, assistant coaches, Young Athletes coaches, Sport Officials
- Awareness building through public speaking, other types of messaging (through social media), or communications (taking photos, recording podcasts, etc.)
- Representatives on Boards; sports, and non-sports committees, or Leadership Councils
- Fundraising
- Health Messengers
- Fitness Captains
- Unified Leadership or Athlete Leadership facilitators/educators
- Athletes as mentors
   Athletes as staff (paid or unpaid)

Report the total number of Athletes who performed any of the outlined meaningful leadership roles **by gender** (male, female, other).

A role is considered meaningful when it serves an important purpose both for the Special Olympics Program and the athlete. It is giving experienced athletes the opportunity to participate in a leadership role, taking over a responsibility that benefits the organization as well as their own personal and professional growth.

## Important instructions:

Athletes performing multiple leadership roles should only be counted once.

1. Athletes 8-25 years old should also be counted in the Youth Leaders metric.

## 5. Number of Youth Leaders, with and without ID, serving in a meaningful leadership role

A Special Olympics Youth Leader, with or without intellectual disabilities, aged 8-25, that is actively involved in a meaningful leadership role during the calendar year.

Examples of youth leaders in meaningful roles include:

- Representatives of youth advisory councils and committees
- Leadership team member for UCS programming at a school
- Local Program Committee members
- Games, event and Summit organizers
- Sport Officials
- Grant project leaders
- Board members
- Coaches / assistant coaches
- Health Messengers
- Fitness Captains
- Youth as staff (paid or unpaid)

Report the total number of Youth Leaders with and without ID, aged 8-25, who performed any of the outlined meaningful leadership roles.

A role is considered meaningful when it serves an important purpose for a school or Special Olympics Program and the Youth Leader. It is giving experienced Youth Leaders the opportunity to participate in a leadership role, taking over a responsibility that benefits the organization as well as their own personal and professional growth.

#### Important instructions:

Youth Leaders performing multiple leadership roles should only be counted once.

- 1. Athlete leaders 8-25 years old should also be counted in this metric. For example, a 24-year-old Global Messenger should be counted as a youth leader AND captured in the athlete leaders category.
- 2. Siblings between the ages of 8-25 in leadership roles should also be counted as Youth Leaders

## 6. Number of athletes trained in leadership or skill development

Athletes trained in leadership, personal and professional development during the calendar year. Examples of trainings include:

- Special Olympics Leadership & Skills Curriculum trainings:
  - Core Modules: Introduction to Athlete Leadership and Understanding Leadership.
  - Advanced Leadership Skills:
     Understanding Emotions,
     Engaging with Others, Leading
     Discussions, Managing Time,
     Unified Leadership
  - Special Olympics Roles: Athlete Representative, Athlete Spokesperson, Event Leader, Health Messenger, and Sport Leader.
  - Personal and professional development.
- Trainings organized and led by SO
   Programs, partners or consultants that
   contribute to the athlete's leadership
   and skill development.

Report the total number of Athletes who have been trained in leadership or skills development.

The delivery method of the training can be in-person, virtual, or online.

#### Important instructions:

- 1. Athletes participating in multiple pieces of training should only be counted once.
- 2. Athletes trained in a previous year do not count unless they were also trained on something different this year.
  - a. E.g., Julia was trained in 'Introduction to Athlete Leadership" last year and counted in that year's census. This year they were trained in "Understanding Leadership". They should be counted in this year's Census as well because it was a different training.
  - b. E.g., Rodrigo was trained in "Athlete Representative" last year and counted in that year's Census. This year, Rodrigo served on the Program's board of directors but did not take any training. They should not be counted in this year's Census for "athletes trained" because they did not receive any new training this year.

# 7. Total Number of Registered Family Members

A Registered Family member is a parent, grandparent, sibling, guardian, custodian or caregiver of a person with an intellectual disability registered with a Program during the calendar year whose contact information is shared with the Program.

Report the total number of family members of people with intellectual disabilities who Program has a way to directly communicate with.

### Important instructions:

Do not count family members of Unified Partners or coaches, unless it's an athlete who also is a coach / assistant coach.

7a. Number of Family Leaders  8. Does your Program have a Full-Time Paid Program	A Family Leader is a parent, grandparent, sibling, guardian, custodian or caregiver of a person with intellectual disability who is actively involved in a Program leadership role during the calendar year. Examples of family leadership roles include:  Coaches / assistant coaches Standing Committee members Board Members Games and event organizers Local Program Committee Members  Sport officials  A paid Program Director, National Director or CEO is a Special Olympics employee who receives an annual documented salary from the Special Olympics Program.	Report the total number of family members actively involved in a leadership role.  Important instructions:  1. Count each family member individually 2. Family members performing multiple roles (e.g. as coaches, Unified partners, volunteers) should be counted in each of the categories. 3. Number of Family Leaders is a subset of the Registered Family members. If you reported 100 family members in your Program, your family leaders count can't be more than 100.  Siblings between the ages of 8-25 in leadership roles should also be counted as Youth Leaders  Answer 1 for Yes, and 0 for No
Director / CEO?  9. Total Number of Paid Staff	A paid staff refers to paid staff employed in a skilled role by a Special Olympics Program office on a full-time or a part-time basis and regularly works the agreed upon number of hours per week.	Report the total number of paid full-time or part-time staff employed in your Program.  Important Instructions:  1. If you report a paid National Director / CEO, that counts as at least 1 paid staff.
9a. Number of Paid Staff with Intellectual Disabilities	A paid staff with ID refers to paid staff with an intellectual disability employed ina skilled role by a Special Olympics Program office on a full-time or a part-time basis and regularly works the agreed upon number of hours per week.	Report the total number of paid full-time or part-time staff with intellectual disabilities employed in your Program.

	Examples of skilled work include: office administration, leading a function of a	
	Program, clerical work.	
10. Number of	An unpaid staff with intellectual disabilities	Report the total number of <b>unpaid staff with intellectual</b>
Unpaid Staff	refers to an individual with an intellectual	disabilities working in an unpaid skilled role at the Accredited
with Intellectual	disability who works in an unpaid skilled role	Program or sub-Program level.
Disabilities	for extended periods of time (e.g. internship	
	position) in the Accredited Program or sub-	
	Program level. As opposed to volunteer role,	
	unpaid staff has certain duties and goals. E.g.	
	manages an important function in the office or	
	a programmatic area such as Young Athletes, a	
	Healthy Athletes discipline, Athlete	
	Leadership, or a sport, but does not receive a	
	salary or stipend.	
11. Number of	An organization educated in Unified	Report the number of organizations that participated in a
Organizations	Leadership is a company, non-governmental	"Unified Leadership: Warm-Up" or "Unified Leadership: Kickoff"
educated in	organization (NGO), government agency,	session delivered by your Program.
Unified	school, healthcare organization, sport	
Leadership	federation, or institution that has participated	Important instructions:
	in a "Unified Leadership: Warm-Up" or	1. Count all organizations, companies, NGOs, institutions,
	"Unified Leadership: Kickoff" session that your	government agencies, schools, healthcare organizations,
	Program delivers. If an organization	sport federations, etc., that participated in a "Unified
	participates in both "Unified Leadership:	Leadership: Warm-Up" or "Unified Leadership: Kickoff"
	Warm-Up" and "Unified Leadership: Kickoff"	session. Do not count the persons who participated, just
	sessions, only count the organization <u>one</u>	the organization.
	<u>time</u> .	a. E.g., United Airlines participated in 2 Unified
		Leadership sessions in 2023 ("Unified Leadership:
		Warm-up" and "Unified Leadership: Kickoff"). You
		should count United Airlines only 1 time.
		b. E.g., You had 3 organizations participate in the same "Unified Leadership: Warm-up" session. You
		Same Onlineu Leauership. Warni-up Session. You

12. Total Number of Schools Engaged in Special Olympics	A School Engaged in Special Olympics is a school or University that offers its students the opportunity to engage in any type of Special Olympics programing within a calendar year. Examples include:  Traditional Special Olympics Sports Unified Sports R-Word Campaign or other advocacy efforts Spread the word inclusion-campaign Research Student Fundraising	should count a total of 3 organizations even if they all attended the same session.  c. Only report the organizations that attend sessions that your Program delivers. If your Program refers organizations to a session delivered by another Program, region, or Headquarters, do not count these organizations in your Census.  Report the total number of schools engaged with Special Olympics.  Important instructions:  1. Schools engaged in multiple Special Olympics opportunities should be counted once.  2. Types of schools include: pre-school, kindergarten, elementary school, primary school, secondary school, high school, middle school, technical school, special education school, vocational school, trade school, college, university, or other post-secondary school.
12a. Number of Unified Schools	A Unified School is a school or university that conducts Unified Sports opportunities at least 2 times within a calendar year.	<ul> <li>Report the total number of Unified Schools, which participate in Unified Sports activities. This can be within the formal Physical Education framework or as an informal activity outside regular lessons.</li> <li>Important instructions: <ol> <li>For U.S. Programs only: Number of Unified Schools reported should be equal to number of Unified Champion schools reported in 12ai.</li> <li>To qualify as a Unified School, any model of Unified Sports may be conducted (competitive, player-development, or recreation).</li> <li>Types of schools: same as above.</li> </ol> </li> </ul>

		<ol> <li>If a general education school works with a special education school to participate in Unified Sports activities involving students of both schools, count these as two separate Unified Schools.</li> <li>Reminder: Any school offering inclusive Young Athletes qualifies as Unified School, as inclusive Young Athletes falls under the Unified Sports Recreational Model</li> <li>Unified Schools are a subset of Schools engaged with Special Olympics.</li> <li>You cannot have Unified Schools but no Youth Unified Sports Athletes and Partners. You are also likely to have Unified Competitions. Please make sure to report those.</li> </ol>
12ai.Number of Unified Champion Schools	A Unified Champion School is a school or university that promotes inclusion by conducting activities in each of three components within a calendar year:  1) Unified Sports (competitive, player-development, or recreation models) 2) Inclusive Youth Leadership AND 3) Whole School Engagement	Report the total number of Unified Champion Schools.  Important instructions:  1. For U.S. Programs only: please only include your Unified Champion School numbers, using same methodology (counting all 1, 2 and 3 component schools from the school year ending in June of the census year) as used for SONA UCS reports, and report same number in section 12a.  2. Inclusive Youth Leadership: students with and without ID work together to lead and plan advocacy, awareness, and other Special Olympics related inclusive activities (example: Youth Activation Committees). These Youth Leaders have to be reflected in the metric "Number of Youth Leaders"  3. Whole School Engagement includes awareness/education activity that promotes inclusion and reaches majority of school's student body (Example: Pledge to Include, School

		<ul> <li>Assembly informing about inclusion, Spread the Word Inclusion' – Campaign, R-Word Campaign)</li> <li>4. Types of schools include: same as above</li> <li>5. If a general education school forms a partnership with a special education school, (students of both schools must be involved) count these as two separate Unified Champion Schools.</li> <li>6. Reminder: Any school offering inclusive Young Athletes qualifies as Unified School, as inclusive Young Athletes fall under the Unified Sports Recreational Model Unified Champion Schools are a subset of Unified Schools. If you report 20 Unified Schools, your Unified Champion Schools can't be larger than 20.</li> <li>7. You cannot have Unified Champion Schools but report no Youth Unified Sports Athletes / Partners, and no Youth Leaders. You are also likely to have Unified Competitions as a result of school engagement. Make sure you report them.</li> </ul>
13. Total Number of local Special Olympics clubs/programs	A lowest level local organized branches of National/State Program that operate in a community or a school setting, where athletes participate in Special Olympics activities on a regular basis.	Report the total number of local Special Olympics entities in your Program. For visual representation of different levels of Special Olympics structures, see <a href="this infographic">this infographic</a> .  A local Special Olympics club or program can be delivered through a special school, mainstream sports club conducting Special Olympics programming, a park and recs branch, an elderly living facility.  To count as a local club / program, it must:
		Offer regular and ongoing training and competition opportunities for athletes
		•Have a Special Olympics coach to conduct the training

Other common characteristics of a local club/program:  • Correspond with a lowest administrative unit (e.g. a town, a village, or a city neighborhood)  • Forms a separate delegation when competing at a sub-Program or National Program level  A more advanced local club / program may:  • In addition to sport activities, oversee communication, fundraising and financial management functions in the geographic area that it covers  • Offer additional Special Olympics activities, like young athletes, healthy athletes, athlete and youth leadership engagement.
athletes, healthy athletes, athlete and youth leadership

13a. Total
Number of Local
<b>Special Olympics</b>
clubs/programs
conducting
Unified Sports

A lowest level local organized branches of National/State Program that operate in a community or a school setting, where athletes participate in Special Olympics Unified Sports activities on a **regular basis**. Report a total number of local Special Olympics entities conducting Unified Sports in your Program. For visual representation of different levels of Special Olympics structures, see <a href="this infographic">this infographic</a>.

A local Special Olympics program or club can be delivered through a special school, mainstream sports club conducting Special Olympics Unified Sports programming, a park and recs branch, an elderly living facility. To count as a local club / program conducting Unified Sports it must:

- •Offer regular and ongoing training and competition opportunities for athletes and Unified Partners
- Have a Special Olympics coach to conduct Unified Sports training

Other common characteristics of a local club/program:

- •Correspond with a lowest administrative unit (e.g. a town, a village, or a city neighborhood)
- •Forms a separate delegation when competing at a sub-Program or National Program level

A more advanced local club / program conducting Unified Sports may:

- •In addition to sport activities, oversee communication, fundraising and financial management functions in the geographic area that it covers
- •Offer additional Special Olympics activities, like young athletes, healthy athletes, athlete and youth leadership engagement.
- •See this guide for specific steps for starting and growing a <u>local club / program</u>.

## 14. Social Media Followers

Number of online followers of your Program's major online social media platforms:

- Facebook
- Instagram
- X (formerly Twitter)

Other – your next highest platform in terms of number of followers

Please report the total number of followers on each of your Program's major social media platforms at the end of the year.

## Important instructions:

- 1. Please only include followers for the Accredited Program official social media accounts. If your sub-Programs (for example, regions within your country) have official social media accounts, please DO NOT include them in the total numbers for your Program to avoid potential double-counting.
- 2. If your Program doesn't have Facebook, Instagram or X (formerly Twitter) pages, report 0 in those fields.
- 3. Please use "Notes" function on the Census system to share a link to each account (Facebook, Instagram, X (formerly Twitter) and Other) that you are reporting followers under.
- 4. If you are reporting numbers under "Other" platform, please use "Notes" function on the Census system to specify what other platform(s) you are using and list number of followers for each.

15. Number of athletes participating in all structured fitness programming

Fitness programming is any organized activity that specifically aims to improve athlete wellbeing and sport performance by intentionally promoting healthy behaviors in physical activity, nutrition, and hydration.

Fitness can occur in the following settings (but not limited to): before or after sports practice, schools, clubs, fitness centers, communities, day, or residential centers, online, and may include education or direct engagement activities such as (but not limited to) Fit 5, High 5, Unified Fitness Clubs, Fit Families and Friends, SOfit and Performance Stations.

Report the total number of individual athletes (people with ID) participating in all structured fitness programming, which includes short-term programming taking place for less than 6 weeks, such as one-time events (ex: Performance Stations, Unified Fitness Field Days) and longer-term programming taking place for 6 weeks or longer (ex: Unified Fitness Clubs). Fitness programming conducted as part of Unified Champion Schools or through the Unified Sports Recreation model should also be included.

#### Important Instructions:

- 1. Athletes who participate in multiple session should only be counted once.
- 2. Athletes who are counted in 12a should also be reported in this metric.

15a. Number of athletes participating in structured fitness programming for 6 weeks or longer.	See definition of fitness above	Report the total number of individual athletes (people with ID) participating in all structured fitness programming 6 weeks or longer (ex: Unified Fitness Clubs). Fitness programming conducted as part of Unified Champion Schools or through the Unified Sports Recreation model should also be included.  Important Instructions:  1. Athletes (people with ID) that participate in structured fitness programming longer than 6 weeks should be counted as one person.  2. Number of athletes participating in at least 6 weeks of structured fitness programming is a subset of number of athletes participating in all fitness programming. This number cannot exceed the number reported in 152.  3. If you need specific tools for tracking this metric, please reach out to research@specialolympics.org.
16. Number of partners participating in all structured fitness programming	See definition of fitness above	Report the total number of individual Unified Partners (people without ID) participating in all structured fitness programming, which includes short-term programming taking place for less than 6 weeks, such as one-time events (ex: Performance Stations, Unified Fitness Field Days) and longer-term programming taking place for 6 weeks or longer (ex: Unified Fitness Clubs). Fitness programming conducted as part of Unified Champion Schools or through the Unified Sports Recreation model should also be included.  Important Instructions:  1. Unified Partners who participate in multiple sessions should only be counted once.

16a. Number of partners participating in structured fitness programming for 6 weeks or	See definition of fitness above	Report the total number of individual Unified Partners (people without ID) participating in 6 weeks or longer of structured fitness programming (ex: Unified Fitness Clubs). Fitness programming conducted as part of Unified Champion Schools or through the Unified Sports Recreation model should also be included.
longer.		<ol> <li>Important Instructions:         <ol> <li>Unified Partners that participate in fitness programming longer than 6 weeks should be counted as one person.</li> <li>Number of Unified Partners participating in at least 6 weeks of structured fitness programming is a subset of number of Unified Partners participating in all fitness programming. This number cannot exceed the number reported in 16.</li> <li>If you need specific tools for tracking this metric, please reach out to research@specialolympics.org.</li> </ol> </li> </ol>