

Strong Minds Mental Health Report

Athlete's Name:

Date:

Follow-up Recommended?

- ☐ **Yes:** See below
- ☐ **No:** No concerns were identified during today's Strong Minds screening. No additional follow-up is recommended.

Screening Results

Here are the results from today's Strong Minds screening:

- ☐ **At-risk for possible mental health concerns** and additional follow up is recommended
- ☐ **Not at-risk for possible mental health concerns** and additional follow up is *not* recommended

Referral Information

Program/Provider Type (Select all appropriate)	Referral Type (Select one)
☐ Primary Care Provider	☐ Non-Urgent: Follow up within 4 weeks ☐ Urgent: Follow up within 2 weeks <u>Reason(s) for referral:</u> _____ _____
☐ Psychiatrist	☐ Routine Follow Up: Continue routine care with a mental health professional ☐ Non-Urgent: Follow up within 4 weeks ☐ Urgent: Follow up within 2 weeks <u>Reason(s) for referral:</u> _____ _____
☐ Psychologist/ Counselor	☐ Routine Follow Up: Continue routine care with a mental health professional ☐ Non-Urgent: Follow up within 4 weeks ☐ Urgent: Follow up within 2 weeks <u>Reason(s) for referral:</u> _____ _____
☐ Other: _____	☐ Non-Urgent: Follow up within 4 weeks ☐ Urgent: Follow up within 2 weeks <u>Reason(s) for referral:</u> _____ _____