

# Healthy Communities Global Webinar

10 February 2026



Special Olympics  
**Health**  
MADE  
POSSIBLE BY  
Golisano FOUNDATION

# Reminders

- Global Health Report, *Focusing on the Invisible*, is available in English, Spanish, French, & Arabic.

**Special Olympics Global Health Report: Focusing on the Invisible**

DOWNLOAD THE REPORT - ENGLISH (PDF)

The Overlooked Needs of People with Intellectual and Developmental Disabilities and Actions to Strengthen Health Systems for Inclusion

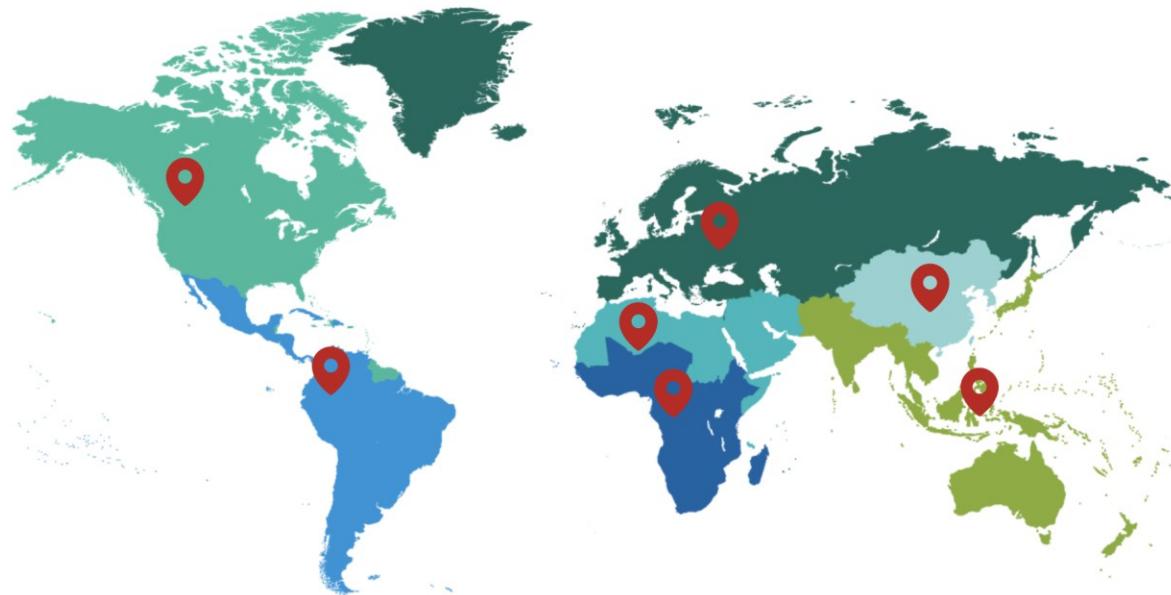
Download this Report:

English (PDF)      Arabic (PDF)      French (PDF)      Spanish (PDF)

# Reminders

- **Reporting**
  - Healthy Communities grant recipients outside USA:
    - EOY Metrics & Financial reports were due **15 January 2026**.
  - Healthy Communities grant recipients in USA:
    - Mid-Year metrics report was due **15 January 2026**.

# Healthy Communities: Expansion —



## Growing Healthy Communities Reach

<b>2026 Footprint Target</b>	150
<b>Total Programs engaged through EOY 2024</b>	<b>154</b>



OVERALL REDUCED  
LIFE EXPECTANCY

REDUCED BY  
**20 YEARS<sup>6</sup>**



RISK OF MORTALITY AS A  
RESULT OF COVID

**2.7X**

HIGHER IN PEOPLE WITH INTELLECTUAL AND  
DEVELOPMENTAL DISABILITIES (PWIDD) THAN  
GENERAL POPULATION<sup>7</sup>



RISK OF MORTALITY AS A  
RESULT OF CANCER<sup>8</sup>

**2.28X**

RISK OF DEATH DUE TO BREAST  
CANCER IN PWIDD THAN  
GENERAL POPULATION

**2.57X**

RISK OF DEATH DUE TO  
COLORECTAL CANCER IN PWIDD  
THAN GENERAL POPULATION

**1.38X**

RISK OF DEATH DUE TO LUNG  
CANCER IN PWIDD THAN  
GENERAL POPULATION



RISK OF MORTALITY  
RELATED TO CIRCULATORY  
DISEASES INCLUDING  
MYOCARDIAL INFARCTION

**3-4X**

HIGHER IN PWIDD THAN GENERAL POPULATION<sup>9</sup>

- In a survey of over 700 people with intellectual and developmental disabilities (IDD) from nearly 50 countries, **2 in 3 people** do not make their own health decisions, or ONLY do so occasionally.
- Only 52% of people with IDD surveyed said they always understand their health care provider.

# Prevention Asessment Training HHealth Systems



# Prevention: Early Childhood & Families

Objective: Children with IDD Make Developmental Gains

## Prevention: Fitness

Objective: Athletes live active and healthy lives



*Children who participated in 8 weeks of Young Athletes made greater gains in daily living, communication, and social skills than children who did not participate (based on study of 5000 children and family participants).*

## Assessment: Healthy Athletes

Objective: Athlete health issues and risks are promptly and accurately identified

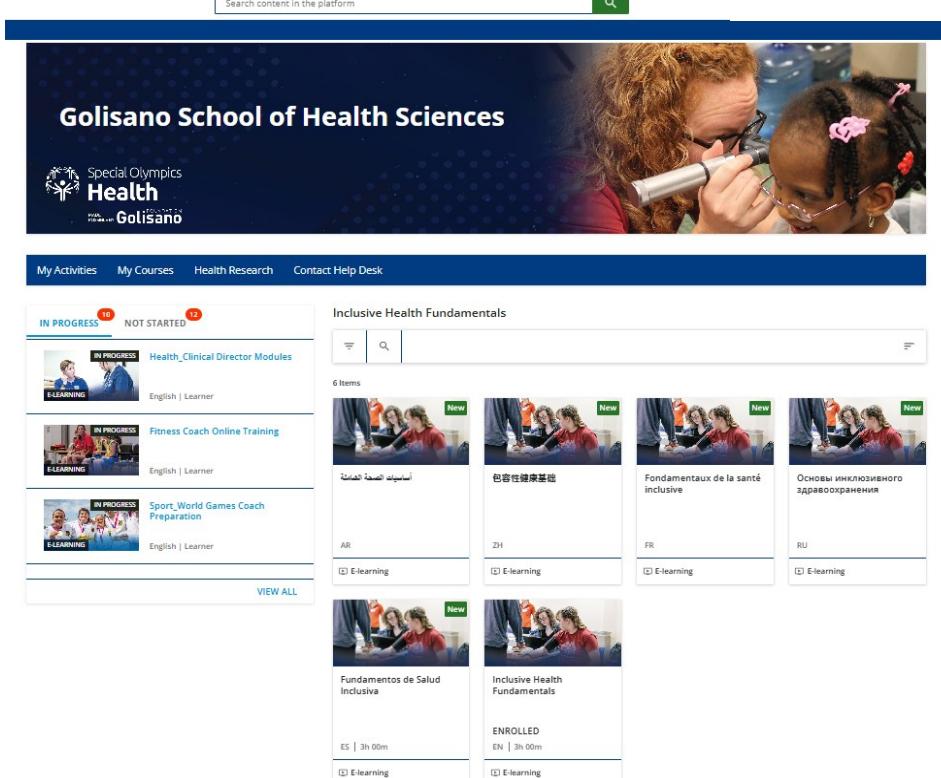
## Follow-up Care

Objective: Athletes receive treatment for health issues identified through Healthy Athletes screenings



# Training

Objective: Healthcare workforce is equipped to provide quality care to people with IDD



The screenshot shows a learning management system interface. At the top, there is a search bar and a magnifying glass icon. The header features the "Golisano School of Health Sciences" logo, which includes the Special Olympics Health logo and the text "MAKING THE WORLD A BETTER PLACE". Below the header, a navigation bar offers links to "My Activities", "My Courses", "Health Research", and "Contact Help Desk".

The main content area is divided into two sections. On the left, there is a list of "IN PROGRESS" and "NOT STARTED" courses. The "IN PROGRESS" section contains three items: "Health\_Clinical Director Modules" (English | Learner), "Fitness Coach Online Training" (English | Learner), and "Sport\_World Games Coach Preparation" (English | Learner). Each course item includes a thumbnail image, the course name, and the language level. A "VIEW ALL" button is located at the bottom of this section.

On the right, there is a grid of "Inclusive Health Fundamentals" modules. The grid is organized into two rows. The top row contains four modules: "Inclusive Health Fundamentals" (AR, ZH, FR, RU). The bottom row contains two modules: "Fundamentos de Salud Inclusiva" (ES | 2h 00m) and "Inclusive Health Fundamentals" (EN | 3h 00m). Each module item includes a thumbnail image, the module name, and the language level.

# Health Systems Strengthening

Objective:

Health organizations and systems address the health needs of people with IDD.

*...and athletes have a seat at the table in the conversations.*

