

Child and Family Health Intervention

A holistic approach to positively impact the development of children with intellectual and developmental disabilities from 0-7 years old.





Child and Family Health (CFH) Background

- Developed from pilot project in India, Pakistan, South Africa, Egypt and the UAE
- Initial pilot showcased impacts in child development (communication, daily living, socialization, motor skills, and internalizing/externalizing behaviors)
- Also showed impact on parent and caregiver outcomes (empowerment and efficacy)



CFH Model Components

Child Intervention

- Children participate in ongoing Young Athletes that lasts a minimum of 8 weeks
- Inclusive of children with and without intellectual disabilities
- Culminating event can be included, but not required

Family Education & Support

- Structured Family Health Forums (FHF) - minimum 4 sessions over 8 weeks
- Flexible format, with two required topics and at least two locally relevant topics
- Optional: continue after 8 weeks with extra sessions and resource sharing, or engage parent leader to support parent-to-parent communication

Community Health

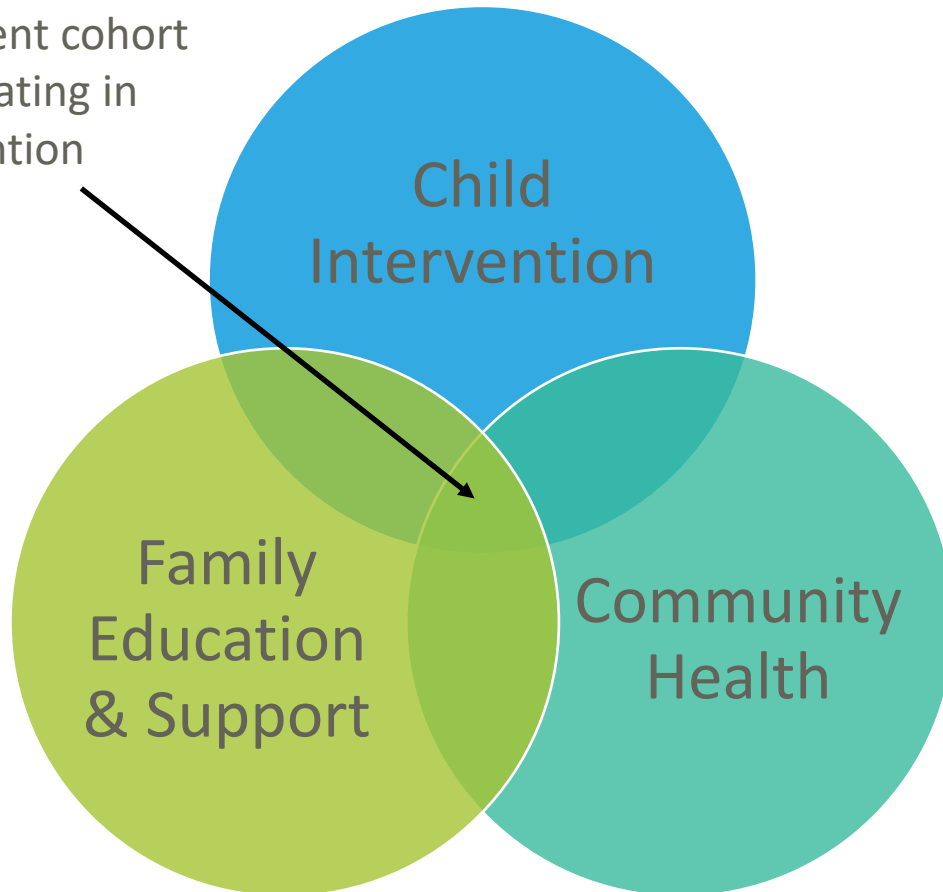
- All children in YA participate in Healthy Young Athletes pediatric screening
- Screening can take place at any point in the 8-week period
- Referrals and follow up provided to families, with check-ins from CD/Program

<----- Consistent cohort participating in intervention ----->



Three Holistic Components

Consistent cohort
participating in
intervention



- Structured, prescriptive intervention to support children with ID and families
- Can be an introduction for new families - leads to ongoing programming
- Program components can be done individually, separate from CFH intervention – does not replace Young Athletes



Next Steps

- Initial launch of model in 2023 and early 2024 with additional education and examples
- Continued piloting to enhance and refine model and explore connections with ongoing YA and ECD programming
- If interested in current/future pilots, please contact your Regional Health Manager or Regional YA Manager





Questions?



For consideration:

How could you see the CFH model implementing or adding value to the early childhood programming in your Program?