**Sport Assistant Training**

Pathway

There are many ways you can get involved and become a Sport Leader for your Special Olympics Program. Your role in Special Olympics will change over time depending on your interests, goals, and time commitments. Becoming a Level 1 Sport Assistant is one way. The graphic below illustrates the preferred pathway to beginning your journey in the SO coaching curriculum.

**An Athlete**

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|  | **Athlete Leadership Core Modules** | | | | | | | |  |  | **Beginning your SO Coaching Journey** | | | | |  |
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|  | **Join Special Olympics** |  | **Train & compete** |  | **Express interest in holding leadership roles.** |  | **Train in 2 core AL modules** | |  |  | **Become an SO Class A Volunteer** |  | **Train in Level 1 – Sport Assistant** |  | **Join a team and complete a 1 season practicum** |  |
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|  |  |  |  |  |  |  | **Module 1:** Introduction to Athlete Leadership | |  |  |  |  |  |  |  |  |
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|  |  |  |  |  |  |  | **Module 2:**  Understanding Leadership | |  |  |  |  |  |  |  |  |
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