Healthy Athletes: Care Coordination

Healthy Communities Webinar Wednesday, October 11, 2022





Healthy Athletes: Care Coordination



CDC Activity 1.1.2 – Assess need for follow-up care to address acute conditions

CDC Activity 1.1.4 – Provide person-centered referral and facilitate linkages to appropriate prevention, wellness, and healthcare resources and services

Golisano – Incorporate technology and virtual models to improve access to quality healthcare for people with intellectual disabilities

Proposed Process



lealthy Athletes Screening

- •Athlete receives referral(s) during Healthy Athletes Screening
- •Program HA Staff receives referral list generated via digital HAS or manually collected from paper HAS forms

Initial Follow-Up

- Program contacts all Athletes receiving referrals within 2 weeks* following Healthy Athletes Screening event
- •Urgent referrals within 1 week, non-urgent referrals within 2 weeks.

Care Coordinatio •If Athlete answers that they DO NOT have a place to go to receive care, Program assists them in identifying a local HCP to address their referral needs*

Initial Follow-U

• Within 1 month following the Healthy Athletes screening event

Initial Follow-U Third Attempl • Within 3 months following the Healthy Athletes screening event

Post-Care Follo Up •Within <u>4 months</u> following the Healthy Athletes screening event, Program should contact Athlete to ensure follow-up care was provided for reason(s) for referral

Program Tracking •Program to record responses to initial follow-up questions & post-care follow-up information

Questions for Programs



 What are your thoughts about the proposed care coordination process?

• Are the timelines proposed appropriate and workable?



Questions for Programs



- How many attempts to reach an Athlete is reasonable?
 - Urgent referrals
 - Non-Urgent referrals
- What else would you recommend?



Next Steps



- Best practices shared
- Feedback collected
- Pilot changes
- Revisions made



Thank you



For questions, please contact:

Anne Williams, DNP, MS, RN, Vice President, Health Services & Education awilliams@specialolympics.org

Brittany Routh, PT, DPT, Director, Healthy Athletes brouth@specialolympics.org