

## ATHLETE LEADERSHIP: MENTOR TRAINING

### Course Description

To be a good mentor to an athlete leader, you must understand what Athlete Leadership is and build skills to be successful in the role. You will also learn how to establish inclusive behaviors and set the athlete leader up for success.

This course takes approximately 45 minutes to complete.

### Learning Objectives

By the end of this training, you will:

1. Describe the role of the mentor as it relates to Athlete Leadership within Special Olympics
2. Learn and use specific skills and strategies to help Special Olympics athletes become leaders
3. Practice a Unified Leadership approach to mentoring

### Participants

Volunteers who want to help Special Olympics athletes achieve their leadership goals.

### Languages

This course is available in English. It will soon be available in Spanish, Arabic, French, Chinese and Russian.

### Course Registration

Participants can access the Athlete Leadership: Mentor Training course by creating a free account on the [learn.specialolympics.org](https://learn.specialolympics.org) portal.