

Healthy Communities Global Webinar

10 February 2026



Special Olympics
Health

MADE
POSSIBLE BY **Golisano** FOUNDATION

Reminders

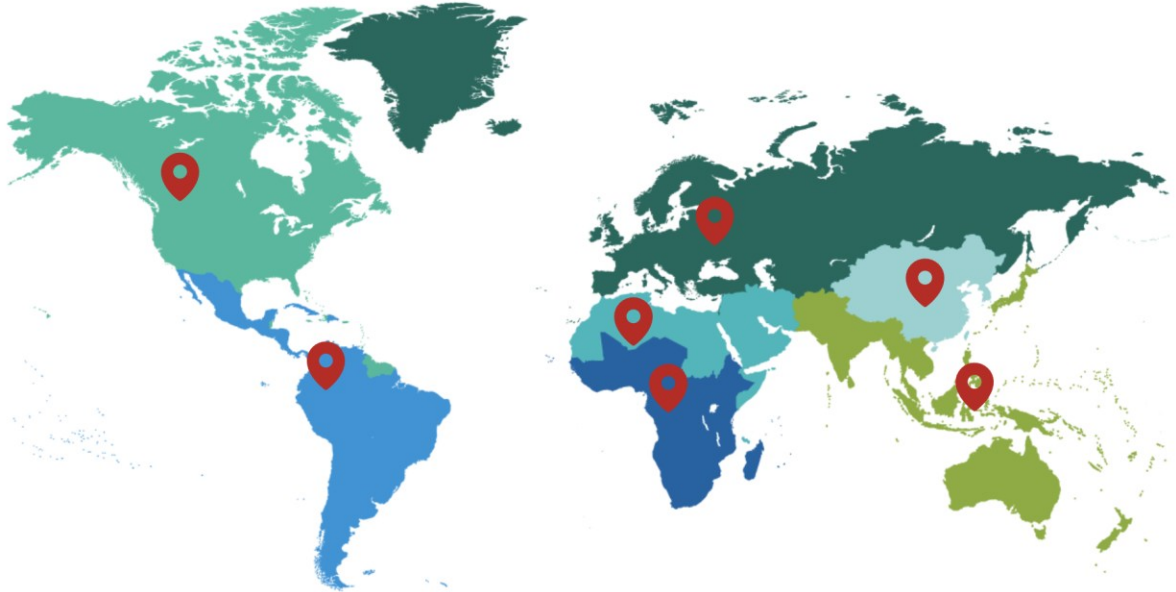
- Global Health Report, *Focusing on the Invisible*, is available in English, Spanish, French, & Arabic.



Reminders

- **Reporting**
 - Healthy Communities grant recipients outside USA:
 - EOY Metrics & Financial reports were due **15 January 2026**.
 - Healthy Communities grant recipients in USA:
 - Mid-Year metrics report was due **15 January 2026**.

Healthy Communities: Expansion



Growing Healthy Communities Reach

2026 Footprint Target	150
Total Programs engaged through EOY 2024	154



OVERALL REDUCED LIFE EXPECTANCY

REDUCED BY

20 YEARS⁶



RISK OF MORTALITY AS A RESULT OF COVID

2.7X

HIGHER IN PEOPLE WITH INTELLECTUAL AND
DEVELOPMENTAL DISABILITIES (PWIDD) THAN
GENERAL POPULATION⁷



RISK OF MORTALITY AS A RESULT OF CANCER⁸

2.28X

RISK OF DEATH DUE TO BREAST
CANCER IN PWIDD THAN
GENERAL POPULATION

2.57X

RISK OF DEATH DUE TO
COLORECTAL CANCER IN PWIDD
THAN GENERAL POPULATION

1.38X

RISK OF DEATH DUE TO LUNG
CANCER IN PWIDD THAN
GENERAL POPULATION



RISK OF MORTALITY RELATED TO CIRCULATORY DISEASES INCLUDING MYOCARDIAL INFARCTION

3-4X

HIGHER IN PWIDD THAN GENERAL POPULATION⁹

- In a survey of over 700 people with intellectual and developmental disabilities (IDD) from nearly 50 countries, **2 in 3 people** do not make their own health decisions, or ONLY do so occasionally.
- Only 52% of people with IDD surveyed said they always understand their health care provider.

Prevention
Assessment
Training
Health Systems



Prevention: Early Childhood & Families

Objective: Children with IDD Make Developmental Gains

Prevention: Fitness

Objective: Athletes live active and healthy lives



Children who participated in 8 weeks of Young Athletes made greater gains in daily living, communication, and social skills than children who did not participate (based on study of 5000 children and family participants).

Assessment: Healthy Athletes

Objective: Athlete health issues and risks are promptly and accurately identified

Follow-up Care

Objective: Athletes receive treatment for health issues identified through Healthy Athletes screenings



Training

Objective: Healthcare workforce is equipped to provide quality care to people with IDD

The screenshot displays the user interface of the Golisano School of Health Sciences e-learning platform. At the top, a search bar is labeled "Search content in the platform" with a magnifying glass icon. Below this is a header banner for the "Golisano School of Health Sciences" featuring the "Special Olympics Health" logo and a photograph of two individuals, one using a stethoscope. A navigation bar contains links for "My Activities", "My Courses", "Health Research", and "Contact Help Desk".

The main content area is divided into two sections. On the left, a sidebar lists courses under two tabs: "IN PROGRESS" (10 items) and "NOT STARTED" (12 items). The visible courses are:

- Health_Clinical Director Modules**: English | Learner
- Fitness Coach Online Training**: English | Learner
- Sport_World Games Coach Preparation**: English | Learner

A "VIEW ALL" link is located at the bottom of this list. On the right, the "Inclusive Health Fundamentals" section features a search bar and a grid of 6 items, each with a "New" badge:

- أساسيات الصحة الشاملة** (AR) | E-learning
- 包容性健康基礎** (ZH) | E-learning
- Fondamentaux de la santé inclusive** (FR) | E-learning
- Основы инклюзивного здравоохранения** (RU) | E-learning
- Fundamentos de Salud Inclusiva** (ES) | 3h 00m | E-learning
- Inclusive Health Fundamentals** (EN) | 3h 00m | ENROLLED | E-learning

Health Systems Strengthening

Objective:
Health organizations and systems
address the health needs of people
with IDD.

*...and athletes have a seat at the
table in the conversations.*

