**Introduction to Athlete Leadership**

A leader in Special Olympics needs to know the organization very well!

**In this module, you will:**

1. Review the Special Olympics mission statement
2. Learn why Special Olympics is unique
3. Learn important facts about Special Olympics
4. Learn the three important parts of Athlete Leadership
5. Discuss Unified Leadership
6. Discuss the different roles Athlete Leaders can have in Special Olympics
7. Explore your own skills and interests
8. Write a personal mission statement, like a goal or purpose

| Topic | Description |
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| **Lesson 1: Overview of Special Olympics**   * Mission Statement * What makes Special Olympics unique * Global and Program data | Discuss the mission statement. Learn what makes Special Olympics unique and test how much you know about global and Program data. |
| **Lesson 2: Definition of Athlete Leadership**   * Three guiding principles * Unified Leadership * Organization shift | Discuss three important areas of Athlete Leadership: education, leadership and skills training, and creating leadership opportunities. Discuss the changes in the organization moving to full inclusion. |
| **Lesson 3: Athlete Leaders**   * Roles for Athlete Leaders * Your own strengths and areas for growth * Personal mission statement | There are leadership roles in Sport, Health, Events, Communications, and as an Athlete Representative. Athletes think about their strengths and areas for growth. They will write their own personal mission statement. |

**Delivery methods:**

1. The **in-person training** recommends 4 hours to deliver the training.
2. The **independent activities** are for athletes to do on their own or with support. They can also be included in a program facilitated by staff.
3. The **discussion guide** is to assist staff in facilitating a discussion via virtual webinar. It is a follow up to the independent activities that athletes complete on their own. It will give staff and athletes time to discuss the activities and spend more time on the topics. The **PowerPoint slides** are to be used as a visual during the discussion.
4. An **e-learning course** on SO Learn is scheduled to be available August 2020.

**Resources:**

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| * Facilitator Guide for In-Person Workshop * Participant Workbook   + A-4 English   + Letter English * PowerPoint slides * Mission Statement Cards | * Independent activities   + Special Olympics Mission Statement   + Divisioning   + Guiding Principles   + Personal Mission Statement * Discussion Guide for Independent Activities |