



Year 3 SHE Updates

Research and Evaluation Team

Year 3 Grant Cycles

- CDC Year 3: August 1st 2023 – July 31st 2024
- Golisano Year 3: January 1st 2024 – December 31st 2024

General/Introduction Questions:

- Removing Questions about COVID-19 education and vaccination events

Pillar I

- Young Athletes
 - Removing questions about how many parents/family members trained as YA coaches
 - For the questions asking ““Of the total number of participating Young Athletes with and without ID, how many are participating in: _____:”
 - Keeping question about How many YA participate in at least 8 weeks of YA Activities
 - Deleting Questions about:
 - Young Athletes Activities in schools
 - Young Athletes activities in community programs
 - Young Athletes activities in homes
 - Virtual Young Athlete Activities
 - Young Athletes sessions that integrate health education programming

Pillar I Continued

- Fitness
 - Adding back in questions on PWID participating in short-term fitness programming (in-person and virtual)
 - For each fitness Program we will only be asking for
 - ” Fit 5: Please describe the program you implemented.”
 - “Fit 5: Please select the setting(s) in which this type of program was implemented. “
 - Removing the following questions that are asked for every fitness program implemented:
 - How many people participated in this programming?
 - Number of youth with ID (under 22 years)
 - Number of adults with ID (Only on Performance Stations)
 - Number of Unified partners (Only on Performance Stations)
 - Number of family members and caregivers
 - Add question “How many individual Athletes completed Fitness Captain trainings? (Please provide a total number for Athletes who completed both Lesson one and Lesson 2)”
- Adding Family Health Forum questions back into the SHE for CDC Programs only under Pillar I.

Family Health Forum Questions

- If you had more than 1 Family Health Forum, answer FHF questions reporting number for total numbers across all FHF.
- Questions on:
 - How many Family Members, Athletes/PWID, Volunteers and Other Participated
 - Topics Covered
 - Challenges, Successes, Support needed
 - Questions on Diabetes: Clinic information, diabetes prevention education, # ppl tested, results/diagnoses, follow-up
- Only CDC-funded Programs will report on FHF in SHE
 - Programs who receive Lions Club or other funding sources for their FHF will continue to report through the separate FHF evaluation form

Pillar II

- Adding Healthy Young Athletes as a Healthy Athlete Discipline
- Removing Question asking for total amount of referrals. Only asking for total Non-urgent Referrals and total Urgent Referrals
- Removing Questions about SMS Text Message Follow-up Tracker System

Pillars III and IV

- No changes in SHE Questions Pillars III and Pillar IV but...
 - Questions regarding health messengers moved to Pillar IV
 - Partners list has been changed.
- Reminder that Communications List was removed

SHE Question Cuts over the past 4 Grant Cycles

Linear Log

