The Young Athletes App



Healthy Communities Webinar 13 May 2025 9:00 - 10:00AM EDT

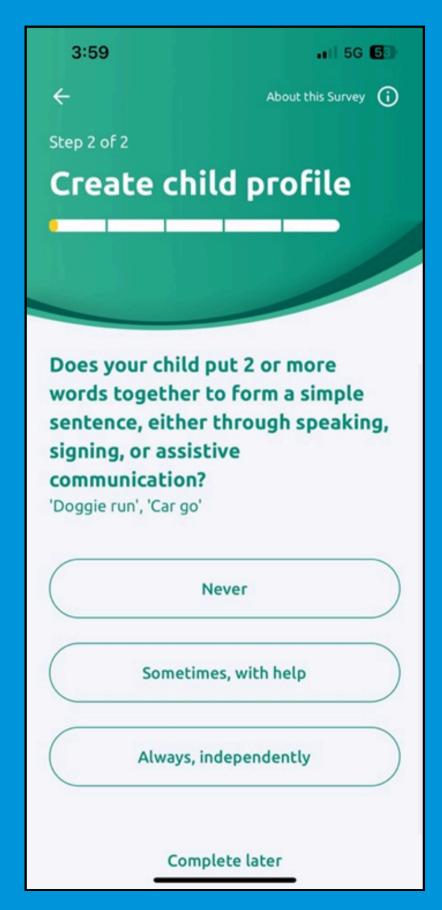
Agenda

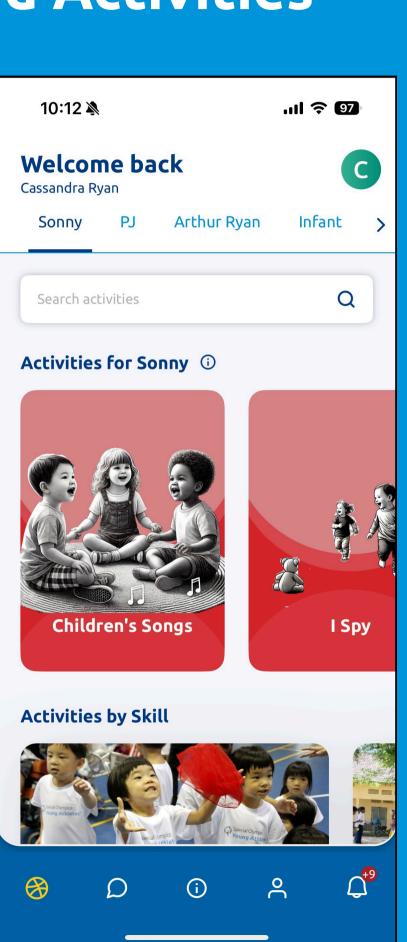
- Overview/Refresher on the Young Athletes app
- New Content + Functionalities
- Admin access for SO Programs
- Coming soon June 2025 updates

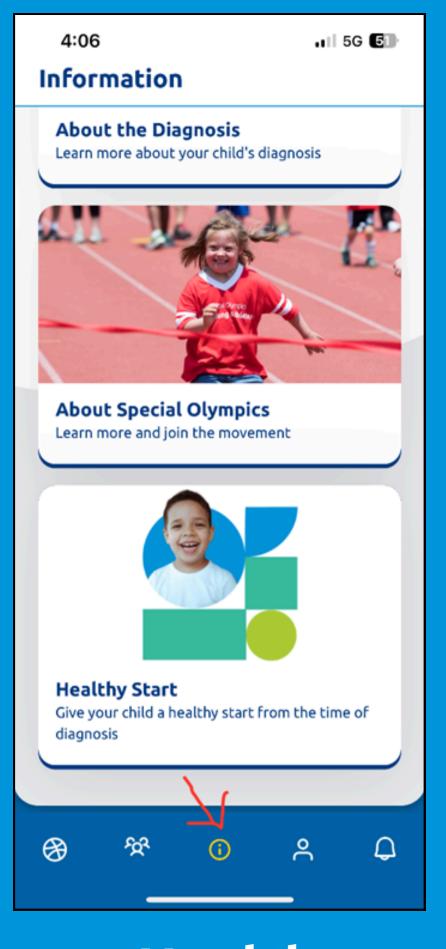




Recommended Activities

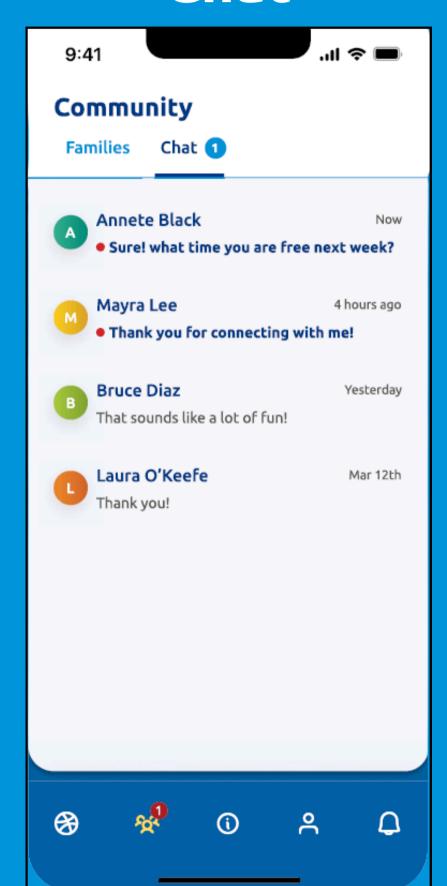






Health Information

Community Chat





How the App Supports Programming



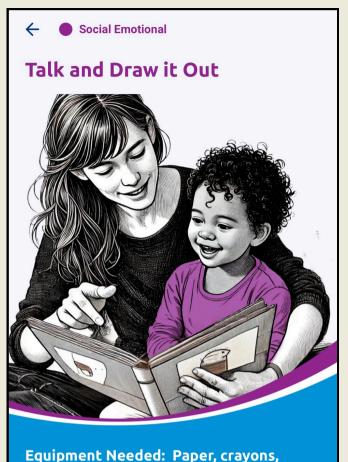
- Access to YA activities at home
- Connects families with Special Olympics before in-person engagement
- Brings families into the movement early
- Provides family education on their schedule

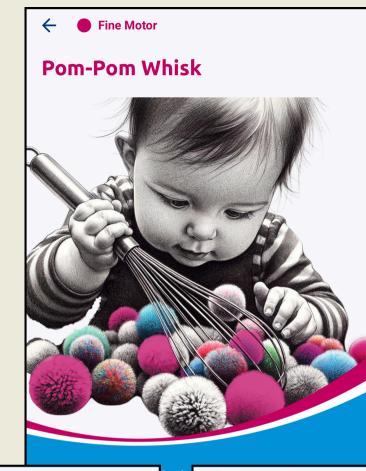
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150+ Activities Added

- Birth to 3
- More developmental domains
 - Fine motor
 - Language
 - Cognitive (early learning)
 - Social Emotional
 - "Routines"



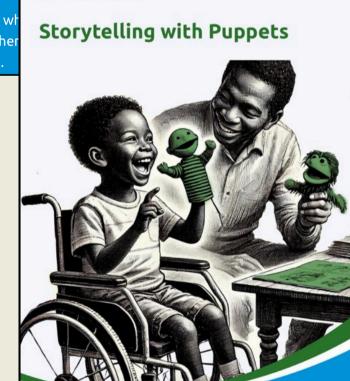






Equipment Needed:

You can make your own stacking game by poking a few straws into clay or playdough and having your child stack differently-sized noodles onto the straws.



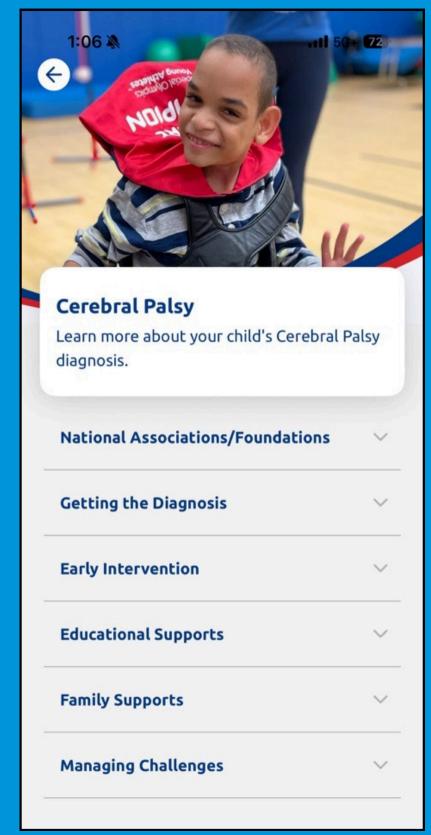
Equipment Needed: Puppets

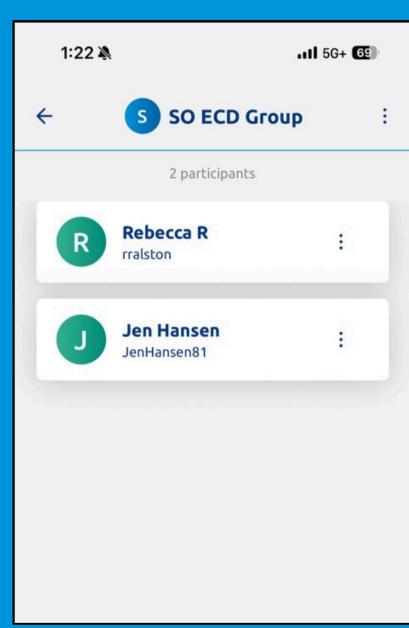
Create a story with your child. First, talk about your story, and decide where it will take place (e.g. playground), who are the characters, what is the problem, what happens first in the story, what happens second, and what happens last.

Additional Resources + Group Chat Function

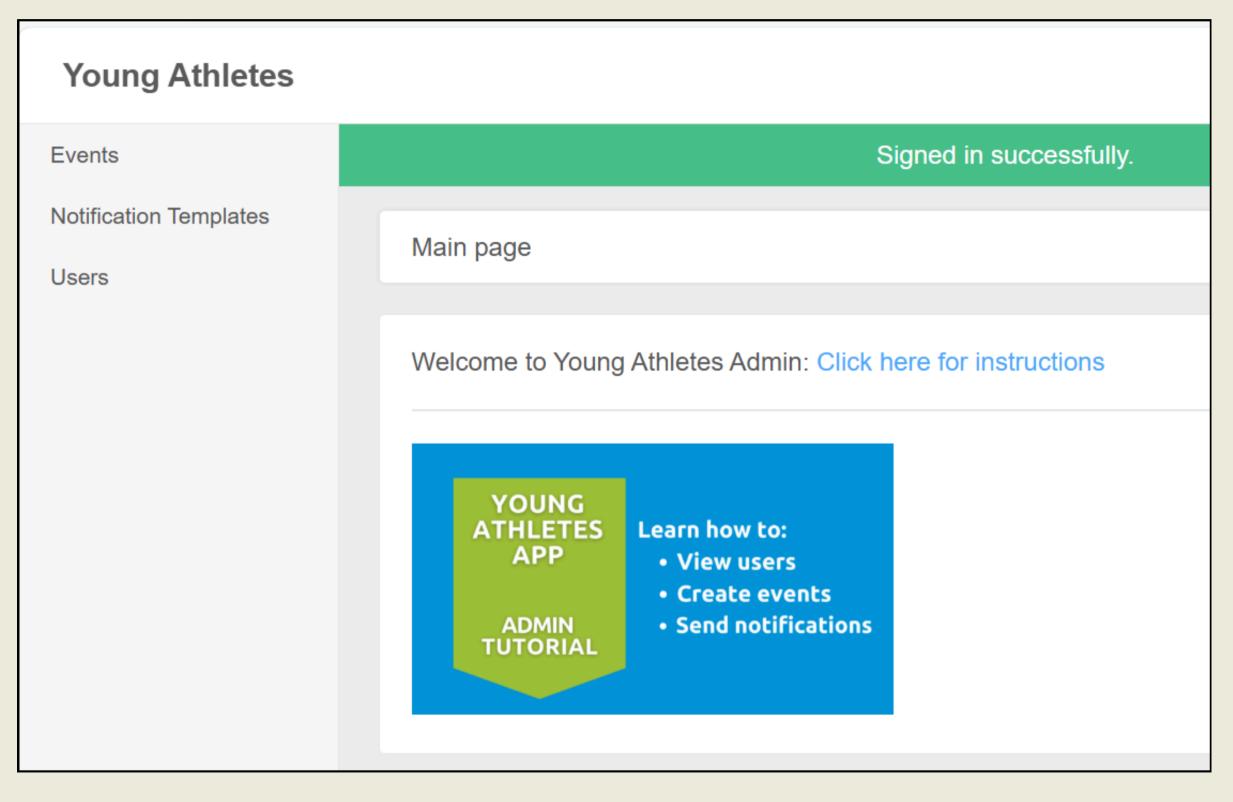
- 60+ new links
- Diagnosis specific resources
- Group Chat with up to 50 users







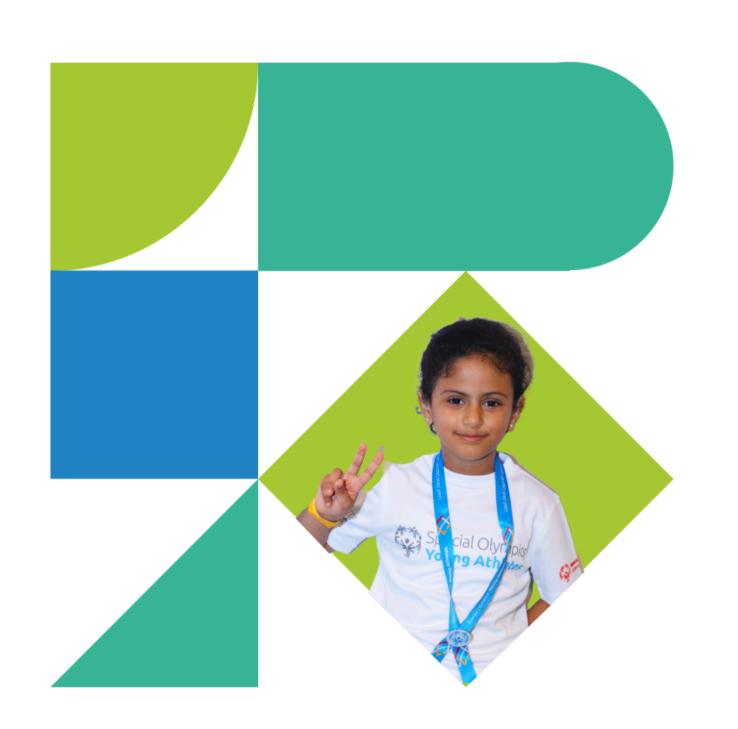
Active Admin Access for Program Staff



- View local users + pull reports
- Create events
- Send notifications



Coming Soon: June 2025



- Provider log-in
 - Share child profiles with educators, therapists, etc.
- Offline content
 - Download activities to view offline
- Inclusive Adaptations

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Key Features



Personalized Activities

Get recommended gross motor activities for your child based on their development. All activities include written, visual and video instructions!



iPhone or iOS



Health Resources

Access evidence-based articles and videos designed to support you in understanding your child's diagnosis, their unique abilities, and ways you can support their development from home.





Community Connection

Build your community by connecting directly with other families. Filter by location and message families in your local area to share experiences!



Android







For resources, questions and Admin access to the Young Athletes app, contact Cassandra Ryan at cryan@specialolympics.org