



The Healthy Athlete Clinical Director: MedFest

Special Olympics is a global movement of people creating a new world of inclusion and community, where every single person is accepted and welcomed, regardless of ability or disability. We are helping to make the world a better, healthier and more joyful place -- one athlete, one volunteer, one family member at a time.

The Healthy Athletes program is dedicated to providing health services and education to Special Olympics athletes, and changing the way health systems interact with people with intellectual disabilities. Through free health screenings, training for healthcare professionals, and evaluation of the health status of people with intellectual disability, Healthy Athletes has become a powerful public health organization worldwide.

MedFest was created to offer the physical exam that all athletes need prior to participating in Special Olympics sports programming. Clinical Directors are an important part of the Healthy Athletes MedFest team. Clinical Directors are responsible for working with their local Special Olympics Program and other volunteer health professionals in coordinating a MedFest event in their region.

The role of a MedFest Clinical Director includes, but is not limited to:

1. *Determining event opportunities*

Identifying and scheduling the best opportunity to provide MedFest screening is a joint effort between the Clinical Director and their local Special Olympics Program. Clinical Directors will also help determine how to design the events based on the primary purpose of the event – to provide medical exams to new athletes, existing athletes who are up for re-certification, or a combination which may impact the timing and location. Also Clinical Directors may help determine whether other screenings (e.g. dental, vision) will be included at the MedFest event.

2. *Recruiting and Training Volunteer Health Professionals*

Clinical Directors are the best people to identify and train health volunteers to work in the specific areas that will be offered in the MedFest venue, because they know their community and its local health care professionals. Potential volunteers may come from:

- Private Practitioners
- Universities/Colleges/Schools
- Health and Professional Associations
- Medical Facilities
- Government Medical Facilities (Military/VA/State/National/Local) and
- State or Local Public Health Agencies

3. Capacity Grant Application

Clinical Directors will work with their local Program to assure that supplies and equipment needed to deliver the core components of MedFest are included in the Healthy Athletes' Capacity Grant application. These grants assist Programs in purchasing interactive educational materials, athlete giveaways and incentives, volunteer recognition, signage and other supplies/equipment needed to conduct an impactful MedFest program.

4. Obtaining Equipment, Supplies and Athlete Giveaways

Needed supplies, equipment and athlete giveaways may be available to Clinical Directors through donations or loans obtained by networking with local sponsors and health services. Special Olympics headquarters also receives donations of goods and equipment that can be made available for events, if local sources are not available.

5. Setting Up and Supervising the Healthy Athletes Venue

On the day of the event, the Clinical Director is responsible for supervising the set up and delivery of screening and interactive education services by trained volunteers.

6. Collecting and Reporting Data

Clinical Directors use the Medical Form (and Healthy Athletes Software (HAS)) to document screening data collected during the event. Data is used to determine need for health care provider referrals, and to assess the health status and needs of individual Special Olympics athletes. This data provides Healthy Athletes Programs worldwide with factual information to increase awareness and provide more services.

7. Program Evaluation

Evaluation gives Clinical Directors the opportunity to continuously improve and adapt their programs to the needs of the athletes.

MedFest Clinical Director Background and Requirements:

- Be a licensed physician, physician assistant, or nurse practitioner
- A minimum three-year commitment to serving as a Clinical Director to ensure quality and continuity of services; and
- Completion of the Online Train-the-Trainer Module, where information and training about Special Olympics, Healthy Athletes, and MedFest specific management and clinical requirements are provided.
 - Interested healthcare professionals must submit their resume/cv for consideration and approval prior to taking the online training module.
 - The Online Training is accredited through American Academy of Family Practitioners for 2.5 hours of prescribed credit.

If you are interested in serving as a Clinical Director, please contact your local Special Olympics Program -- http://www.specialolympics.org/program_locator.aspx





MedFest Clinical Director Online Training

Special Olympics Healthy Athletes is excited to announce the official launch of the new online MedFest Clinical Director Training. The training, which is comprised of 6 modules and based on the in-person MedFest training, is designed to provide an overview of the Special Olympics Healthy Athletes Program as well as provide detailed instructions on how to coordinate a successful MedFest event. Additionally, the training provides important information for healthcare providers about delivering care to individuals with Intellectual Disabilities generally. At the end of the modules, the trainees will take a brief exam on the material covered in the modules. If they pass the exam (and their CV has been approved – see below), they will be certified as a Clinical Director and can implement MedFest events in coordination with their local Special Olympics Programs.

We hope by providing the training online it will make it easier and more efficient for Programs to recruit MedFest CDs and host MedFest screenings in their communities, but we understand there may be some questions and concerns about this new process. Below we have tried to anticipate and answer some of these questions.

1. How do Programs/Clinical Directors access the online Training?

- a) If you are interested in having a new Clinical Director trained through the online training, please contact the SOI MedFest Senior Clinical Manager, Autumn Jones (Ajones@specialolympics.org), and submit a CV/resume for the potential Clinical Director.
- b) MedFest Clinical Directors must be a licensed MD, DO, physician assistant, or registered nurse practitioner, and must commit to helping with MedFest events for 3 years.

NOTE: We would also encourage Special Olympics health staff to take the training as a general reference since it is an excellent overview of MedFest and the new Medical Form. If you are interested, contact Autumn Jones and she will send you the instructions to access the training.

2. What if our Program already has a MedFest Clinical Director?

- a) We would still encourage you to have your Clinical Director take the online training for two reasons: (1) it is a great refresher; (2) the training shows how to use the new Medical form as a part of the MedFest screening.

3. Can the Clinical Director get Continuing Medical Education (CME) credit for taking the training?

- a) Yes, the training has been accredited by the American Academy of Family Physicians (AAFP) for 2.5 hours of prescribed credit.

4. Is the training available in other languages?

- a) We are in the process of getting the subtitles translated into the official languages of Special Olympics, but it may take some time. We apologize for the delay.

If you have any other questions about the training or about MedFest, please contact the Senior Manager for MedFest, Autumn Jones, at ajones@specialolympics.org or 202-824-0287.

This training was designed and developed by Special Olympics International in collaboration with the American Association for Developmental Medicine and Dentistry (AADMD).