SONC Healthy Community Impact (April 2016 - March 2019)

1800+ Volunteers
Medical providers, healthcare professionals, health educators, wellness coaches, and more.

64 Wellness Programs
Results included weight loss, improved healthy habits, increased confidence, improved strength and flexibility.

6,000+ athletes
The number of athletes who participated in health and wellness programming across the state over the 3 years.
*Includes repeat athletes

46 Free Healthy Athletes Screening Events
8 Healthy Athletes Disciplines including: sports physicals, physical therapy, audiology, health promotion, optometry, dentistry, psychology and podiatry.

Get Involved!
For more information about SONC health programming or to get involved email health@sonc.net.

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