Connecting my story to others: Activity

Participant 1: Speaking Up Situation

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|  | **You are facilitating a course and a participant raises their hand. You call on the participant who says:**  *“Thank you for telling us about the importance of speaking up and sharing our point of view. But I’m not sure that will work really well in my situation. The meetings I attend are filled with a lot of people and most of the time it is only 5 or 6 people who always talk and share their ideas. I’d like to share my ideas and think they would help us accomplish our projects in a better way. But there never seems to be time and other people are always speaking up first. How can I find the space to speak and share my ideas when everyone else speaks first?”* |

**Your Task:**

How would you answer the participant’s question? Think of the stories you developed in the pre-work. Would one of the stories help answer the participant’s questions?

**What is the participant asking about?**

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**What advice would you give the participant?**

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**What story would you tell the participant (from your own experience) that could help the participant?**

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