**Healthy Communities Focus: Tracking Follow-Up Care**

**Goal:** Develop a system for tracking athletes who need follow-up care to ensure that care is received.

**Why focus on tracking follow-up care?**

Ensuring athletes receive follow-up care is one of the best ways to make progress toward the goal of reducing health disparities for people with intellectual disabilities and to show the impact of Healthy Communities.

**How do we track follow-up care?**

There are a number of strategies for tracking follow-up care. Use this template to structure your strategy for tracking follow-up care.

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| **Tracking Group** | **Needs** | | **Actions** | **Result** |
| **Who will you track?**  **(**Note: we would like to know what subset of athletes you are planning to track, including an estimated number of athletes and which Healthy Athletes disciplines.)  **Example:** all athletes in Monterey county (estimate: 150 athletes)  **Example:** all athletes who receive referrals in Special Smiles and Health Promotion after two events (estimate: 100 athletes) | **What resources do you need *from your Program* to track athletes that need follow-up care?**  **Example:** data entry support, support for contacting athletes, IT support, etc. | **What resources do you need *from SOI* to track athletes that need follow-up care?**  **Example:** templates for tracking care, sample survey to email, FAQ sheets, guidance on developing a plan, etc. | **What will you need to do to create a system for tracking follow-up care?**  (Note: be specific on what you need to do and how you will do it as this column will be the basis for your plan.)  **Example:** Establish a communication protocol for contacting athletes with referrals.  **Example:** Recruit volunteers to contact athletes with referrals. | **What is your target result for connecting athletes with follow-up care?**  (Note: if possible, you should be able to compare this target to a baseline. For example, if you know 30% of athletes currently receive follow-up care, your target should be different than if you know your current rate of follow-up is 80%.)  **Example:** By the end of year 2, ensure 75% of athletes with referrals receive follow-up care. |
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**What challenges do you anticipate you will encounter with tracking follow-up care?**

**What strategies will you use to address these challenges?**

**Using the information from the table and questions above, provide a summary paragraph that outlines your strategy for tracking follow-up care in your Healthy Community.**

**In addition to your strategy, please provide an implementation timeline that provides target completion dates for key milestones.**

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| **Activity/Milestone** | **Target Completion Date** |
| **Ex:** Sample tracking group identified | January 1, 2014 |
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| **Ex:** Make contact with 50% of referrals in tracking group | June 1, 2014 |
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