




Strong Minds Sample Layout

(Layout may change based on the actual space and # of athletes)

Key:

-  = Table
-  = screener chair
-  = athlete chair

MAIN HALLWAY

1 outlet and power strip for tablet charging

Entrance

Exit

Waiting Area



Check-In Station



Check-Out Station
Counseling & HAS
Form Collection



Station 1
(Supplies Table)

Station 1: Stress and You



Waiting Area



Station 5: Strong Supporting

Waiting Area



Station 5
(Supplies Table)

Waiting Area



Station 2: Strong Messages

Station 2



Waiting Area



Station 3: Strong Breathing



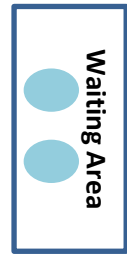
Station 3
(Supplies Table)

Waiting Area



Station 4: Strong Stretching

Waiting Area



Station 4
(Supplies Table)

1 electrical outlet for CD player

1 electrical outlet for CD player