Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Team/delegation: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What sport(s) do you coach?: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

We’d like to ask you about your experience with the Performance Stations held at ( *insert name of event or competition here for reference)*. We are also interested in your perceptions of the athletes’ experiences and your thoughts on how to improve the Performance Stations. Thank you for your willingness to complete this survey,

Please check which stations you visited:

Competition Readiness

Nutrition

Hydration

Physical Activity

Pledge Wall

Local Opportunities

**Please indicate your response to the questions below using the scale on the right side of the page. Check the box that best applies.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **To what extent do you agree with the following statements?** | Strongly agree  1 | Somewhat agree  2 | Somewhat disagree  3 | Strongly disagree  4 |
| I believe my athletes learned useful information that can improve their sport performance. |  |  |  |  |
| I believe my athletes learned useful information that can improve their health. |  |  |  |  |
| The information and activities at each station were at an appropriate level for my athletes. |  |  |  |  |
| The volunteers at each station were knowledgeable and engaging. |  |  |  |  |
| The amount of time dedicated to each station was appropriate. |  |  |  |  |
| Overall, I believe my athletes enjoyed the experience. |  |  |  |  |
| I learned useful information that can be used to improve my coaching. |  |  |  |  |
| I would recommend the Performance Stations to other athletes and coaches. |  |  |  |  |
| I would attend another Performance Stations event in the future. |  |  |  |  |
| I think some of my athletes will likely work towards the goal they set at the pledge wall.  **If you disagree, please explain why:** |  |  |  |  |
| I think some of my athletes will likely participate in at least one of the local opportunities.  **If you disagree, please explain why:** |  |  |  |  |

**Please provide any additional comments about your experience at the Performance Stations:**

**Please suggest three ways in which we could improve the Performance Stations:**