



**Special Olympics**  
North Carolina

Special Olympics  
**Health**  
FOUNDATION  
MADE POSSIBLE BY **Golisano**



## SONC Healthy Community Impact (April 2016 - March 2019)

### 1800+ Volunteers

Medical providers, healthcare professionals, health educators, wellness coaches, and more.



### 64 Wellness Programs

Results included weight loss, improved healthy habits, increased confidence, improved strength and flexibility.



**Global Leader  
in Inclusive Health**

**6,000 +  
athletes**

The number of athletes who participated in health and wellness programming across the state over the 3 years.

\*Includes repeat athletes

### 46 Free Healthy Athletes Screening Events

8 Healthy Athletes Disciplines including: sports physicals, physical therapy, audiology, health promotion, optometry, dentistry, psychology and podiatry.



### 75+ Partners

Local government, colleges/universities, health departments, health and wellness organizations, healthcare systems, local companies, county school systems

### Sponsors

## Get Involved!

For more information about SONC health programming or to get involved email [health@sonc.net](mailto:health@sonc.net).

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