

# UNDERSTANDING MEDICAID NEW YORK

## INTRODUCTION TO MAINE'S MEDICAID

**Maine Medicaid (MaineCare) provides free and low-cost health insurance to Mainers who meet certain requirements**, based on household composition and income.

MaineCare provides health care coverage for Maine's children and adults who are elderly, disabled, or with low incomes through different coverage categories.

**Children** - and young adults under age 21 who meet income guidelines or disability criteria

- Katie Beckett Program - For children under age 19, with serious health conditions who are over the income level for free MaineCare, may get MaineCare coverage through the Katie Beckett program. Children enrolled in Katie Beckett pay a low-cost premium for health coverage.

**Adults** - for parent or caretakers, adults between 21 to 64 who are not eligible for Medicare, pregnant women (including those who had a pregnancy ending within the last 60 days), and former foster care children.

**Older Adults and Adults with Disabilities** - for those who are 65+ or have a disability as defined by the Social Security Administration (SSA).



## MEDICAID SERVICES

**You are eligible for MaineCare if you are a Maine resident in need of healthcare/insurance assistance**

**You must also be one of the following:**

- Child
- Low-income adult
- Patient or caretaker relatives
- Pregnant
- Older Adult (65+)
- Have a disability as defined by the Social Security Administration (SSA)
  - Note: the definition of what qualifies as a disability is different in [children](#) and [adults](#).

*Income requirements vary depending on what services you are seeking and what plan you are eligible for. The income criteria is subject to change on a yearly basis. You may still qualify even if you are over the income limits, refer to the [eligibility guidelines](#) for more details.*

**There are a wide range of different medicaid services available**

Covered services depend on which Medicaid coverage program you qualify for, but should include medically necessary services

- Doctor visits
- Emergencies
- Substance use disorder treatment
- Prescription drugs
- Comprehensive dental services for those over 21 years old
- Non-emergency medical transportation
- and more

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### HOW TO APPLY FOR MEDICAID

#### Ways to Apply to Medicaid:



Through the Department of Health and Human Services (DHHS)



In Person/By Mail  
Download the [MaineCare Application](#) and email to Farmington.DHHS@Maine.gov or mail in. For in person, visit one of the district offices



Online Apply at [My Maine Connection](#)

*If you need assistance applying, visit your local OFI office or call 1-855-797-4357*

After submitting your application, you will be contacted if any additional documents or information is needed.



#### **You will receive written notice of the state's decision**

You will need to provide documents to show you are eligible, and may need to provide more documents after you apply

The state has 90 days to tell you if you can get Medicaid

If you are accepted, you will receive a MaineCare card

#### **If you are denied and want to appeal**

- You must request a hearing within 60 days of the Notice
- Contact your case manager or Disability Rights Center. You can find more information at [Grievances PDF](#)

#### **To maintain eligibility, you must**

- Maintain the same requirements for initial eligibility
- The eligibility office will mail a renewal information and instructions form. If you do not complete your renewal by the renewal date on your letter, you will lose coverage

### DEVELOPMENTAL DISABILITIES SERVICES

Adults with IDD and/or autism who have been determined eligible for Adult Developmental Services (ADS), regardless of whether they have MaineCare or not, can receive Case Management services. **Case managers help create assessments of individual needs and provide support.**

If you are eligible for ADS and not enrolled in MaineCare, the Office of Aging and Disability Services can provide you with Case Management services.

If you are enrolled in MaineCare and are eligible for ADS, you can contact a Case Management Agency in your area directly.

MAXIMUS Ascend manages Maine's assessing services that determine eligibility for programs and services that are vital to individuals living across the state.

#### **Types of assessment services:**

- Long-Term Care (LTC) Advisory
- Pre-Admission Screening and Resident Review (PASRR)
- Acquired Brain Injury (ABI)
- Other Related Conditions (ORC)

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### MEDICAID AND DEVELOPMENTAL DISABILITIES SERVICES

Maine has 2 waiver programs for people with IDD and/or autism:

#### SECTION 21

Home and Community Benefits for Members with Intellectual Disabilities or Autism Spectrum Disorder

#### SECTION 29

Support Services for Adults with Intellectual Disabilities or Autism Spectrum Disorder

**You can only enroll in one waiver at a time.**

You must:

- ☐ Enroll in MaineCare and be medically and financially eligible
- ☐ Have a referral from a case manager, school, family, or other agency such as Adult Protective Services
- ☐ Complete a medical review with the DHHS - do so by contacting your regional Office of Aging and Disability Services
  - There are a limited number of openings and an opening must be available for a person to get this benefit package
- ☐ You may need to complete a long-term care application

If you need assistance with applications, a Case Manager can help you apply for MaineCare and for waiver services, and help understand what services are available.

Each waiver has a [waitlist](#) to get access to services once you apply.

**Average wait time depends on the waiver and your specific needs, but can range from no time to several years.**

Other waivers that may be applicable include:

- Section 18, Home and Community Based Services for Adults with Brain Injury
- Section 19, Home and Community Based Services for the Elderly and Adults with Disabilities
- Section 20, Home and Community Based Services for Adults with Other Related Conditions

**Visit the [Office of Aging and Disability Services webpage](#) or the [MaineCare Member Handbook \(PDF\)](#) for more detail about waivers.**

### Appendices

<https://www.maine.gov/dhhs/oads/get-support/adults-intellectual-disability-and-autism>

<https://www.maineddc.org/>

<https://drme.org/developmental-disabilities#page>

<https://www.maine.gov/dhhs/oads>

<https://www.maine.gov/dhhs/sites/maine.gov.dhhs/files/inline-files/mainecare-member-handbook.pdf>

<https://www.maine.gov/dhhs/oads/about-us/initiatives/hcbs>

[https://www.mymaineconnection.gov/benefits/s/?language=en\\_US](https://www.mymaineconnection.gov/benefits/s/?language=en_US)